



What to do:



→ Drink water regularly



→ Wet your body and use a fan



→ Check in on loved ones



→ Avoid physical activities



→ Avoid drinking alcohol

In case of an emergency, call 15

To find cool places:

• Water fountains

To find water fountains :

[Interactive map of the Metropolis's drinking fountains](#)



You can ask to get your bottle refilled in stores, restaurants, bars...

Shops offering free services (water, toilets, wifi...) :

[Interactive map of the "Carillon" - La Cloche](#)



• Bains-douches (public shower)

🏠 **13 rue Benjamin Delessert, 69007**

M B Stade de Gerland

🏠 **Le Rize Villeurbanne, 23-25 rue Valentin-Haüy**

🕒 Friday 9am-12

TB 11 Blanqui-Le Rize

• Shaded places and parks

To find cool spots with shade:

[Interactive map of the Metropolis's cool spots](#)





To find cool places:

- Public libraries

To find open public libraries:

List of libraries and opening hours



Bibliothèque Part-Dieu

🏠 30 Bd Marius Vivier-Merle, 69003

M B / T 1 / T 3 / T 4 Part-Dieu

🕒 Tuesday to Saturday:

10am-4pm

Médiathèque de Bachut

🏠 2 rue Domer, 69007

T 2 Bachut - Mairie du 8ème

🕒 Tuesday, Friday: 1-7pm

🕒 Wednesday: 10am-12 / 1-7pm

🕒 Saturday: 10am-1pm

- Air-conditioned shopping centres

Westflied Part-Dieu

🏠 17 rue du Docteur Bouchut, 69003

M B / T 1 / T 3 / T 4 Part-Dieu

Westflied Confluence

🏠 112 Cours Charlemagne, 69002

T 1 / T 2 Hôtel de Région Monrochet

Carré de Soie Vaulx-en-Velin

🏠 2 rue Jacquard, 69120
Vaulx-en-Velin

M A Vaulx-en-Velin la Soie

- To find day centers, go to **page 15** of the **Watizat guide**



Day centres offering shower facilities are indicated by this symbol



To find our Watizat guide: watizat.org/guides-lyon/

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