



Watizat, tous droits réservés

LYON

THE INFORMATION GUIDE FOR PEOPLE IN EXILE

**MAY / JUNE
2025**

EN

TABLE OF CONTENTS



















HOW THE GUIDE IS ORGANIZED


Pink squares in the guide indicate addresses and information for unaccompanied minors (- 18 year old)

ARRIVING IN LYON

-  What is my administrative situation? 3
-  Your documents 3
-  Housing in Lyon 3
-  Getting around Lyon 4
-  Useful websites and applications 4
-  Unaccompanied minors 5


USEFUL ADRESSES

-  Information and orientation 7
-  Administrative support 7
-  Computer use and digital help 8
-  Free legal help 9
-  Bag storage 11
-  Clothes 12
-  Food 13
-  Finding a relative 14
-  Day centers 15
-  Showers 16
-  Administrative residence or «domiciliation» 16
-  Healthcare 17
-  Work 22
-  Learn french 23
-  Activities 25
-  Women support 27
-  LGBTQIA+ 28
-  Sex work /Prostitution 28

 : free cultural events: «Culture pour tous» ([see page 25](#))

SOCIAL RIGHTS

-  What are my rights? 29
-  Who can help me? 29
-  Get an adress: administrative residence («domiciliation») 32
-  Accomodation 33
-  Material reception condition: CMA 34
-  Housing 36
-  Financial support 37
-  Access to healthcare 37
-  Open a bank account 39
-  Access to work 39
-  School / Childcare 40
-  University 41

-  Subway and tram map of Lyon 43

ARRIVING IN LYON

ADMINISTRATIVE SITUATION?

You are a foreigner and wish to stay in France: in order to stay on French territory without risking expulsion, you should apply for a residency permit.

There are various possibilities (**asylum claim, applying for residency permit**) depending on your personal situation. In the box below you will find information on how to start an asylum claim. This is not the only available option. These procedures are long and complicated.



For legal help, go to a free legal aid advice service (see page 9)

Asylum

To start your asylum application in France, you must go to the «Structure de Premier Accueil des Demandeurs d'Asile» (SPADA). In Lyon, the SPADA is called 'la Maison du Réfugié'. It is managed by 'Forum Réfugiés'.

SPADA - FORUM RÉFUGIÉS

Monday, tuesday 8:30-16:30
wednesday, thursday, friday 8:30-12:30
326 rue Garibaldi, 69007 Lyon.

Garibaldi
04 72 77 68 02

Closed on May 1st, 8th, 29th, and June 9th

You have to go at the opening or in the afternoon to avoid waiting too long.

In the case of heavy affluence, you may be given an appointment to return on another day.

If you are with your FAMILY (couples, spouses, children), your asylum claim is a family application: all members of your family living in France must come with you to the SPADA. Including those who already have a residence permit!

Forum Réfugiés will ask you **the dates of your departure from your country and arrival in France.** Please note that if you say you have been in France for more than 90 days, you will be placed under the «accelerated procedure», which is unfavourable to you.



HOUSING



If you don't have any accommodation, you can call this emergency number for free : 115

You don't need a French residency permit to qualify.

Careful, there aren't many spaces so accomodation isn't guaranteed and is often only available for a short stay.

The waiting time can be 30 min or more. You have to call several times until you get the recorded message, then stay on the line to get someone on the phone. There are not enough slots, it is rare to get a place every evening

You can also request blankets from 115, which will be brought to you.

More information page 33.



DOCUMENTS

As soon as you arrive, keep photographs and copies of all documents and letters received during your stay in France. Keep those copies in different places (at a friend's house or with an organisation) and online (in your emails...)

- It is useful for your asylum application or if you are arrested to prove your presence on French territory, and so organisations can understand your situation.



GETTING AROUND LYON



In Lyon, public transport is managed by the company «TCL». You can find your itinerary on: <https://www.tcl.fr/> or on the app CITYMAPPER

The ticket lasts 1 hour and costs 2€. You can buy tickets in the metro and tramway stations.

Free monthly TCL subscription

In Lyon, the TCL pass is free:

- For asylum seekers or people with a valid residence permits (or a certificate of application for a residence permit, called «récépissés»)

- For people without a working permit (you will need to show a valid certificate of proof).

- For people that receive specific financial allowances (RSA, AAH, ASI, ASPA)

TCL also has a «solidarity discount» of 10€ per month for people with the CMU/CSS/AME. To get this pass, you must register on: <https://www.tcl.fr/solidaire>

You will need a valid TCL pass. If you don't have one, go to a TCL office to create one (5€). You must remember to renew your subscription 15 days before the end of the previous one.

In case of inspection

If you travel without a valid ticket, you risk a fine. In case of inspection, you may be asked for identification documents.

If you are undocumented, it is better to always have a ticket or pass to avoid an identity check.

If you do not have any identity papers, the inspectors may ask the police to come and check your identity. In case of arrest, see your rights (page 30).

The inspectors cannot search your belongings without your consent, but may ask you to leave the premises if you refuse.

If you are fined

The inspectors will give you a document called a «PV» or «quittance»: you must keep it with you.

If you are fined, beware to the deadlines:

- Immediate payment to the inspector : **60€ by credit card or cash**

- Payment within a maximum of 7 days : **80€.**

- Payment after the 7 day period but under 2 months: **110€.**

- If you are a minor, you have 7 days to pay your fine of 60€ before the amount is increased to 80€ (payment possible by phone with credit card or at the collection agency).

TCL COLLECTION AGENCY

17 bis, boulevard Vivier Merle - 69003 Lyon

If you have no resources, you have three months from the date of the infraction to contest the fine.

Be careful, this does not always work.

If you have any difficulties with these procedures or if you cannot pay your fine, ask for help from a social worker (page 29).

Bicycle

Collective bike rental company: **Vélo'v.** Subscription costs between 15 and 31€ per year (payment by card).

USEFUL WEBSITES & APPLICATIONS

TARJIMLY

Allows you to directly contact a volunteer translator through the app Messenger (written and vocal messages or videos). [Tarjimly](#)

SPIKY COMMUNITY

Free application that gives access to useful information for settling in France, good tips and advice to discover the city



UNACCOMPANIED MINORS

1. What does it mean to be an «unaccompanied minor»?

You are an **«unaccompanied minor»** or **«Mineurs Non Accompagnés (MNA)»** if:

→ You are less than 18 years old

→ You are without your parents or legal guardians (adults who have legal authority over you) in France.

As an unaccompanied minor, you are considered to be “in danger”. You will be protected and taken care of by the Child Welfare Services: Aide Sociale à l’Enfance (ASE).

2. Your rights in France

The French State is legally **responsible for unaccompanied minors** on its territory and has to **protect them**. The organisation in charge of housing and protecting these unaccompanied minors is the ASE, managed by the city of Lyon.

Before being taken care of, you will first need to pass an “underaged and unaccompanied” assessment with the ASE. This assessment is mandatory to be protected by the ASE who will interview you to assess if you qualify as underage and unaccompanied. **This should only take a few days, but it can take up to a few weeks.** Once you are officially recognized as underage and unaccompanied, you have the right to stay in France and do not need a residence permit until your are 18. You will be housed and supported to become self-sufficient when you turn 18. That will include socio-educational work, education or training, legal and administrative support...

3. Your arrival in Lyon

See [page 11](#) to get free legal help for unaccompanied minors. This will help you understand and prepare for the administrative steps that await you.

You will need to go to the «**Centre de Mise à l’Abri et d’évaluation**» (CMAE) so that they can recognise you as a minor. The CMAE will make an appointment for you at the Préfecture, and give you a new appointment at the CMAE for an «assessment» of whether you are underage.

FORUM RÉFUGIÉS, CMAE

🕒 Monday, Tuesday, Wednesday, Thursday, Friday 8am-7pm
☎ 04 37 40 08 55 📍 20 rue neyret 69001, Lyon. **M A** Hôtel de ville et **S 06** Neyret Or **M C** Croix Paquet et **S 42** Neyret
Closed on May 1st, 8th, 29th, and June 9th

4. The assessment interview

The day of your appointment at the «**Préfecture**», they will take your fingerprints, your photo and other personal information. This file helps them check whether you’ve already registered as an unaccompanied minor in another french region and if you have already asked for a visa or residence permit. Forum Réfugiés will then also perform the «**underage and unaccompanied**» assessment, to determine if you qualify as an unaccompanied minor. During the assessment phase, you should be given a spot in a shelter. You will most likely have a quick first interview, then will be placed in a shelter while you wait for a second interview with Forum Réfugiés.

The second interview with Forum Réfugiés will be longer, and you will have to discuss: your identity, your family, your life in your home country (living conditions, education), the reasons you left, your journey to France, your living conditions since you arrived here, and what you plan to do in France.

→ Do not forget to bring the documents that can prove you are underage. **You take a great risk by showing fake identity papers.**

→ You can ask organisations (see [page 11](#)) to help you retrieve documents from your home country.

→ You have the right to ask for an interpreter who speaks your native language.

In some cases, after this assessment, the ASE can ask for “complementary examinations”: an inspection of your identity papers (if you have them), and sometimes, a bone age assessment.



No medical exams or X-rays should be performed without your consent and without the judge giving the authorisation!

5. After the interview

After the interview, Forum Réfugié is in charge of filling a report to the MEOMIE (Child welfare services of Lyon). It is the MEOMIE that decides if you are considered an unaccompanied minor or not.

Go regularly to Forum Réfugiés (at «rue Neyret») to receive the final decision regarding your assessment. There are two possibilities:

→ You are officially recognized as an unaccompanied minor: you will be housed (in a shelter, or in an apartment, and in some rare cases in a foster home), assisted by a tutor, you will learn French, go to school or undergo professional training in a specific field of work.

→ Or, the MEOMIE does not recognise you as being underage and/or unaccompanied.

6. In case of rejection

If you are not recognized as being underage, the reasons behind the rejection should be explained in a document. It is crucial for you to keep that document for the next steps. You have the right to appeal the decision before a juvenile judge.

The judge will set up a meeting to hear your case and can also ask for complementary examinations like the inspection of your papers and medical exams, but only with your consent.

Once they have looked over your case, the judge can either recognise you as being an unaccompanied minor or confirm the MEOMIE’s rejection.

→ You are entitled to a lawyer to assist you with your appeal.

→ While waiting for the judge’s decision (about 3 months) you will not be housed or assisted. Since May 2021, the City of Lyon does not offer housing to young people that are still going through an appeal procedure («recours»).

→ To get shelter, the only solution is to ask for a spot for one night by calling the housing emergency number: 115. Show the letter of refusal of care that the MEOMIE gave you.

→ You can get help from associations: the AMIE (legal aid, [page 10](#)) or the Secours populaire (lunch and French classes) ([page 7](#)).

7. Applying for asylum as a minor

If you are unaccompanied and underage, have fled your country because you were scared for your life, have been persecuted, and you are afraid to go back, you can also apply for asylum protection in France. You need to apply for asylum during the underage recognition procedure. Before, we advise you to first get in contact with an association that can help you ([page <?>](#)).

Talk to your tutor or to your assigned MEOMIE officer so that they can help you to get an appointment at the «Préfecture». On the day of your appointment, you will also need to be accompanied by a legally responsible adult (an «Ad Hoc Administrator»).

The prefecture will take your fingerprints and information on your identity. Only once the administrator has been appointed (this may take some time), can you apply for asylum at Forum Réfugiés.

If a member of your family is currently in another European Union country, you can ask to be reunited with them.

Note that, as a minor, you will not be granted the allowance for asylum seekers (ADA). Only the ASE can house unaccompanied minors because you cannot be housed in the same centers as adults.

USEFUL ADDRESSES

INFORMATION & ORIENTATION

PERMANENCE D'ACCUEIL ET DE SOLIDARITÉ, SECOURS POPULAIRE

Hospitality, discussion and support, food and clothing aid, assistance with access to rights.

Monday and Thursday 2pm-4:30pm
Wednesday 9am-12pm
Closed on May 1st, 8th, 29th and June 9th
04 72 77 87 73
21 rue galland 69007 Lyon
M B T 2 Jean Macé
There are other Secours Populaire offices in and around Lyon. To get their contacts, please call: 04 72 77 87 77

PASS ETUDIANTS - SECOURS POPULAIRE

Hospitality, discussion and support, food and clothing aid, assistance with access to student rights and benefits. For students.

Monday 6:15pm-8:15pm
Saturday 10:30am-12:30pm
Closed on May 1st, 8th, 29th and June 9th
Make an appointment by mail:
permanence.jeunes@spf69.org
04 72 77 87 73.
21 rue galland M B T 2 Jean Macé

ACCUEIL-SOLIDARITÉ-ÉTRANGERS

Information desk: listening, social and administrative support.
Tuesday 10am-11:30am
04 28 29 46 72
31 avenue du Général Leclerc, Villeurbanne
C 3 C 26 C 11 Grand Clément

MINOR PASS - SECOURS POPULAIRE
Hospitality, breakfast, french lessons, support, assistance with access to minors' rights.
For unaccompanied minors.
Monday to Sunday 8:30am-11am
Administrative reception 8:30am-12pm
Closed on May 1st, 8th, 29th and June 9th
04 72 77 87 77
58 rue Victor Lagrange 69007 Lyon
M B Jean Macé.

ADMINISTRATIVE SUPPORT

MAISONS DE LA MÉTROPOLE DE LYON (MDML)

You can ask to be assisted by a social worker for: food, housing, health care, family support and young child care, domiciliation, etc.
→ More information and addresses [page 29](#).

UFCS / FR - PUBLIC WRITERS

Public writer's services. **Our volunteers will help you with your administrative and digital procedures.**(Except for all naturalization, retirement and CV files.)
Closed on May 1st, 8th, 29th and June 9th

→ **Pôle d'action sociale**
Wednesday 2pm-5pm.
Friday 1:30pm-4:30pm
Call to make an appointment and know if the request can be admitted: 04 28 87 00 44
334 rue André Philip M D Garibaldi

→ **Centre social Bonnefoi**
Help with administrative procedures, online and on papers.
With appointment : Wednesday morning
Public writer
No appointment Tuesday 1:30pm-4:30pm,
With appointment Friday 9am-12pm
04 72 61 97 43
11 rue de Turenne, 69 003 Lyon
M B Saxe Gambetta/ M D Guillotière

→ **Bibliothèque de la Part Dieu**
Tuesday 10am-1pm
Thursday 3:30pm-6:30pm
On appointment: 04 78 62 18 00
130 Bd Marius Vivier-Merle - 69003 LYON
M B / T 1 / T 3 / T 4 Part Dieu

→ **Centre Social de Gerland**
Monday 9:15am-12:15pm (no appointment needed)
1, rue Jacques Monod - 69007 LYON
T 1 ENS Lyon M B / T 6 Debourg

→ **Cité Jardin - Intergenerational café**
Friday 9:30am-12:30 (no appointment)
60, rue Challemel-Lacour M B Debourg.

→ **Mairie du 8ème**
Wednesday 9am-12 / 1:45-4:45pm (no appointment needed).
12, Avenue Mermoz T 2 Bachut

→ **Bibliothèque de la Duchère**
With appointment, Saturday 10am-1pm.
04 78 35 43 81
Placé Abbé Pierre
C 14 C 6 Duchère Martinière

→ **Médiathèque de Bachut**
With appointment, Tuesday 1pm-4pm
04 78 78 12 12
2, place du 11 novembre 1918 T 2 Bachut

ARCHE DE NOÉ

Public writer Thursday 1:30-4:30 pm. Without appointment
Administrative support and digital procedures. 2nd and 4th Monday of the month. 9-12am, with appointment.
04 78 58 29 66 or on site.
3-5 rue Félissent, T 1 Saint André
Closed on May 1st, 8th, 29th and June 9th

LES PIMMS MÉDIATION

→ **Information and support with your administrative procedures (except residence permits, asylum and citizenship)**
→ **Help to write letters and fill out forms**
→ **Acces to computers**
Adresses and opening hours:
<https://pimmslyonmetropole.org/>

PASSERELLE

Free administrative help: social workers, writing letters, making up files, help with digital procedures (Caf, CPAM, Retirement, Taxes...). **No help in the constitution of a file for a residence permit and no appointment at the Prefecture.** passerelle-administration.com. Or call 04 81 65 59 59

SECOURS ISLAMIQUE

Public writer, administrative help
Tuesday at 2:30pm on registration
Computer classes on registration
Register on site or by phone : Monday,

Tuesday, Wednesday, and Friday: 10am-1pm / 2-5pm. Thursday 10am-1pm
Wednesday and Friday at 2:30pm
04-27-11-87-87
371 rue Garibaldi, Lyon 69007
T 2 Garibaldi - Berthelot
M B Jean Macé

COMPUTER USE & DIGITAL HELP

TIERS LIEU MAISON SÉSAME SECOURS CATHOLIQUE

Digital space with free access
Tuesday and Friday 9:15am-12pm, Wednesday and Thursday 2:30pm-4:30pm, Saturday 9:15am-11:30am
Maison Sésame.
111 rue du 1er mars 1943, Villeurbanne
C 3 C 26 C 11 Grand Clément
Closed on May 1st, 8th, 29th, and June 9th

EMMAÜS-CONNECT

Digital training. To meet them, you must make an appointment and have a «referral form» from a Maison des Métropoles et des Solidarités (see [page 29](#)), from your social worker.
<https://emmaus-connect.org>
01 80 05 98 80
EMMAÜS-Connect **also offers a cheap offer for telephone and internet packages as well as computer equipment.**

PUBLIC LIBRARIES

In Lyon's libraries you can use computers, print documents and participate in digital initiation workshops. 16 public libraries, look-up the addresses and opening hours bm-lyon.fr
→ **Bibliothèque de la Part Dieu**
Tuesday to saturday 10am-7pm
04 78 62 18 00
130 Bd Marius Vivier-Merle - 69003 LYON
M B / T 1 / T 3 / T 4 Part Dieu

SILLAT CONNECT

Internet and computer access with registration. Digital training in the field of higher education: course search, use of Excel, Word, Canva, etc.

Help and advices for your procedures depending on your situation :

- **ASYLUM PROCEDURE**
- **REFUGEES**
- **RESIDENCE PERMITS**

● **FORUM RÉFUGIÉS**

Assistance for OFPRA, Dublin, legal aid, requests for re-examination.... It's better to bring all your documents with you. Specifically reserved for asylum seekers residing at the SPADA of Lyon of Forum Réfugiés.
 ☎ Monday to Friday 8:40am-12:30pm
Closed on May 1st, 8th, 29th and June 9th
 ☎ 04 72 77 68 02
 🏠 Maison du Réfugié, 326 rue Garibaldi, 69007 **M D** Garibaldi.

● **AS DE COEUR - ACCUEIL SOLIDARITE**

Legal assistance: appeal, legal aid, reassessment, application for CMA, CMU, AME, etc....For asylum seekers or trying the appeal.
 ☎ Tuesday and Wednesday 8:30am-11:30am
 Registration appreciated by email
 ✉ ad69.asdecoeur@restosducoeur.org
 🏠 207 rue Marcel Mérieux **M B** Debourg

● **TIERS LIEU MAISON SÉSAME SECOURS CATHOLIQUE**

Assistance for accessing rights for people currently in the asylum application process. No appointment needed.
 ☎ Tuesday and Friday 9:15am-11:30am, Wednesday and Thursday 2:30pm-4:30pm.
 🗣 Maison Sésame (Secours Catholique du Rhône)
 🏠 111 rue du 1er mars 1943, Villeurbanne
C 3 C 26 C 11 Grand Clément
Closed on May 1st, 8th, 29th, and June 9th

● **AIDES**

Support for residence permit procedures, and for healthcare. **For foreign people with HIV and/or Hepatitis B or C.** You will need an appointment.
 ☎ 06 34 45 51 27 / 04 78 68 05 05

Informations on residence permits, OQTF, IRTF.
 ✉ lyon@lacimade.org

Reception on site

→ **Cimade Villeurbanne**
 With or without appointment
 ☎ Monday 2pm-4:30pm
 🏠 Maison Berthy Albrecht, 14 place Jules Grandclément 69100 Villeurbanne
C 3 C 11 C 26 Grandclément

→ **Cimade la Duchère (Lyon 9)**
 ☎ Tuesday 2pm-4:30pm
 🏠 Foyer Protestant 309 avenue Andreï Sakharov, 69009 Lyon
C 14 C 6 Duchère Piscine

→ **Cimade Vaulx-en-Velin**
 Make an appointment on site during open hours
 ☎ Thursday 2pm-4:30pm
Closed on May 1st and 8th
 🏠 Espace protestant Théodore Monod, 22 rue Romain Rolland, 69120 Vaulx en Velin
M A Vaulx en Velin La Soie

→ **Cimade Vénissieux**
 Make an appointment on site.
 ☎ Wednesday 9pm-12pm
 🏠 Maison de quartier de la Darnaise 45 boulevard Lénine, 69200 Vénissieux
T 4 Darnaise

● ● ● **CENTRE SOCIAL BONNEFOI**

Legal information on residence permit and asylum. Informations and assistance with appeals against OQTF and IRTF.
 With appointment
 ☎ Friday morning with appointment
 ☎ 04 72 61 97 43

A representative of the Commissioner for Human Rights is available if you are having trouble with a public service or administration (the Préfecture, the Caisse d'Allocation Familiale, Pôle Emploi or pensions).
 ☎ First and third thursday morning of the month
 ☎ 04 72 61 97 43 to have an appointment
 🏠 11 rue de Turenne 69 003 Lyon
M D Guillotière / Saxe Gambetta
Closed on May 1st, 8, 29, 30 and June 9

Information on residency rights, follow ups on application filed with the Préfecture, advice on the asylum procedure and assistance.

☎ For an appointment call or come on site on Tuesdays between 10am and 12pm
 ☎ 04 28 87 00 44
 🏠 334 rue André Philip-69007 Lyon
M D Garibaldi

● **LE VILLAGE DU DROIT DES ÉTRANGERS (V3DE)**

Information in foreigners rights (residency permits, family reunification, OQTF, IRTF). Doesn't deal with asylum applications or naturalisation.
 🗣 V3DE ☎ 06 58 71 50 52
 ✉ levillagedudroitdesetrangers@gmail.com
 ☎ Friday 1:30pm-5pm. No appointment needed (come early the morning to register)
Closed during school and public holidays
 🏠 Arche de Noé, 3 rue Félicissent 69007 Lyon
T 1 Saint André

☎ Two first wednesdays of the month, 1:30-4:30pm, without appointment
 🏠 Espace carmagnole, 8 avenue Bataillon Carmagnole liberté. **M A** Vaulx la Soie
 → **Assistance with the asylum procedure (including Dublin procedure).**
 ☎ Wednesday 5:30pm-7:30pm, with appointment by phone
 ☎ 06 85 07 93 47 / 06 48 55 61 76
 🏠 Arche de Noé, 3 rue Félicissent 69007 Lyon
T 1 Saint André

● **LES AMOUREUX AU BAN PUBLIC**

Legal aid and administrative advice: couples living together, civil unions («pacs»), marriage and parents of French children.
For European and French-foreign couples.
 Contact only by ✉ amoureux.lyon@gmail.com
 Online legal advice on ZOOM:
 ☎ Wednesday May 7th and 22th, from 7pm
 ☎ Wednesday June 4th and 19th, from 7pm

LIGUE DES DROITS DE L'HOMME

Reception, advice and support services open to all. Advice available on foreigner's rights.
 ☎ Thursday from 2:30pm to 5:30pm
 ☎ 06 85 03 19 88
 🏠 34 Cour de Verdun Perrache, 69002 Lyon
T 2 T 1 M A Perrache

Lyon's district town halls offer free advice centres open to all.

You can meet with legal professionals and associations who can advise you on a wide range of issues (residence rights, housing, victim support, employment law, family law, mediation).

🕒 To find out about opening hours and make an appointment, you can go to the reception desk of the town hall nearest to where you live, or contact them by e-mail or telephone.

FIJI

→ **Defending individual and family rights of French and foreign people.**

→ **Information on marriage, divorce, family ties, adoption in private international law.**

🕒 You will need an appointment.

To have access to the legal advice sessions:

✉ Send an email to info@fiji-ra.fr

📞 Or leave a message on the answering machine at 04 78 03 33 63

🏠 64 rue paul verlaine, Villeurbanne

📍 **M A** Gratte-ciel **C 3** Verlaine

COLLECTIF IDIR ESPOIR ET SOLIDARITÉ

Discussion groups and advice for prisoners and their relatives.

🕒 Wednesday 2:30pm-5pm

✉ collectif-solidarite-cusset@riseup.net

🗣 Collectif Solidarités Cusset

🏠 Île Égalité, 6 rue de l'Égalité, 69100 Villeurbanne

📍 **M A** Cusset

COLLECTIF SANS PAPIERS 69

Legal support sessions and workshops for undocumented persons, without appointment

🕒 May 27th and June 24th, 4pm-5pm

✉ csp69.lyon@gmail.com

🗣 Collectif des sans papiers Lyon

🏠 L'île égalité, 6 Rue de l'Egalité, **M A** Cusset

AMELY

General legal advice

🕒 Thursday 1:30-4:30pm on appointment

📞 04.78.37.29.07 to make an appointment.

🏠 Arche de Noé : 3-5 rue Félicité, 69007 Lyon

📍 **T 1** Saint André

Closed on May 1st, 8th, 29th and June 9th

GISTI - PHONE HOTLINE

Free legal support by phone on foreigners' rights

🕒 Monday to friday: 3pm-6pm

🕒 Wednesday, Friday: 10am-12am

Closed on May 1st, 8th, 29th and June 9th

📞 01 84 60 90 26

MINORS / YOUNG ADULTS

See page 5-6, unaccompanied minors

COLLECTIF AMIE

Advice, legal aid, help with schooling. For unaccompanied minors only.

🕒 If you come for the first time: without appointment, friday 9am-12pm for registration.

🕒 For people already registered at AMIE, you can come without appointment

on wednesdays 9am-12pm.

📍 **M A** Hôtel de Ville

🏠 Salle de la Marmite, 7 rue Diderot, 69001

BARREAU DE LYON

Free legal aid by specialised lawyers. For unaccompanied minors only.

Without appointment

🕒 Wednesday 10am-12am, come early to have a place

✉ contact@barreaulyon.com

🏠 Maison des avocats, 176 rue de créqui 69003 Lyon

📍 **M B** Place Guichard

BAG STORAGE

BAGAGE'RUE

Free luggage storage service, available to anyone. 2 luggages maximum. The coffee area is accessible to all, even if you have no luggage stored. Toilets available.

🕒 Monday to Friday, and sunday: 10am-11:30am

🕒 Monday, wednesday, thursday: 6pm-7:30pm

📞 07 55 64 92 96

🏠 47 rue Capitaine Robert Cluzan

📍 **M D** Saxe Gambetta

There is no more space of storage at the moment, call to get registered on the waiting list.

CLOTHES

Free clothes

BUS DU PARTAGE

🕒 Wednesday 10am-12pm / 2:30pm-4:30pm

📞 07 68 11 46 68

🏠 Place Jean Macé 69007 Lyon

📍 **M B T 2** Jean Macé

RESTOS DU COEUR LYON 4

Free clothes for women, men and children. Call to know the dates.

📞 04 78 30 13 19

🏠 19bis Rue Dumont d'Urville, 69004

📍 **M C** Croix-Rousse **C 13** Place Bertone

VESTIAIRE DU SECOURS POPULAIRE

Free clothing on referral

🕒 Monday and Thursday 2pm-4:30pm

🕒 Wednesday 9am-12pm

Closed on May 1st, 8th, 29th and June 9th

🏠 21, rue Galland 69007 Lyon

📍 **M B / T 2** Jean Macé

THRIFT SHOP DINO

Free clothing for children and adults + free groceries

🕒 Thursday 4:30pm - 7pm

🏠 Île Égalité, 6 rue de l'Égalité,

Villeurbanne

📍 **M A** Cusset

SECOURS ISLAMIQUE

Free clothes. no registration required

🕒 monday and friday, 10am- 1pm

📞 04 27 11 87 87

🏠 371 rue Garibaldi, Lyon 69007

📍 **T 2** garibaldi - Berthelot **M B** jean Macé

GEEV

Apply here to get donations :

<https://www.geev.com/fr>

A social worker can give you a voucher to pick up clothes for free in specific stores

Solidarity prices

BOUTIQUE DE L'ENTRAIDE

🕒 Tuesday 1pm- 6:15pm,

🕒 Wednesday 1pm -6:15pm,

🕒 Thursday 11:30am-2pm,

🕒 Friday 10:30am-12:30 /1pm- 4:45pm

Closed on May 1-2, 8-9, 29-30 and June 12th

📞 04 72 72 92 08

🏠 88 bis cours Gambetta **M D** Garibaldi

EMMAÜS

In Villeurbanne and Parilly, check website for infos: <https://emmaus-lyon.org/>

L'ARMÉE DU SALUT

🕒 Tuesday, wednesday and Friday: 10am -12:30pm / 1:30pm-5pm. Thursday, 1:30pm-5pm

🕒 Saturday 10:30am -5:30 pm

Closed on May 1st, 8th, 29th and June 9th

🏠 2, rue Stalingrad, Vaulx-en-Velin

📍 **C 3** Cuzin / Stalingrad

SOLIDARITÉ AFRIQUE

🕒 Monday 1:30pm-4:30pm

🕒 Tuesday 9am-12:30pm -1:30pm-8pm

🕒 Wednesday 9am-12:30pm / 1:30pm-4:30pm

🕒 Thursday 1:30pm-4:30pm

🕒 2nd and 4th Saturday of the month 10am-6pm

Closed on May 1st, 8th, 29th and June 9th

📞 04 78 18 49 15

🏠 13, bis rue Girié **C 9** Maisons Neuves

LES BRIC À BRAC - FOYER NOTRE DAME DES SANS ABRI

In Vaise and Oullins, check website for infos: <https://www.fnds.org/les-bric-a-brac/>

VESTI-BOUTIQUES - CROIX ROUGE

🕒 Tuesday, Thursday, Friday 2pm- 6pm

🏠 342 avenue Berthelot - 69008 Lyon

📞 04 82 53 79 78 **T 2** Mairie du 8ème

🕒 Tuesday, Wednesday 1.30pm -5pm,

Thursday 1.30pm-6pm, Friday 1.30pm-5pm

📞 04 82 53 88 48

🏠 30 rue Louis Loucheur - 69009 Lyon

Food distributions

ARMEE DU SALUT-BOOTH TRUCK

⌚ Monday to Friday 6:30pm - 7:30pm
 📍 Place Bahadourian
 M B Place Guichard / M D Guillotière
 Informations : foodtruck.brigadesdulyon.fr

FRATERNITÉ LYON CENTRE

⌚ Monday 7pm - 8:30pm
 📍 Place Carnot 69002 Lyon
 M A / T 1 / T 2 Perrache

ENSEMBLE POUR UN REPAS

⌚ Tuesday 8pm
 📍 Gare Part Dieu Villette 69003 Lyon
 M B / T 1 / T 3 / T 4 Part Dieu
 ⌚ Tuesday 8:15pm
 📍 Place Carnot 69002 Lyon
 M A / T 1 / T 2 Perrache

LE COEUR LYONNAIS

⌚ Saturday May 3rd, 17 and 31, June 14 and 28 at 6:30pm
 📍 Gare Part Dieu Villette Lyon 3
 M B / T 1 / T 3 / T 4 Part Dieu

ANS

⌚ Saturday 7pm
 📍 Place Carnot 69002 Lyon
 M A / T 1 / T 2 Perrache

RENCONTRES FRATERNELLES ET ENTRAIDE

⌚ Monday and Wednesday 6pm
 📍 Gare Part Dieu côté Villette, 69003 Lyon
 M B / T 1 / T 3 / T 4 Part Dieu
 ⌚ Breakfast: Saturday and Sunday 9am
 ⌚ Couscous every other Saturday: 6pm
 📍 Place Carnot M A / T 1 / T 2 Perrache

ORDRE DE MALTE

Hot drinks, sandwich, cake
 ⌚ Tuesday 7:30pm-9:30pm
 ⌚ Wednesday 7:30pm-9:30pm
 ⌚ Thursday 7pm-9pm
 📍 14, place Carnot M A / T 1 / T 2 Perrache

Meals on site

O' RESTO

⌚ Every day: 11:45pm-1pm and 6:45pm- 8pm
 📍 131, avenue Thiers M A / M B Charpennes
Until end of May, takeaway only (under construction)
 Access only with an individual card.
 Register for your card on site :
 ⌚ Monday to Friday 10am-1pm / 2:30-4:30pm

CAMIONS DU COEUR

You can eat on site. Games for children and conversations in French at 8:30pm
 ⌚ Monday to Friday 7:30pm -9:30pm
 📍 Parking salle Raphaël Barros, 69100 Villeurbanne M A Flachat

CHURCH SAINT POTIN

Pasta diner ⌚ Monday from 6:30pm
 📍 Place Edgar Quinet 69006 LYON M A Foch

LES ESCALES SOLIDAIRES

Free breakfast / Lunch and diner for 2€.
 To register: 📄 <https://www.habitat-humanisme.org/escalas-solidaires-rhone/>
 by phone ☎ 04 81 09 16 93
 ⌚ Monday 2-5pm, Tuesday, Wednesday, Thursday 9am-12
 or by email ✉ escalasolidaire@habitat-humanisme.org

⌚ Breakfast: 8-10am, Lunch: 12:15-2pm, Diner: 7:15-9pm

📍 252 Rue Duguesclin, M B Place Guichard
 → Lunch only for women on May 2nd and June 13th at 12:15pm-2pm.
 📍 25 Rue Delandine M A Perrache
 📍 78 rue Tronchet M A Masséna
 📍 5 rue Hector Berlioz M A / M B Charpennes
 → diner only for 18-30 years old: Tuesday, 7:15-9pm
 📍 31 rue du professeur Rochaix M D Grange Blanche

LA CUISINE DES GONES

You don't have a kitchen : come to prepare your meal. Kitchen, cookware, spices free to use.
 On registration ☎ 06 99 90 32 70
 ⌚ Monday to Friday
 📍 19 rue Etienne Dolet M B Place Guichard

Food boxes

LES RESTOS DU COEUR

Register near your adress. People not registered yet are given an emergency package.

Information and other distributions :
rhone.restosducoeur.org

Time and places of registration :

→ Perrache

People living in the 1st, 2nd and 6th districts

⌚ Registrations: Mondays, Tuesdays and Thursdays: 1:30 pm to 4 pm and Thursdays, 9 am to 11:30 am
 ⌚ Distributions: Monday 1:30pm-4:30pm, Tuesday 1:30pm-4:30 pm and 5pm-6pm. Thursday 8:30am-12pm and 1:30-4:30pm
 Closed on thursday may 9.

Distribution for babies available

☎ 04 78 37 94 65

📍 35 rue Bichat 69002 Lyon
 T 1 T 2 Place des Archives

→ Villeurbanne

⌚ Registrations: Monday, Tuesday, Wednesday 9am-11:30am
 ⌚ Distribution: Monday, Tuesday, Wednesday 1:30pm-4:30pm
 Distribution for babies available
 ☎ 09 81 83 20 14. Closed on may 1st, 8 and 20.
 📍 25 rue Hippolythe Kahn Villeurbanne M A République

→ Croix Rousse - Caluire

⌚ Tuesday 2-5pm.
 ⌚ Wednesday 5:30-7pm
 ⌚ Thursday 9-11:30am and 2-5pm
Closed on May 1st, 8th, 29th and June 9th
 Distribution for babies available
 Call to know which documents to bring.
 ☎ 04 78 30 13 19
 📍 19 bis Rue Dumont d'Urville C 13 Place Bertone

PEOPLE WITHOUT AN ADRESS

Registration and orientation to a food distribution center for homeless people
 ⌚ Monday, Thursday 9am-11:30am
Closed on May 1st, 8th, 29th and June 9th
Open on May 2nd, 9th and 30th
 ☎ 04 78 58 97 29
 📍 207 rue Marcel Mérieux 69007 Lyon

CROIX ROUGE

Food parcels depend on the size and make-up of your family. A contribution of 2€ is required. **Only on referral from a social worker who will give you an orientation voucher.**

→ For people living in the following districts : 4, 5, 9 and municipalities in western Lyon.

☎ 04 82 53 88 48.

📍 30 rue Louis Loucheur 69009 Lyon
 M D Gorge de Loup

→ For people living in the following districts: 1, 2, 3, 6, 7, 8 and municipalities in eastern Lyon.

☎ 04 82 53 79 78.

📍 16 bis rue Paul Cazeneuve 69008 T 2 Villon

ILE EGALITE COLLECTIF SOLIDARITE CUSSET

Free grocery shop

(+ free clothes for adults and children)

⌚ Thursday 4:30pm-7pm
 📍 Île Égalité, 6 rue de l'Égalité, 69100 Villeurbanne M A Cusset

COP1 - STUDENT SOLIDARITY

Distribution of dried goods, fruit and vegetables for students and young people under 26.

📍 Maison des Etudiants, 90 rue de Marseille
 T 1 Quai Claude Bernard
 Registration on the website: cop1.fr
 ✉ lyon@cop1.fr

Animals

GAMELLES PLEINES

Distribution of dog and cat food

⌚ Thursday evenings from 7:30pm to 9:30pm:
 ⌚ marauding from Place Carnot to Cordelier M A Perrache or Cordeliers
 ⌚ Wednesday evenings from 8pm to 9pm:
 📍 Place du 8 mai 1945, 69008 Lyon
 T 6 T 4 Beauvisage CISL

DISPENSARE VETERINAIRE

Distribution of dog and cat food, during the food distribution of the Camion du coeur.



FINDING A RELATIVE

LA CROIX ROUGE-RESTORING FAMILY LINKS

For those who need help finding a lost family member due to conflict, a natural disaster, or migration. This service is free, and all the information given is confidential.

📍 On site and phone reception

Monday to Thursday 9:30am-4:30pm

Make an appointment by phone, email or on their website. <https://vu.fr/cjsNG>

🏠 16 bis, rue Paul Cazeneuve 69008 Lyon

🚗 T2 Arrêt Villon

☎ 04 28 29 66 84 or 06 11 70 59 83

You can send a text message.

✉ rlf.dt69@croix-rouge.fr

DAY CENTERS

FREE - Get rest and access to different sorts of help depending on the center (food & drinks, charge your phone, wifi, advice, social help ..etc).

L'ORÉE AJD

For young people from 18 and under 25 years old.

🕒 Monday 1:30pm-5:30pm

🕒 Tuesday 8:30 -12am

🕒 Wednesday 1:30pm-7pm

🕒 Thursday 1:30- 5:30pm.

To meet with a social worker, come at least one hour before the closing time.

Closed on May 1st, 8th, 29th and June 9th

☎ 04 78 92 88 11

🏠 6, rue d'Auvergne M A Ampère

ACCUEIL SAINT VINCENT

Place for daytime shelter, orientation and support.

For people over 25 years old.

🕒 Monday to Saturday 8:30am-12pm

☎ 04 72 40 24 92

🏠 10, rue bellière M D Vieux Lyon

MAISON RODOLPHE

For isolated adults over 25 years old or couples without children.

Dogs welcome and veterinary care possible.

Lunch at 2€

🕒 Monday, Wednesday, Thursday, Friday

7:45am - 3pm.

🕒 Tuesday: 7:45am - 2pm

Closed on May 1st, 8th, 29th and June 9th

☎ 04 78 92 88 11

🏠 105, rue Villon 69008

🚗 T2 Jet d'eau/ T4 Lycée Lumière

ACCUEIL LE P.H.A.R.E.

For families (2 people and more).

Breakfast, Assistance, advice, activities...

Shower, distribution of hygiene kits and laundry services (with appointment).

🕒 Monday, Tuesday, Wednesday, Friday

9:30am-6pm. Thursday 9:30am-1pm.

Closed on May 1st, 8th, 29th and June 9th

☎ 04 74 07 92 11

🏠 Stade Georges Livet - 35, avenue Marcel

Cerdan, Villeurbanne M A Laurent Bonnevey

LES AMIS DE LA RUE

Hospitality, shower, coffee. Social advice for non domiciled persons (first 4 people)

🕒 Monday, Wednesday, Friday: 2:30pm-

5:45pm

🕒 Saturday 9:30am-12:30pm

Individual follow-up for domiciled

persons (on appointment):

☎ 04 78 03 55 91.

Closed on May 1st, 8th, 29th and June 9th

🏠 5 rue Hector Berlioz, Villeurbanne

M B Charpennes M A République

PETITS FRÈRES DES PAUVRES

For isolated people over 50.

Hospitality, orientation, hygiene, access

to a telephone, internet, computer.

Laundry services on appointment.

🕒 Collective welcoming: Monday, Wednesday, Friday 8:30am-12pm (Breakfast until 10am)

🕒 Individual support (no appointment

needed): Tuesday 8:30am-12pm

Closed on May 1-2, 8-9, 16, 21, 29-30, and June 9

☎ 04 72 40 05 04.

🏠 38 quai Dr Gailleton M A Ampère

POINT ACCUEIL (LAHSO)

→ Isolated men over 25 years old

🕒 Monday, Thursday, Wednesday and Friday 9-12pm

→ Women and families

🕒 Wednesday, Friday 1:30pm-4:30pm

→ Only women with or without children

🕒 Thursday 1:30- 5pm

🕒 Monday 1:30-4:30pm at 21 rue

d'Aubigny, Lyon 69003, M B Part Dieu

☎ 04 78 53 88 77.

🏠 66, rue Etienne Richerand M B Part Dieu

ACCUEIL SAINT ANDRÉ

Access to hygiene products, informations, listening.

For isolated women and families with children.

🕒 Wednesday, Thursday, Friday 1:30-5pm

Closed on May 1-2, 8-9, 16, 21, 29-30 and June 9

🏠 2 Rue Félicité 69007 Lyon

✉ adj.saintandre@gmail.com

M D Guillotièrè, T1 Saint André

LA TOILE

Day center for transgender people, non-binary people and women in precarious situations. Does not accept minors.

Monthly hygiene kits, PRM shower, listening and socialization area, snacks / breakfast, referrals, social support, domiciliation.

🕒 Monday 4-7pm (for 18-35 years old only)

🕒 Wednesday: 10am-1pm

🕒 Thursday 1:30-4:30pm (new people can come at 1pm)

🕒 Friday 10am-1pm

Closed on May 1st, 8th, 29th and June 9th

☎ 06 50 92 81 22.

🏠 31 rue de cuire, 69004 Lyon. M C Henon

AU TAMBOUR!

Daytime shelter and hospitality

Listening, social interaction, rest, showers.

Care and activities on registration.

For people self defined as women.

No children accepted.

🕒 Monday, Tuesday: 10am-3pm

Closed from April 17th to May 4th

☎ 06 77 08 09 15

📍 Au Tambour www.autambour.fr

🏠 95 rue Crillon M A Massena

DAY CENTER FOR UNACCOMPANIED MINORS - Minor PASS Secours populaire: See page 7

ASSOCIATIVE DOMICILIATION

A «domiciliation» is an adress to receive your mail (for more information, [page 32](#)). All these places are also day centers.

L'ORÉE AJD

For people from 18 and under 25 years old.

☎ 04 78 92 88 11

🏠 6, rue d'Auvergne 69002 Lyon

M A Ampère

LES AMIS DE LA RUE

For people over 25 years old.

🕒 To have a domiciliation, call on Thursday from 9:30am to make an appointment.

☎ 04 78 03 55 91

🏠 28 bis rue d'Alsace 69100 Villeurbanne

M A République

MAISON RODOLPHE

For isolated adults over 25, or couples without children.

☎ 04 78 92 88 11

🏠 105, rue Villon 69008

T2 Jet d'eau/ T4 Lycée Lumière

PETIT FRÈRES DES PAUVRES

For adults over 50 years old.

☎ 04 72 40 05 04

🏠 38 quai Dr Gailleton M A Ampère

SHOWERS

BAINS-DOUCHES DELESSERT

Shower 🕒 Monday to Friday 7:30am-5:30pm If possible, come with a towel, soap, shampoo (hygiene items are given for free if forgotten)

Laundry service and hairdresser:

make appointment on site

🕒 Opening hours to make an appointment on site: Monday, Thursday, Friday: 8am-12pm, Tuesday, Wednesday: 10:30am-12:30pm / 1:15-4:15pm

Closed on May 1st, 8th, 29th and June 9th

☎ 07 64 58 28 43


🏠 13 rue Benjamin Delessert

M B Stade de Gerland



Emergencies

If you can't call, go to the emergency room of the nearest hospital. In these situations, you do not need health coverage.

 If you do not have health coverage (AME or CSS), you must see a social worker at the emergency room, otherwise you will have to pay for the services you received (19,61€).


If it's not an emergency, you must go to the PASS.

Everyone can go to the emergency room!

HOPITAL EDOUARD HERRIOT (PAVILLON N)


 Grange blanche

HÔPITAL SAINT-JOSEPH SAINT-LUC

 Quai Claude Bernard

HOPITAL FEMME MERE ENFANT

Pediatric emergencies (-16 years old)

 Hôpitaux Est Pinel

HOPITAL VINATIER- PSYCHIATRIC

For people over 16 years old.

 Vinatier

The PASS

Free medical appointments for people without health coverage.

Important: If you do not have health coverage (CSS or AME), do not leave the hospital without seeing a social worker.

 **All the PASS are closed on May 1st, 8th,**

PASS - HOPITAL EDOUARD HERRIOT

For people over 16 years old. No appointment needed for the first time, **get there very early in the morning** (before 7:30am).

Receive only 2 to 4 new patients per day, only on Monday, Wednesday and Friday.

If you have an appointment:

🕒 Monday, Tuesday, Wednesday, Friday:

8:45am -12:30pm / 2pm- 4:30pm

🕒 Thursday: 8.45am-12:30pm

🏠 5, place d'Arsonval, Lyon (PAVILLON K)

 Grange blanche

📞 04 72 11 03 94.

PASS - LE VINATIER


For people over 16 years old.

Medical consultations without appointment:

🕒 Monday, Wednesday, Thursday:

9am-12am (come at 8:30)

🏠 95, boulevard Pinel 69500 Bron

 Vinatier 📞 04 37 91 52 07

PASS - MÉDIPOLE HOPITAL MUTUALISTE

For people over 18 years old.

No appointment needed to see the nurse.

To see the doctor make an

appointment by phone or on site.

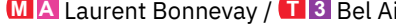

🕒 Nurse: Monday, Tuesday, Thursday, Friday

8:30am-12pm.

🕒 Phone reception: Monday to Thursday

8:30am-4pm. 📞 04 87 65 01 87.

🏠 158 rue Léon Blum, 69100 Villeurbanne

 Laurent Bonnevey /  Bel Air

PASS - HÔPITAL SAINT-JOSEPH SAINT-LUC

🕒 Without appointment Monday and Tuesday

8:30am (only 6 first patients, come at 8am)

On appointment, on site or by phone: monday,

tuesday, thursday all day

🏠 38, rue Raulin  Quai Claude Bernard

📞 04 78 61 88 70 (leave a

message to get a call back)

PASS GH - PORTES DU SUD

Only with an appointment.


🕒 Secretariat: Monday, Tuesday and Thursday

9am-4pm 📞 04 72 89 86 03

🕒 Social Service: Monday to

Thursday 9am-4pm 📞 04 27 85 21 56

🏠 2, Avenue du 11 novembre 1918

 Hôpital Feyzin Vénissieux

Medical organisations

MÉDECINS DU

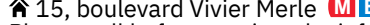
MONDE: LE CASO

For people without health insurance only. Doctors, social workers, screening.

🕒 Monday, Friday: 9am. Wednesday: 1:30pm
Come a little before the opening time.

Closed on May 2nd and 30th, and June 9th

📞 04 72 92 49 01.

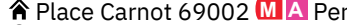
🏠 15, boulevard Vivier Merle  Part-Dieu
Please call before coming, the information on the answering machine is up to date.

MÉDECINS DU MONDE: LE BUS

Open to all. Health prevention, healthcare, someone to talk to.


🕒 Tuesday May 13th and 27th, June 10th and 15th: 7pm-10pm

🕒 Every Thursday 7pm- 10pm

🏠 Place Carnot 69002  Perrache

🕒 Tuesday May 6th and 20th, June

3rd and 17th: 7pm-22pm

🏠 Camion du Coeur  Flachet

May be closed on public holidays

POLE SANTÉ SOLIDAIRE

For people with or without medical coverage.

Interpreting possible. Medical consultations, general health, showers available. Receive first AME requests.

Without health insurance:

🕒 **Doctor:** Monday: 9am-12pm /

2pm-4:30pm, with or without appointment

🕒 **Dermatologist and pediatricist:** call to make an appointment (waiting time: 15-30 days)

🕒 **PMI (child healthcare up to 6 years old and pregnancy monitoring):** Wednesday 9:30am-

12:30pm, no appointment needed

🕒 **Health mediation:** Tuesday and

Friday, 1:30-4:30pm on appointment

🏠 40 avenue de la Table de Pierre,

Francheville

 Hôpital Antoine Charial

📞 04 28 38 14 91.

ESSIP - NURSING CARE

Mobile nursing team. Nursing care, support with health care, access to health care rights.

On medical prescription for nursing

care. People with or without rights.

🏠 Travels to where people live (housing,

squats, hostels). Provide care at the Medical

care center 305 rue Paul Bert.

To make an appointment:

📞 04 78 14 14 10 or ✉ contact@essip.fr

Eyes/Teeth/Hearing

URGENTES / PASS DENTAIRE

Only if emergency or dental infections, bring proof of identity if possible.

🕒 Monday to Friday 8:45am-2pm

🕒 Saturday 8:45-11am (come early)

Closed on May 1st, 8th, 29th, and June 9th

☎ 04 72 11 03 65  Grange blanche

🏠 5, place d'Arsonval, Lyon (PAVILLON A)

FRANCE HUMANITAIRE

For people with no health insurance (neither AME nor CMU). Minors must be accompanied.

🕒 **Dental problems:** Thursday 1:30-5pm

🕒 **Eye problems:** Wednesday 1:30-5pm

☎ 04 72 73 09 25

🏠 15 rue Cavenne 69007 Lyon  Guillotière

AUDITION SOLIDARITÉ

For people without social security coverage or covered by the AME. Free hearing check-up, hearing aids and annual follow-up. Everything is free. First consult a specialist (ORL) for a prescription (paid consultation), then contact Marion by email or phone (call or SMS) to make an appointment with a hearing aid specialist.

☎ 06 72 83 79 55

✉ marion@auditionsolidarite.org

Sexual Health

ASSOCIATIONS:

PLANNING FAMILIAL 69

Informations and advice about sexual and reproductive health, life as a couple.

Appointments possible for contraception, abortion, pregnancy check-ups, and sexuality transmitted infection (STI). Interpreter available.

🕒 Monday, Wednesday, Thursday:

9am-12 / 1-6pm, Tuesday 1-6pm,

Friday 9am-12 / 1-4pm.

☎ 04 78 89 50 61

🏠 2, rue Lakanal  le Tonkin

Other centres do the same thing (CPEF)

and offer support on relationships and sexual health, see the list on the website

Closed on May 1-2, 8-9, 19,

29-30 and June 9.

AIDES

Community association for the fight against AIDS and viral hepatitis.

Support and guidance, access to sterile prevention equipment. Self-help groups.

Special centre for migrant women.

Help for access to rights and care:

🕒 Tuesday 2-7pm

🏠 110 rue Sully, Lyon  Masséna

☎ 06 34 45 51 27 / 04 78 68 05 05

DA TI SENI

Information and screening for HIV / Hepatitis B and C screening by

TROD. No appointment needed.

🕒 Monday, Tuesday, Thursday 9am-4pm

🕒 Wednesday 9am-12pm.

Probably closed on public holidays

☎ 06 95 29 29 97.

🏠 in front of the Forum Réfugiés SPADA

336 rue Garibaldi, Lyon  Garibaldi

✉ datiseni@gmail.com




ENIPSE

Mainly for LGBTQIA+ people.

Rapid, anonymous and free HIV and hepatitis B/C testing. Chemsex prevention talks (product analysis available). Free distribution of condoms, gels and risk reduction equipment.

🕒 Monday and thursday 2pm-8pm

Closed on May 1st, 8th, 29th, and June 9th

🏠 6 rue Donnée 69001 Lyon  Croix Paquet

HOSPITAL SERVICES:

CEGIDD: SCREENING AND CARE CENTER

→ Medical testing for: HIV, Hepatitis A/B/C, chlamydia, syphilis / Sexually Transmitted Infection care (such as PrEP)

Make an appointment:

→ By phone (they receive a lot of calls, do not hesitate to call several times)

→ for screening, possibility to do it online on www.chu-lyon.fr - in the «dépistage SIDA et IST» section -(Connect on Friday morning from 9am to have a slot for the following week)

If your risk is less than 48 hours old, come urgently, without an appointment.

Closed on May 1st, 8th, 29th, and June 9th

CEGIDD HÔPITAL EDOUARD HERRIOT

On appointment.

🕒 Monday, Tuesday, Thursday 8:30am-7pm

🕒 Wednesday, Friday 8:30am-4pm.

☎ 04 72 11 62 06

🏠 (Pavillon K) 5 place Arsonval 69003 Lyon

 Grange Blanche

CEGIDD HÔPITAL CROIX ROUSSE

🕒 **Phone reception:** Monday to Thursday 10am-12:30pm / 2pm-4:30pm.

Friday 11am-12:30am / 2pm-4:30pm

🕒 **Welcome on site:** Monday 8:30am-6pm, Tuesday 9am-6pm, Wednesday 9am-5pm, Thursday 8:30am-6:30pm, Friday 10:30am-4:30pm

☎ 04 26 10 94 73

🏠 103, grande rue croix rousse  Hénou

Helpline number: «Sexualités- Contraception-IVG» ☎ 0800 08 11 11 (free)



Mental health

PASS VINATIER

Only for people without health rights.

Psychological or psychiatric assistance. Appointments are necessary (preferably after recommendation by another professional).

Possible medical prescriptions

☎ 04 37 91 52 07

🏠 95, boulevard Pinel  Vinatier

CPCT - PSYCHOLOGY CONSULTATIONS

For people over 18 years old. Free appointments. Appointments in English available. No medical prescriptions given.

To make an appointment:

🕒 Monday to Friday 10am-12pm / 2pm-5pm

Closed on May 1st, 8th, 29-30 and June 9th

☎ 04 78 96 10 56

🏠 84, rue de Marseille 69007 Lyon

 Guillotière  Centre Berthelot

Addictions

The CAARUD work to assist and help reduce risks for drug users (anonymous and free).

Access to risk reduction material, infirmary, counselling, hygienic spaces, follow ups, risk reduction workshops, laboratory product testing, HIV/ Hepatitis screening.

CAARUD RUPTURES

Languages available: Russian, English, Georgian
☎ 04 78 39 34 89

Group access:

showers, washing machines, snacks

🕒 Monday, Tuesday, Thursday 9:30am-1pm

Individual access:

🕒 Monday to Friday 2:30pm-4:30pm

Closed on May 1st, 8th, 29-30 and June 9th

For a delivery of risk reduction material call:

☎ 06 30 52 02 96

🏠 36, rue Burdeau 69001 Lyon

📍 **M C** Croix-Paquet **M A** Hôtel de Ville

CAARUD - LE BUS

Access to risk reduction material

🕒 Sunday 6pm-7:15pm

🏠 near 4 rue Josph Serlin 69001 Lyon

🕒 Sunday 7:30pm-9pm you can call

☎ 06 30 52 02 96 for a delivery of material

CAARUD PAUSE DIABOLO

→ **Access to risk reduction material:**

🕒 Monday 10am-8pm

🕒 Tuesday, Thursday, Friday 10am-6pm

🕒 Wednesday 10am-1pm

→ **Group reception:**

🕒 Monday 2.30pm-5.30pm

🕒 Tuesday 2.30pm-5.30pm (women only)

🕒 Wednesday and Friday 10am-1pm

Closed on May 1st, 8th, 29th, and June 9th

☎ 04 78 62 03 74.

🏠 64, rue Villeroy **M B** Saxe Gambetta

SUAL - DARJELY

For young people (14 to 26 years old) struggling with addiction.

Arabic interpreter available (all dialect)

🕒 Every Wednesday: 2pm-4pm. No appointment needed. ☎ 06 12 48 28 66

✉ darjely@mas-asso.fr

🏠 Centre Hospitalier Le Vinatier - Bâtiment 502, RDC - 95, Bd Pinel

Questions about your rights to healthcare?

CENTRE SOCIAL BONNEFOI

Health mediation.

🕒 Tuesday 9am-12pm.

No appointment needed. (Come early)

🕒 With appointment Thursday 1:30-4:30pm

Closed on May 1st, 8th, 29th, and June 9th

☎ 04 72 61 97 43 ✉ contact@csbonnefoi.fr

🏠 11 rue de Turenne

📍 **M B** Saxe Gambetta/ **M D** Guillotière

POLE SANTÉ SOLIDAIRE

Health mediation on appointment.

To make an appointment:

🕒 Monday to Friday, 9am-12

☎ 04 28 38 14 91

🏠 40 avenue de la Table de Pierre, Francheville

📍 **C 24** / **BUS 73** Hôpital Antoine Charial

COMEDE

→ Questions on access to healthcare (getting health insurance, or residency rights for medical reasons...)?

🕒 Monday, Tuesday and Friday :

9:30am-12:30pm and 2:30-5:30pm

🕒 Monday to Thursday 9:30am-12:30pm

☎ 01 45 21 63 12

→ Questions about a medical treatment or check-up?

🕒 Monday, Tuesday and Thursday:

9:30am-12:30pm and 2:30pm-5:30pm

🕒 Wednesday 9:30am - 12:30pm

☎ 01 45 21 38 93

→ You are a professional or a volunteer and you have questions about access to healthcare and access to a residence permit for medical reasons?

🕒 Monday 9:30am - 12:30pm

☎ 04 77 12 55 85

Tuberculosis / BCG / Vaccination



CDHS

Tuberculosis screening, vaccination (BCG and mandatory injections, quitting smoking.

→ **CDHS of Lyon (there are 6 in the Rhône area):**

🕒 Monday, Tuesday, Wednesday

8:30am-12:30pm / 1:30pm-5:30pm

🕒 Thursday 8:30am-12:30pm / 2:30pm-7pm

🕒 Friday 8:30am-12:30pm / 1:30pm-5pm

Closed on May 1st, 8th, 29-30 and June 9th

WORK

YOON FRANCE

Support in finding work: follow-ups, advice and interviews, practical workshops. Free support, open to all, no appointment needed.

🕒 Thursday: 2-4pm

🏠 Lyon Olympique Échecs, 5 place du marché, 69 009 **M D** Valmy

🕒 Tuesday 2pm-4pm

🏠 Arche de Noé, 3 rue Féliçent **M D** Guillotière

🕒 Wednesday 9:30-11:30am

🏠 La Cantina, 172 rue Anatole France

Villeurbanne **M A** Flachat

☎ 07 82 45 44 06 ✉ contactyoonfrance.com

Closed on May 1st, 8th, 29th, and June 9th

SINGA

Employability programs: Open to all.

Pro Workshops: CV and cover letter writing, interview preparation.

🕒 1st and 2nd Wednesdays of the month, and Tuesday afternoon

Registration by phone:

☎ 06 64 41 30 66 or 06 31 89 07 50

or by email ✉ employabiliteyon@singa.fr

🏠 Place communicated by text message

CNT-SOLIDARITÉ OUVRIÈRE

Protection of your rights, help with regularisation through work, intervention with the employer and preparation of applications.

Open to all foreigners unconditionally.

🕒 Monday to Thursday 2pm-5pm, Friday

9:15am-12:15, **on appointment only**

☎ 07 70 25 12 95 ✉ ud69@cnt-so.org

🏠 Union Régionale - 8 rue Paul Lafargue, 69100 Villeurbanne **M A** Gratte-Ciel

WEAVERS FRANCE

Pre-employment training: French, digital, employability, internships and work contracts at the end of the course.

4 month training - every 6 months.

☎ 04 26 18 47 65

✉ contact@weaversfrance.org

Find out more about the dates on:

<https://www.weaversfrance.org/programmes>

PROGRAMME CORSO

→ For single-parent families authorized to work in France and residing in the Lyon metropolitan area: free, paid support to remobilize you and help you in your job search and administrative procedures (housing, mobility, childcare, etc.).

→ For seniors who are authorized to work in France and live in the Nouveau Rhône area: free, paid support to help you get back into the job market and assist you with administrative formalities (housing, mobility, driving license, etc.).

By appointment only. For further information:

☎ 06 50 79 78 84

✉ programme@curso-rhone.fr

For more information on the right to work in France, see page 39.

University

COLLECTIF DES ÉTUDIANTS ÉTRANGERS

✉ collectif.etudiants.etrangers.lyon@riseup.net

SILLAT LYON

Return to school support program: (Individual assessment interviews, workshops, and registration to university, scholarships, housing etc...). **For refugees and asylum seekers. On appointment.**

🏠 12 rue Gabriel Péri **M B** Gare d'Oullins

☎ 06 69 12 98 66 ✉ lyon@sillat.org

<https://sillat.org/>

French lessons

ILE EGALITE (COLLECTIF SOLIDARITE CUSSET)

French classes all levels, no registration required.

Preparing for diploma DELF on request.

🕒 **Literacy classes:** Tuesday 6:30-8pm

🕒 **Beginners classes:** Monday 6-7:30pm, Tuesday 5-6:30pm and Friday 2-4pm

🕒 **Intermediate level classes:** Wednesday

2-4pm, Thursday 6-8pm, and Friday 9-11am

🕒 **Advanced level classes:** Wednesday 6pm-8pm, and Friday 9-11am

🏠 Île Égalité, 6 rue de l'Égalité, 69100 Villeurbanne **M A** Cusset

✉️ cours-francais-ile@riseup.net

👥 Collectif Solidarités Cusset

AFE - APPRENDRE LE FRANÇAIS ENSEMBLE

Free French workshops, open to all.

🕒 Monday 6:50pm-8:30pm ☎️ 06 95 24 20 26

🏠 La Boulangerie du Prado, 69 Rue Sébastien Gryphe, 69007 **M B** / **M D** Saxe Gambetta

👥 Cours de français à Lyon - avec l'AFE- Apprendre le Français Ensemble

ITINÉRENS

Free French courses, without registration for all levels (A0 to B2), at the ENS (student organisation).

Preparation for the DELF exam (A2, B1 and B2). Course schedule by level available on their Facebook, their website and on the board in the ENS entrance.

👥 [Itinerens](https://itinerens.lyon@gmail.com) ✉️ itinerens.lyon@gmail.com

<https://itinerens.wordpress.com/>

🏠 15 parvis René Descartes **M B** Debourg

Closed on may 1st, 2nd, 8th, 29th, 30th and june 9th and summer holidays from june 23rd

ERIS

5 month intensive French language training, monday to friday. All classes are mandatory. **For asylum seekers and refugees. For beginners (maximum A2 level).**

🕒 Registration desk at ERIS on Wednesdays from 2:30pm to 4:00 pm.

🕒 Next training session in September 2025. Registration on the waiting list on the website.

✉️ communication.eris@gmail.com

<https://eris-formation.org>

🏠 La Boîte à Ressorts, 13 bis rue Girié.

T 3 Dauphiné Lacassagne.

TIERS LIEU MAISON SÉSAME SECOURS CATHOLIQUE

Register at the reception desk.

→ **French classes for all levels, for asylum seekers**

🕒 Tuesday and Friday: 9:15am - 11:30am

Wednesday: 2:30pm - 4:30pm

→ **Conversations in french, open to all**

🕒 Friday 9:15am - 11:30am

🏠 111, rue du 1er mars 1943, Villeurbanne

C 3 **C 26** **C 11** Grandclément

👥 Maison Sésame

Closed on May 1st, 8th, 29th, and June 9th

FIL

French courses given by volunteers, different levels. 5 locations in Lyon.

Small financial contribution for registration fees. Information on courses and registration can be found on the website :

<https://fil-file-lyon.org/> ✉️ filfilelyon@gmail.com

You can get informations at the beginning of the class and get register during the year as places become available.

CPU

Only for asylum seekers (under 40 years old) with a school education of at least 12 years.

Membership: 30€. Regular classes all school year (8 to 10 hours per week).

🕒 Monday to Friday 10am-12pm / 2pm-6pm

Some registrations possible during the year.

🏠 1 rue Bonald 69007 Lyon **T 1** Saint André

☎️ 04 72 70 22 90 ou 06 17 51 15 38

✉️ accueil@cpu-lyon.org / cpu-lyon.org

👥 @CPU-LYON / Instagram: CPU/LYON

Closed on May 1, 2, 8, 29, 30 and June 9

CIMADE

Free French classes.

After registration you will be assigned to a regular course, 2 hours a week, according to your level and availability.

🏠 33 rue Imbert Colomes **M A** Hôtel de Ville

✉️ Contact them on : fle.lyon@lacimade.org

SILLAT LYON

Academic French courses at A1 and B2 levels for those wishing to return to higher education. These courses also include classes, voluntary work, workshops and socio-cultural activities...

Registration at ✉️ lyon@sillat.org

🏠 12 rue Gabriel Péri **M B** Gare d'Oullins

CENTRE SOCIAL DES BUERS

French workshops to become independant. For people living in Villeurbanne.

Registration on waiting list.

🕒 Open to all : Tuesday 9-11am, Thursday 2-4pm

🕒 Employed persons only : Tuesday 6 - 7:30pm

☎️ 04 78 84 28 33 ✉️ linguistique@csbuers.fr

🏠 17 rue Pierre-Joseph Proudhon

M A Flachet **C 21** Louis Michel

DROIT POUR TOUS

French classes, all levels. Registration on site.

🕒 Tuesday and Thursday 9-11am

🏠 94 avenue St Exupéry, 69500 Bron

M D Mermoz Pinel **C 21** Lionel Terray

☎️ 06 95 24 20 26

SECOURS ISLAMIQUE

French classes for beginners. To register:

On site: Monday to Friday, 10am-1pm / 2-5pm

By phone: ☎️ 04 27 11 87 87 on opening time

🏠 371, rue Garibaldi **M B** / **T 2** Jean Macé

Conversation in French

SINGA BLABLA

Conversations in french. No registration required.

🕒 Wednesday 4-6:30pm ☎️ 06 09 53 77 85

🏠 12 Rue Gabriel Péri, 69350 Oullins

M B Gare d'Oullins / **BUS 15** Gare d'Oullins

For the detailed program:

👥 Singa Lyon ✉️ communautelyon@singa.fr

UNIR

Conversation workshops for people with a A2/B1 level in french. **Open to all.**

🕒 May 5th and 19th, 2:30pm-4pm

Registration on www.uni-r.org

<https://bit.ly/AteliersConversationUniR>

OHLALA FRANÇAIS

Videos and Facebook live, all levels.

👥 [ohlalafra](https://www.facebook.com/ohlalafra)

BIBLIOTHÈQUE MUNICIPALE DE LYON

Conversation in French for people learning French as a foreign language.

It requires to have already some basic knowledge of french. A registration is possible or you can come directly without registration. **From 16 years old.**

All informations on the library on the website: bm-lyon.fr

→ **Library of the 7th district**

🕒 tuesday May 13th, 27th, and

June 10th, 2:30-3:45pm

☎️ 04 26 99 77 10

🏠 34 rue Jacques Monod **M B** Debourg

→ **Library of the 4th district**

🕒 Friday May 23rd and June 27th, 2pm

3:30pm

☎️ 04 78 78 12 12

🏠 12 bis rue de Cuire - **M C** Croix Rousse

→ **Library Part-Dieu**

🕒 Friday May 2nd and June 6th, 2-3:30pm

☎️ 04 26 99 77 10

🏠 30 Bd Marius Vivier Merle, 69003 Lyon

M B / **T 1** Part-Dieu Vivier Merle

→ **Library of the 3 district Lacassagne**

🕒 tuesday May 13th and June 17th, 2:30-4pm

☎️ 04 72 10 54 81

🏠 86 avenue Lacassagne **C 13** Place Henri

→ **Library du Bachut**

🕒 Tuesday May 6th and June

3rd 5pm - 6:30pm

🕒 friday May 23rd and June 20th, 2pm -

3:30pm

☎️ 04 78 78 12 12

🏠 2 place du 11 novembre 1918

T 2 Bachut - Mairie du 8ème

KARIBU

Free application to learn French from Pashto, Arabic, and Ukrainian

PARLERA

On the **website PARLERA.FR** you can find contacts and practical information for French training courses or examination centers in French in the Rhône region.

☎️ 0800 970 669 (free)




CULTURE POUR TOUS

Free tickets during all year - theatre, concert, festival, opera, cinema, museum, exhibition... Find them at their partners thanks to the picto in the guide or <http://www.culture-pour-tous.fr>.

PUBLIC LIBRARIES

Books, computers, internet access, outlets to charge devices/electrical plugs,... 16 public libraries, look-up the addresses and opening hours: bm-lyon.fr **closed on May 1st, 8th, 29th, 30th and 31st**

TERRE D'ANCRAGES

Reception and integration of exiled people. ☎ Cooking workshop and shared meal, last wednesday of the month: 5:30pm-9:30 pm. On registration at ☎ 06 56 66 12 30
 🏠 La cantina 172b Anatole France, Villeurbanne 
 ✉ accompagnement@terredancrages.org
 [«Terre d'Ancrages»](http://www.terredancrages.org)
 <https://terredancrages.org>



TIERS LIEU MAISON SÉSAME SECOURS CATHOLIQUE

A space open to all, for meeting and sharing, open to the neighborhood: group discussions around various themes, conversation cafés, creative and fun workshops. **Open to all.**
 ☎ Coffee gathering open to all: Tuesday, Friday, 9:15-11.30 am, Wednesday, Thursday 2:30-4:30pm, Saturday 9:15-11:30am
 ☎ Sewing workshop: Friday 9:15-11:45
 ☎ «Cuisinons ensemble»: cooking workshop, registration required on site or by phone 0749839083. Thursday 10am-2pm.
 ☎ Hairdresser, without appointment. Thursday 2:30-4:30, Saturday 9:15-11:30am
 ☎ Convivial time (dance, songs, games) : thursday 4.30pm 8pm
 🏠 111, rue du 1er mars 1943, Villeurbanne 
 Maison Sésame (Secours Catholique) **closed on May 1st, 8th, 29th, and June 9th**




KABUBU

Free weekly sports activities open for all. Registration required:
<https://www.kabubu.fr/fr/lyon>
 → Muscle strengthening: ☎ Monday 8-9pm
 🏠 Charial pool, 102 rue Antoine Charial
 → Women fitness: ☎ Monday, 9-10am
 🏠 Espace de Vie Sociale des Rancy, 1 Rue Desaix 69003
 → Running: ☎ Tuesday 7:30-20:45pm
 🏠 Place Antonin Poncet 69002, Tony's bar
 → Women's basketball: ☎ Tuesday, 8-9pm
 🏠 gymnase Françoise Héritier, 2 rue du Pré Gaudry, 69007
 → Women's yoga: ☎ Wednesday 6:15-8pm
 🏠 château gaillard school gym, 18 rue montgolfier, Villeurbanne
 → Basketball: ☎ Thursday 7:45-9pm
 🏠 Gymnase Barneoud, 12 rue Croix Barret
 → Climbing: ☎ Monday 2-4pm
 🏠 MRoc Part Dieu, 86 rue du pensionnat
 → Badminton: ☎ Friday 6-7:30pm, Tuesday 9:30-11pm
 🏠 Salle Cube de la SEPR, 46 Rue Professeur Rochaix 69003
 → Dance: ☎ Friday 8-9:30pm
 🏠 4 rue Vaucanson, 69001
 → Football: ☎ Thursday 4:30-6pm
 🏠 4 rue Vaucanson, 69001
 → Mixed Yoga : Thursday 6pm-7.30pm
 🏠 Maison de l'Hospitalité, 236 cours Lafayette 69003
 → Outdoor muscle strengthening : thursday 6-7pm 🏠 Parc Blandan, meeting point at Manège Carrousel Confiseries - 37 rue du Repos 69007
 + information at ☎ 07 82 77 58 64 or  Kabubu Lyon ✉ lyon@kabubu.fr


SINGA

Writing workshops, dance, singing, yoga, painting, climbing... To meet them, get the program, addresses and schedules of activities:  «Singa Lyon»
 ☎ Opening time Tuesday 9:30-12:30am, «Ask your questions about SINGA!»
 ☎ 06 09 53 77 85
 🏠 12 rue Gabriel Péri, La Mulatière, 69350
 Gare d'Oullins

ILE EGALITE (COLLECTIF SOLIDARITE CUSSET)

☎ Self-defense workshop in chosen mixity: Monday 6-7:30pm
 ☎ Open training in chosen mixity: Monday 5-6pm
 ☎ Popular boxing: Sunday 5-7pm
 <https://www.solidarites-cusset.org>
 🏠 Île Égalité, 6 rue de l'Égalité,  Cusset
 Collectif Solidarités Cusset

LA CLOCHE

Social links through inclusive activities and a network of supportive shops offering services and products.
 ☎ Open hours to register for the activities and get the list of shops offering free services: Tuesday 2:30-5pm
 🏠 Le Flâneur Guesthouse: 56 rue Sébastien Gryphe 69007 Lyon
 ☎ 07 67 85 78 32 Insta: @lacrocheaura
 La cloche Auvergne Rhône Alpes

ENTOURAGE

Get-together events and a free application, a network of mutual aid to meet your neighbors and have a great time!
 → ☎ Games night, 1st Wednesday of the month 7 pm-9pm
 🏠 Le Rhizome, 38 rue Camille Roy, 69007
 → ☎ Breakfast at Villa Urbana, on may 22nd and June 24th 8:30-10am.
 🏠 50 cours de la République
 → ☎ Climbing session with Hapik Part Dieu, may 21th 12h15. 🏠 133 rue Servient, 69003
 → From June : Wednesday afternoon outdoors
 Registration required for all activities on the Entourage application or by sms:
 ☎ 07 78 22 77 90 (limited places)

SPORTING CLUB INTERNATIONAL VILLEURBANNE

Soccer trainingg, all levels, from age 15, open to all. ☎ 06 59 99 07 36
 ☎ Every tuesday 8-10pm
 🏠 Complexe sportif de l'Enna, Rue Henri Legay, Villeurbanne  Legay




WOMAN OF SINGA - MONINGA

Cultural activities and events all year round! The programme is open to all women. To join the WhatsApp group and be updated on all events and activities, send a message to:
 ☎ 06 09 53 77 85


VILLA URBANA (WEAVERS)

Activities linking exiles and local people: sewing workshops, yoga, theatre workshops, shared meals, film screenings. Free and open to all, regardless of status. ☎ 04 26 18 47 65
 ☎ Find out more about the programme on <https://www.weaversfrance.org/tiers-lieu>
 🏠 50 cours de la République, 69100 Villeurbanne  République
 ✉ villaurbana@weaversfrance.org

ESCALES SOLIDAIRES

Movie and snacks, sewing, choir, yoga, cooking, hairdresser, many different workshops. Register at one of these addresses or on: <https://www.habitat-humanisme.org/ateliers/>
 🏠 252 rue Duguesclin, 69003 LYON
 Place Guichard ☎ 04 81 09 16 93
 🏠 5 rue Hector Berlioz 69100 Villeurbanne  Charpennes ☎ 09 74 13 73 23
 🏠 25 rue delandine 69902 Lyon  Perrache ☎ 09 82 81 35 90

L'ESPACE DE L'ORSPERE SAMDARRA

Activities based on expression, sports, music, dance,... Schedule of activities available at the beginning of each month at www.orspere-samdarra.com
 ☎ Monday to Thursday 2pm-5:15pm
 ☎ For women only: Wednesday 10-12am
 ☎ 07 61 07 89 12
 🏠 275 rue André Philip  Place Guichard **Fermé 1, 8, 29 mai et 9, 18 juin**

 **Parent/child**

LIEUX D'ACCUEIL ENFANTS-PARENTS (LAEP, PARENT-CHILD CENTRE)

→ Spaces adapted for small children and childcare (games, motor function stimulation...)
 → Support and assistance groups for parents Open to all parents with their children
 → Anonymous, no registration, usually free.
 → For children under 4 and up to 6 years old in some of the spaces.
 → Possible to meet with childcare professionals. There are over 10 of these child/parents sites in Lyon. You can find the whole list on the website: <https://lacausedesparents.org/les-lieux-daccueil-enfants-parents-laep-a-lyon/>



WOMEN SUPPORT

N°ABUSED WOMEN.
3919 FREE - 24/7

PASSERELLES BUISSONNIERES

Support for women in social isolation or affected by changes in their work and social environment due to exile and/or health problems

Individual or group support, follow-up, social rights and health access, socio-professional integration, all to help women become more independent. Socio-legal and health assistance for abused women seeking asylum.

You must make an appointment by phone:

Monday, Tuesday, Thursday :
9am - 12pm / 2pm - 5pm

Wednesday, Friday: 9am - 12pm
☎ 04 26 17 47 18

✉ contact@passerellesbuissonnieres.org

🏠 26, rue des capucins 69001 Lyon

🚇 M A Hôtel de ville

Closed on May 1st, 8th, 29th, 30th and June 9th. No new arrivals from June 15th until September

LES ORCHIDÉES ROUGES

Multifaceted care unit specialized in the free assistance and follow-ups for women and girls who have survived female circumcision and/or forced marriage.

You must make an appointment

Monday to Friday 9am-1pm / 2pm-5pm
☎ 06 67 36 50 71

✉ contactlyon@lesorchideesrouges.org

🏠 13 rue Henri IV 69002 Lyon

🚇 M A Ampère / Perrache

Closed on May 1st, 8th, 29th and June 9th

SECOURS ISLAMIQUE

Women's discussion group:

Tuesday 10.30-12am (a time to talk freely over a free breakfast). No registration required.

🏠 371 rue Garibaldi, 69007

🚇 T 2 Garibaldi - Berthelot / M B Jean Macé

VIFFIL - SOS FEMMES

For women victim of violence.

Provides a welcoming space, a listening ear, and informations on your rights.

For advice or information, call:

☎ 04 78 85 76 47

🕒 Monday to Friday 9:30am-12:30pm and 1:30pm-5pm (except Thursday afternoon)

To see all the VIFFIL's permanences, check the website : <https://www.viffil.com/contact-viffil/>
✉ viffil.association@viffil.com

CENTRE D'INFORMATION SUR LES DROITS DES FEMMES ET DES FAMILLES (CIDFF)

Information about women's rights, support for parenthood, support for returning to work, support for starting a business

Monday to Thursday 9am-1pm / 1:45-5pm, Friday: 9am - 1pm

🏠 18, place Tolozan 69001 Lyon

🚇 M A Hôtel de Ville

☎ 09 78 08 47 48

Closed on May 1, 2, 8, 9, 29, 30, and June 9

To see all the CIDFF centers in Rhône :

<https://rhonearcapin-interdepartemental.cidff.info/permanences-cidff/p-52>

PREGNANCY, PERINATAL AND ADDICTIONS CONSULTATION - CSAPA

Addiction counselling and psychotherapy for pregnant women, women who have recently given birth or women wanting to get pregnant and suffering from addictions.

Make an appointment:

☎ 04 26 73 25 90

✉ nathalie.duvernay@chu-lyon.fr

🏠 CSAPA Croix-Rousse Hospital, Building C, 1st floor. 103, Grande Rue de la Croix-Rousse

🚇 M C Hénou



LGBTQIA+

AIMEL +

Support and inclusion of LGBTQIA+ migrants and exiles: support for the asylum application process, assistance, discussion, information and orientation on the structures that help asylum seekers, medical information (sexual and mental health). In Lyon and also in the region.. Contact in French, English, Spanish and Arabic. (Possibilities in russian and portugues too)

🕒 Second Monday of the month (May 13) 4pm-7pm

🏠 110 Rue Sully, 69006 Lyon (Association AIDES) 🚇 M A Masséna

🕒 Last Saturday of the month (May 25): 10am-1pm

🏠 19 rue des Capucins, 69001 Lyon (Centre LGBTI) 🚇 M A Hôtel de ville

Make an appointment on: 📞 Aimel +

✉ aimel.association@gmail.com

FONDATION LE REFUGE

Hospitality, temporary accommodation, multidisciplinary support (social, psychological, medical) and listening to young victims of LGBT+phobias and in a situation of family rupture. Write an email to get an appointment or information. + 18 years old

✉ lyon@le-refuge.org

☎ National hotline (24/7): 06 31 59 69 50

🏠 29 rue de la Claire 69009 Lyon 🚇 M D Vaise

2MSG - COLLECTIVE OF LGBTI AFRICAN ACTIVISTS

Activist association of mutual help for lesbian gay bi and trans persons from Africa. Help for paperwork (asylum, appeals, CAF, work). Support for daily life and fight for rights. Leave a message at: ☎ 06 05 68 17 26

✉ contact@asso2msg.org 📞 [asso2msg](https://www.asso2msg.org)

CENTRE LGBTI+

Welcome, mutual support, anti-discrimination, prevention, culture and sports. To reach a volunteer call:

☎ 0 805 031 181, Monday to Saturday, 9am to 9pm.

🕒 Welcoming times on Wednesday, 6-7:30pm.

🏠 19 rue des Capucins 🚇 M A Hôtel de ville

📞 Centre LGBTI Lyon / Insta @centrelgbtilyon

✉ accueil@centrelgbtilyon.org

SEX WORK / PROSTITUTION

CABIRIA

Global support for sex workers and prostitutes. Prevention and testing, administrative housing, legal aid (arrests, violence, abuse, discrimination, family rights), administrative support (PUMA, CSS, AME, asylum procedures), financial help, french courses.

🕒 Without appointment: Monday 2pm-6pm,
🕒 With appointment:

Tuesday, Wednesday 10am-5pm,

Thursday 10am-7pm, Friday 10am-1pm

🕒 You can make an a appointment by phone

☎ 04 78 30 02 65.

🏠 5, quai André Lassagne 69001 Lyon

🚇 M A Hôtel de ville / M C Croix-Paquet

Emergency number (24/7): ☎ 06 07 62 26 59

AMICALE DU NID

Hospitality and assistance for persons in a situation of prostitution, former prostitutes or persons in danger of prostitution: Access to rights, domiciliation, health mediation, finding a path out of prostitution, activities, personal care products.

🕒 **Phone permanence:** Monday to Friday, 9-12am / 1:30-5pm

🕒 **Day center:** Monday 9am-11:30am (without children), Wednesday 9am-11:30am (on appointment), Thursday 2pm-5pm (without children)

☎ 04 78 27 28 20.

🏠 29 rue St Jean de Dieu, Batiment B, Technopark 2, 69007

🚇 BUS 64 Carteret T 6 Arrêt Challemeil-Lacour

🚇 M B Debourg

Closed on May 1, 8, 29 and June 9

MOUVEMENT DU NID - RHÔNE

Hospitality and assistance for persons in a situation of prostitution: listening, administrative assistance, access to rights, care, collective activities, social link, support to exit prostitution..

🏠 70 rue Rachais 69007 🚇 M D Garibaldi

🕒 With appointment

☎ 06 33 40 94 98 (follow this number on Whatsapp for more informations)

Accompagnement-69@mouvementdunid.org

SOCIAL RIGHTS



WHO CAN HELP ME?

You can get support from a social worker whatever your status is. You do not need to be in a legal situation.

You can ask for support concerning: food, housing, healthcare, support for families and young children, providing an administrative address, etc.

To get an appointment (if you live in Lyon) contact the Maison de la Métropole et des Solidarités (MDMS) closest to where you live or where your administrative residence is registered, or go directly on site. You will be listened to, informed and then directed to a designated person to assist you in your procedures.

1E ARRONDISSEMENT

MDMS Neyret

📞 04 28 67 14 00

🏠 18, rue Neyret **M C** Croix-Paquet

2E ARRONDISSEMENT

MDMS Sainte-Hélène.

For asylum seekers

Closed on tuesday morning.
(social support, help in your administrative procedures)

📞 04 28 67 17 00

🏠 9, rue Sainte-Hélène **M D** / **M A** Bellecour

3E ARRONDISSEMENT

MDMS Corneille

🏠 149, rue Pierre Corneille

M B Place Guichard

📞 04 28 67 23 40

MDMS Sainte-Anne

🏠 4, place Sainte-Anne

T 1 / **T 4** Tiers Lafayette

📞 04 78 54 36 90

4E ARRONDISSEMENT

MDMS Deleuvre

For families with children

📞 04 28 67 22 10

🏠 51, rue Deleuvre **M C** Hénon

5E ARRONDISSEMENT

MDMS Cléberg

🏠 5 bis, rue Cléberg

Funiculaire Fourvière

📞 04 28 67 22 50

6E ARRONDISSEMENT

MDMS Foch

🏠 52, avenue Maréchal Foch **M A** Foch

📞 04 28 67 23 60

7E ARRONDISSEMENT

MDMS Bancel

🏠 40, rue Bancel

M B Jean Macé

📞 04 28 67 18 00

MDMS Félix Brun

🏠 45, rue Félix Brun

M B Jean Jaurès

📞 04 28 67 16 00

MDMS Madeleine

🏠 36, rue de la Madeleine

M D Saxe-Gambetta

📞 04 28 67 32 90

8E ARRONDISSEMENT

MDMS Jean XXIII

🏠 60 boulevard Jean XXIII

T 2 T2 Bachut

📞 04 28 67 33 10

MDMS Jet d'eau

🏠 219, avenue Berthelot I

T 2 / **T 4** Jet d'eau

📞 04 28 67 33 90

9E ARRONDISSEMENT

MDMS Bourgogne

🏠 15-17, rue de Bourgogne

M D Valmy

📞 04 26 83 96 00

MDMS Duchère

🏠 8, place Abbé Pierre

C 14 / **C 6** Duchère Martinière

📞 04 28 67 22 80

If you live around Lyon: contact your town's MDMS or the Centre communal d'action sociale (CCAS) of your town.

Find their addresses online:

<https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html>

Associations can also help you with your administrative procedures. See the list of the structures [page 7](#).

WHAT ARE MY RIGHTS?

In France, people without a residence permit ("undocumented migrants") have the right to:

→ Have help for administrative procedures ([page 30](#)),

→ healthcare ([page 37](#))

→ an emergency accommodation ([page 33](#))

People with residence permits («in a legal situation»), have rights that depend on their administrative status:

→ **Asylum application:** access to your rights is subject to certain conditions and stops at the end of the asylum application procedure (for housing and allowance [see page 34](#), work, [page 39](#)).

→ **Refugees:** The right to social benefits is the same as for French people ([page 36](#)).

→ **Residence permit:** for people with a 'récépissé' (certificate of application for a residence permit) or a residence permit issued by the prefecture, your rights depend on the type of residence permit. For example, not everyone has the right to work ([page 39](#)).



IF YOU ARE ARRESTED

You can be arrested in the event of an identity checks stop - to check if you have the right to stay in France - and/or if authorities think you may have broken a law.

If you are undocumented and you are arrested, you may receive an **Obligation to Leave the French Territory (OQTF)** and could be assigned house-arrest or be detained in an Administrative Detention Centre (CRA).

Documents to have with you:

→ **Documents about your immigration procedure** (asylum application certificate/ récépissé, application for a residence permit...)

→ **Proof of residence or accommodation**

→ Health insurance certificate (CSS, AME), documents **related to your medical care**, contact information for your doctor

→ Documents about your **family situation** in France: school enrollment certificate for your child(ren), marriage certificate, etc.

→ **A telephone card and/or a mobile phone without a camera** (these are the only ones allowed during detention in the CRA)

→ **The telephone number of a trusted person**, a member of a non-profit and a lawyer to be notified immediately if you are arrested or detained.



Keep these copies of your documents in several places (at a friend's house or a non-profit's office) and on the internet (emails, cloud...).

It is not always recommended to give your passport (even if it is out of date) because it can make it easier for you to be deported.

But, not showing your passport could be an argument to place you in an administrative detention centre (CRA).

IF YOU GO TO THE PAF (BORDER POLICE) OR THE POLICE STATION:

You can be detained for a maximum of 24 hours for an identity check and 48 hours maximum for police custody if they think you may have broken the law. **You have 4 essential rights.** They can help you to be released. Ask for:

- **an interpreter: in the language you speak best, even if it is a rare language!**
- **a doctor**
- **a lawyer**
- **to phone a trusted person, a non-profit organisation. Give details of your arrest (where, when) so that they can help you.**



Do not sign any documents if you do not understand what is written. Ask to speak to an interpreter!

IF YOU ARE RELEASED

If you don't have legal immigration status, you might leave the police station with an Obligation to leave the French territory (OQTF) and possibly an Prohibition on Returning to France (IRTF). This decision may be accompanied by a house arrest. **Be careful, you often only have 48 hours from the time you signed the document to make an appeal.** As soon as you are released, contact a lawyer or a non-profit organisation to help you (page 9).

If you were insulted and mistreated by the police, you can file a complaint. The police cannot refuse to file a complaint, even if you are undocumented. If they were violent, you can go to a doctor and get a certificate proving your injuries..

IF YOU ARE SENT TO AN ADMINISTRATIVE DETENTION CENTRE (CRA)

The CRA is a place of detention which aims to deport you either to your country of origin, or to the country responsible for your asylum application (Dublin procedure), or to the country which has granted you protection (Schengen remission). In Lyon, there is 2 CRA located close to the Lyon-Saint Exupéry Airport.

As soon as you arrive at the CRA, immediately ask to see the organisation that is working there. In Lyon: Forum Réfugiés. Your friends and family can call the organisation to tell them about your situation: ☎ 04 72 23 81 31

This organisation will help you with the necessary legal procedures and can keep you informed about the progress of your case. If Forum Réfugiés isn't replying (weekends, public holidays), contact an outside organisation (page 9).



In order to deport a person, the French State must have their valid passport or a consular pass.

If you did not give your passport and you refuse to see a representative from your country's consulate, it will be difficult to obtain a laissez-passer: deporting you will be complicated. **Be careful,** if you refuse to meet this representative, you can be sentenced to a prison sentence (from 1 to 4 months). **If you have given a false identity,** the police will not know which country you come from. This makes your deportation complicated. Be careful, if the police find out that you have given a false identity, you can be sentenced to a prison sentence (from 1 to 3 years).

HOW LONG IN THE CRA ?

The maximum period of detention in the CRA is 90 days. You can make two appeals to ask for your release:


- 1. Appeal against the decision to place you in detention.** The juge des libertés (judge of freedoms and detention, JLD) has 48 hours to decide whether or not to extend the detention period.
- 2. Appeal against the decision of the Obligation to leave the French territory (OQTF).** The administrative court is asked to cancel the decision to deport you (only if this decision is recent, less than 48 hours). Depending on the judge's decision, you may be released or your detention may be extended.

If you get sentenced to prison time, you risk being detained in the sentention centre again, once your sentence is over.

Your rights in detention center :

→ **Make phone calls from the centre's phone booths or with your mobile phone without a camera. Mobile phones that can take pictures will be taken away from you. Your relatives can also call you at the phone booths.**

→ **Receive visits from your relatives. They must have legal immigration status and have to present an identity document. They can bring you clothes, individually wrapped non-perishable food (cakes, sodas), documents, money, a mobile phone without a camera, cigarettes.**

☎ 7/7 9:30am-11:30am / 2pm-6:15pm
60 rue du Royaume-Uni,
69 125 Colombier Saugnieu.
 47 Aéroport St-Exupéry Air Parc
Or Rhône Express Lyon St-Exupéry.

Visitation rights: you can meet with organisation or support collectives

COLLECTIF LYON ANTICRA

Lyon Anticra is a collective supporting the prisoners of the Lyon Detention Center (CRA) and fighting for the abolition of Immigration Detention Centres, the end of detention and the end of deportations. Its members can visit you, and publish your testimony on their website. The collective also organises political actions to support you. If you are incarcerated, your relatives can write a message to them to get in touch with you.

✉ lyonanticra@riseup.net

📍 »Lyon Anticra«

<https://crametoncralyon.noblogs.org/>

Get help from the OFII for your Voluntary Return to go back to your home country. In certain countries, reinsertion assistance is offered in your home country
<http://www.retourvolontaire.fr/>

GET AN ADDRESS: DOMICILIATION



Domiciliation provides a postal address to receive mail if you do not have a permanent place to live.

For asilyum seekers

When you start your asylum procedure in Lyon, the Forum Réfugiés (SPADA) should house you. Even if you are in the Dublin procedure and have been placed on the run by the prefecture, SPADA must maintain your domiciliation. Domiciliation will be either at:

→ **the Maison du Réfugié (SPADA)**

→ **the hostel you live in**

→ **your home address, if you or one of your relatives (parents, brother or sister) is a tenant. A certificate of accommodation from a friend is not accepted.**

For refugees

If you get international protection (refugee status, subsidiary protection or stateless status) you can have domiciliation and get support from the SPADA for 6 months. To find a new address, Forum Réfugiés can support you, otherwise, see the next point: "other situations".

For other situations

If you are undocumented, or in a specific situation, and you do not have an address you can ask for domiciliation:

→ At the «Maison de la Métropole et des Solidarités» in Lyon or the community social action centre (CCAS) of the town you've been living in or with whom you have a link (page 30).

→ In a day center that offers domiciliation (page 16).



It is hard to find a domiciliation. Go to several organisations and ask for advice.

ACCOMMODATION

→ **ACCOMMODATION is a temporary and unconditional right: you can ask for housing even if you are undocumented. Specific accommodation exists for asylum seekers (p34)**

→ **HOUSING is longer term and is only available for people with a legal status (who have obtained asylum or a resident permit). A financial contribution is required (p 36).**

For one night

For anyone without shelter: ☎ **115**
The waiting time can be 30 min or more. You have to call several times until you get the recorded message, then stay on the line to get someone on the phone. There are not enough slots, it is rare to get a place every evening

You can call 115, 24/7 but for a quicker response it's best to call at these times:

→ **10am for single women and couple**

→ **2pm for single men**

Explain on the phone if you are in a vulnerable situation (health issues, children, isolated woman)

More stable accommodation

You can ask to do a «MVS diagnosis» to get more stable accommodation at the Maison de la Veille Sociale (MVS), with a social worker (page 30) or on the phone to the 115. This process is called 'demande SIAO'.

→ **The waiting lists are very long.** Families and people with health issues are prioritised.

You must renew your MVS application every 2 months with the MVS itself or by calling the emergency shelter number (115), so that your application remains valid, and you must notify them of any changes in your situation (address, telephone, family...).

It is also encouraged to continue calling the emergency shelter number (115), to maximise your chances of getting stable accommodation.

MAISON DE LA VEILLE SOCIALE (MVS)

With appointment. Only for people with no social worker and no ongoing application. (We do not see asylum seekers, people in hostels or leaseholders.)

☎ Reception by phone: Monday- Friday: 9am-12pm ☎ 04 78 95 00 01

✉ contact.mvs@mvsrhone.fr

If you have a recognised status, you can also apply for temporary housing or social housing (page 36).

You cannot get accommodation?

If you have applied to the MVS, if you have been calling the emergency shelter number (115) for a while but the waiting time is particularly long, you can go to the Prefecture (this process is called 'faire un recours') to get accommodation through the DAHO scheme. The DAHO applies if you can prove that you meet the following requirements:

→ **you are poorly sheltered (homeless, housed by a private individual or in a hotel in bad conditions)**

→ **your shelter is unstable, and you have applied for state accommodation or transition housing and you did not get an answer.**

You need help?

→ **You are over 30 years old**

→ **Your address is in the Metropolis of Lyon or the Rhône department (except Villeurbanne)**

ALPIL

First reception by phone:

☎ Tuesday and Wednesday, 4pm-6pm
☎ 04.37.70.67.47

First reception on site without appointment:

☎ Wednesday and Thursday 9am-11am
Closed on May 1st, 8th and 29th

🏠 281, rue de Crequi  /  Saxe-Gambetta

→ **Your address is in Villeurbanne:**

AVDL

First reception by phone:

☎ 04 72 65 35 90 ✉ avdl.asso@avdl.fr
☎ Monday 1:20pm-5:30pm



☎ Tuesday, Wednesday, Thursday
9am-12:30 / 1:30-5:30pm

→ **You are under 30 years old**

→ **Your address is in Lyon or the surrounding areas (except Venissieux):**

CLLAJ LYON

☎ Reception and informations without appointment:

Tuesday and Thursday à 1:45pm and 3:45pm
☎ Phone reception or on site: Monday:1:30pm-5pm, Tuesday, Wednesday, Thursday: 9:30am-12:30pm/ 1:30pm-5pm
☎ 04 72 07 87 17 / cclaj.lyon@cclajlyon.fr
🏠 Place du Forez, 69001 Lyon
 Croix-Paquet  Hôtel de Ville.

Housing for unaccompanied minors

If you ask to be recognized as an unaccompanied minor and your age has not been evaluated yet, you have the right to get unconditional housing during your evaluation. The CMAE of «Forum Réfugiés» and the «Méomie» are in charge of your housing (page 5).

In Lyon, the situation is very difficult for people whose minority status has been denied by the MEOMIE, and that have opposed this decision in front of the Juvenile judge. Many young people sleep in squats or in the street.

If your minority status has been denied, showing your proof of denial gives you the right to housing for adults (page <?>). You can call the 115 and explain your situation.

MATERIAL RECEPTION CONDITION: CMA

The CMA (Conditions Matérielles d'Accueil) are social benefits that are only for asylum seekers. The OFII may offer them when you go through the «Central Asylum Claim Desk» or GUDA (page <?>). These benefits can include:

a monthly allowance (ADA)
the right to accommodation

To benefit from them, you must sign the form given to you by the OFII at the «Central Asylum Claim Desk» or GUDA and agree to the «Conditions Matérielles d'Accueil» (CMA).



- Either you benefit from housing and financial allowance, or you can have the financial allowance (ADA) alone and declare that you have a stable housing situation.


- If you asked for accommodation and they refused it, your ADA allowance will be higher.

ADA: (Allowance for asylum seekers)

The ADA card is a payment card on which you can receive your monthly allowance. You cannot use it for buying online. You receive your ADA allowance at the beginning of each month while your asylum claim is being processed. The amount of your allowance (about €7 a day) depends on your personal situation (couple, family, alone...) and if you have accommodation or not.

Once you receive the card, you have to wait 30 to 45 days until it is activated.

To check how much money you have left on your ADA card,

you can call ☎ 05 32 09 10 10, or download the Upcohesia app  on your smartphone (via GooglePlay or AppStore. For more information about downloading and using the app: :

📄 https://watizat.org/wp-content/uploads/2020/12/ADA_FR.pdf

My card has been blocked, stolen or lost: what should I do?

1. Call this number to block your card:
☎ **05 32 09 10 10**

2. Make an appointment with the OFII to get a new card

OFII LYON

✉ lyon@ofii.fr

☎ 04 72 77 15 40

🏠 7 rue Quivogne, 69 286, Lyon Cedex 02.

Of you did not receive ADA or you do not receive it anymore, you can contact the OFII.

Accommodation benefits for asylum seekers

As an asylum seeker - if you agreed to the material reception conditions offered by the OFII at the «Central Asylum Claim Desk» (GUDA) - you should have a spot in a housing centre for asylum seekers (CADA, CAO, HUDA,...)



You cannot choose the region nor the town in which you will be placed. You may be housed far from the center of Lyon, in another town or in the countryside. **If you refuse the OFII's offer of accommodation, you will lose your right to accommodation and to the ADA allowance.**

In France not all asylum seekers are housed due to a lack of slots. Families, people who are sick or who are identified as highly vulnerable, are given priority.

If you applied for asylum and you do not have accommodation:

→ Go to the SPADA (Forum Réfugiés) ([page 3](#))

→ For emergency accommodation, call 115 ([page 3](#))

→ You can rest during the day and ask for help in a day center ([page 15](#))

Refusal/removal of CMA

Material reception conditions (CMA) may be **denied**:

→ If your asylum application is currently being reconsidered

→ If you did not apply for asylum within 90 days of your arrival in France without giving a valid reason.

→ In case of fraud, hiding information, giving false information

→ If you refuse an accommodation or if you don't move to the region where the OFII has sent you. They can also be **taken away**:

→ If you refuse or move out of an accommodation (for example, if you return to Paris after being sent to another city)

→ If you are expelled from the accommodation given by the OFII (for example, for violent behaviour or seriously breaking the rules),

→ If you don't respect the authorities' requirements (if you don't go to your prefecture appointments for people in the Dublin procedure, if you refuse to provide information, if you don't go to your interviews) The OFII must give you a document explaining why your rights to CMA were refused or taken away. **Ask for this document if they do not give it to you. It can be very useful for appealing the decision.**

Asking for the CMA to be reinstated

A "recours" (appeal) is a way to contest an administrative decision before the court.

1. If you received a document from the OFII speaking of an intention to refuse or suspend your CMA, you have 15 days to send a letter with your identity and your reasons for contesting the decision. Send the letter to the OFII headquarters

7 rue Quivogne, 69 286 Lyon CEDEX 02.

If the OFII does not change its decision, that letter will be very useful for your lawyer during the administrative appeal.

2. If the decision to suspend your CMA is maintained, you can:

Send an informal appeal ("recours gracieux") against the suspension of your CMA to the OFII Director within two months

✉ contentieux.cma@ofii.fr

Appeal against the decision to suspend your CMA in front of an administrative court within two months.

If your CMA were suspended or denied over two months ago, you can always ask the OFII to reinstate your CMA by sending a registered letter («lettre recommandée») to the postal address above, or an email:

✉ contentieux.cma@ofii.fr

3. If you receive a negative answer or if the OFII has not given you an answer after 2 months, you have two months to contest the decision in front of an administrative court.

You can also go through this procedure if you have not received a letter indicating that your CMA is being suspended.

It can be difficult to write these documents alone and the time frame for appeals can vary depending on your situation. It is therefore strongly suggested to go to a legal assistance office to get help from a lawyer ([page 9](#)).

Special cases

To ask the reinstatement of your CMA:

→ **For people "re-qualified"**, meaning those who went through a normal or a fast-tracked procedure after their Dublin transfer period expired: follow the same procedure as the one indicated above.

→ **For people coming back to France after a Dublin transfer:** you can immediately appeal the refusal of your CMA by the OFII in front of an administrative court.



You have to prove that you qualify as a vulnerable person, and explain why having no financial and accommodation benefits puts you in danger. For example: a medical certificate proving a serious illness.

If you are recognised as a refugee

When you have refugee status or subsidiary protection, you are not considered an asylum seeker anymore: you don't have access to the same accommodation spaces as before. You have the right to apply for social housing.

→ Ask for help from Forum Réfugiés (the welcome centre for asylum seekers, SPADA), your current accommodation centre, or from a social worker in your town ([page 30](#)). In Lyon you can benefit from the Accelair integration program.



Housing is only accessible if:

You have legal immigration status (a residence permit)
You have financial resources (including social allowances such as RSA)
If you meet these requirements, you may apply for social housing.

Temporary housing / transitional housing

Temporary housing shelters people for a limited time: solidarity tenancy, social residence, family fund... A financial contribution is required, but you can receive financial help for housing called "APL".

→ To apply for this, you need to fill an MVS file with a social worker or with the MVS ([page 30](#)). You must update your application every three months.

→ You can also file a request directly on the Adoma and Aralis websites.

Social housing

Social housing is a long-term housing with cheap rent price.



People with a receipt of first application for a resident permit cannot have social housing. You need a resident permit, or a receipt of renewal of your resident permit.

To apply for social housing, you must fill out a form (in French) online:

📄 www.demande-logement-social.gouv.fr

in a city hall with a social landlord
You can apply for you and your family members (spouse, partner and children, grand-parents, parent, grand-children, brother or sister) if they also are legal residents in France.



Be sure to update your application as soon as your situation changes (family unit, financial resources...) and to renew your application every year. You can ask for the help of a social worker ([page 30](#)).

«Action Logement»

If you work in a company with more than 10 employees, you can maybe benefit from the Action Housing plan. Ask your employer. If it is the case, you can fill out a form online on the website <https://www.actionlogement.fr>

You cannot get housing?

You can appeal to get housing through the DALO procedure (the enforceable right to housing). It allows you to appeal to the Préfecture (recours) when you are in a situation of poor housing (no housing at all, threat of eviction with no rehousing, overcrowded housing, unusually long wait for housing...).

If you have been granted asylum (refugee, subsidiary protection) and you do not have housing, you can start the DALO procedure 6 months after submitting an application for social housing.

The current waiting time for applications to be processed by the Préfecture is very long: it should usually only take about 3 months, but it currently takes 9 months.

You can get assistance from different organisations. ALPIL, AVDL or CLLAJ can help you, depending on your age and where you live, [see page 33](#).

FINANCIAL SUPPORT

An ALLOWANCE is money given by the State under certain conditions.

The amount changes depending on your administrative status, age, composition of your family, your housing ...



For asylum seekers, see the ADA ([page 34](#))

The RSA (Revenu de Solidarité Active)

You can apply for this through the «Caisse d'Allocations Familiales» (CAF), on their website www.caf.fr, if you meet these conditions:

- You are a foreign national who has been legally residing in France for over 5 years with a residence permit allowing you to work OR you are a refugee, stateless person, or benefit from subsidiary protection.
- You are over 25 years old OR you are under 25 years old and have at least one dependent child, born or unborn OR you are under 25 years old and have worked for two of the last three years.
- You have zero or low income
- You have permanent and stable residence in France.

If you are an asylum seeker, you can apply for the RSA, but it will be given to you only if you are granted asylum. When you get asylum, contact the CAF with your RSA application number. You will receive the income for every month since the day of your application.

Other benefits

Other benefits are available according to your family, professional or accommodation status. A social worker can help you ([page 30](#)).

ACCESS TO HEALTHCARE

Healthcare

If you don't have healthcare coverage such as the AME (Aide Médicale d'Etat – State Medical Aid) or the CSS (Complémentaire Santé Solidaire):

- Go to the Free Health Access Points (Permanences d'Accès aux Soins de Santé 'PASS' in the listed hospitals ([page 17](#)). There you will be taken care of by doctors and social workers and you can be provided with free medication.
- Some organisations also offer access to healthcare ([page 17](#))

In case of a life-threatening emergency, CALL THE 15 (SAMU)

or go to the closest emergency services ('Urgences').



Treatment will not be free and you will receive a bill. If your prognosis is life-threatening, exceptional reimbursements of the treatment can be arranged.

Universal Health Protection (PUMA -CSS, ex.CMU)

For people with a residence permit

If you have been in France for at least 3 months and have a right to be on the French territory (asylum application or certificate of asylum application, residence permit), you can benefit from the Protection Universelle Maladie (PUMA) and the Complémentaire Santé Solidaire (CSS). This coverage will pay for all of your medical and hospital expenses for you, your spouse and your children. You may have to pay some treatment up front, but you will be reimbursed afterwards.

State Medical Aid (AME)



For undocumented people

The AME covers 100% of any healthcare and hospitalisation within the limits of the social security rates. You do not need to pay in advance, except for certain medication.

REQUIREMENTS TO GET THE AME

- You don't have a residence permit or a certificate of asylum application or any document saying that you are applying for a residency permit
- You have lived in France for more than three consecutive months
- You have a limited income that doesn't exceed a certain amount

FIRST AME APPLICATION

→ Download the form on ameli.fr or pick it up directly at a CPAM reception.

→ Drop off your AME form at a CPAM reception point.

→ If you are an unaccompanied minor or if you cannot go to the reception point to submit your application (due to reduced mobility), you can send it by mail with proof of your situation.

To go to a CPAM reception point you must make an appointment:

→ by phone at 36 46

→ at the CPAM Rhône reception points

→ exceptionally, you can also submit your AME request to a health center or to a PASS at the hospital where you are being cared for.

TO RENEW YOUR AME CARD

You can drop off your renewal documents at the reception desk or send them by mail::

**CAISSE PRIMAIRE D'ASSURANCE
MALADIE DU RHÔNE
69907 Lyon cedex 20**

TO APPLY FOR THE PUMA/CSS AND THE AME

→ You can ask for help at the CPAM reception point (CPAM Rhône), by booking an appointment from your ameli.fr account or by calling 3646

→ At the hospital's social service department or at the Community Social Action Center (CCAS) of your town

→ To an organisation ([page 21](#)) or a day center ([page 15](#)).

The CPAM has two months to inform you of its decision. If your application is accepted, you will receive your CSS or AME card. It lasts one year from the date of application. Be careful, renewal is not automatic. You have to fill out and submit a renewal form two months before the expiry date printed on the card.

OPEN A BANK ACCOUNT



You can open a «livret A» account at the Postal Bank (La Banque Postale). It is an account to deposit and withdraw cash money, and make bank transfers. It gives you a bank identity statement (RIB): it can be asked for administrative procedures. Everyone has the right to open a bank account. If you are an asylum seeker, the SPADA or the organisation managing your accommodation centre can help you organize a meeting with the bank. If you have any questions, you can go to an organisation for help ([page 7](#)).

TO OPEN A LIVRET A, YOU NEED:

- To be over 18 years old
- An identity document (asylum seeker certificate (récépissé), passport...)
- An administrative residence certificate
- A 2€ minimum to be deposited in the account on the day you open it
- You can only withdraw cash with la Banque Postale cash withdrawal machines.



ACCESS TO WORK

In order to legally work in France, you must have a residence permit OR a certificate of asylum application with a work authorisation.

For asylum seekers

If you have applied for asylum over 6 months ago and the OFPRA still did not give its decision, you can request a work permit. It is a complicated procedure, it does not always work even with the support of your employer. Your employer must request a work permit on this website and he must supply all the documents required on this website: <https://administration-etrangers-en-france.interieur.gouv.fr/immiprousaager>
In case of refusal: go to a legal aid organisation ([page 9](#)).

THE WORK PERMIT IS VALID ONLY:

- For the job you requested the permit for. If you want to change jobs, you need a new work permit.
- As long as your asylum application certificate is valid. You must renew your work permit every time you renew your asylum application certificate, until you get the OFPRA's decision.
- At the end of your work contract or if you are fired, you can register at Pôle Emploi and benefit from professional training.

For refugees

When you get refugee status or receive subsidiary protection, you can legally work in France without conditions. In Lyon you can benefit from the Accelair integration program.

For young people

- **The «missions locales»:** personalised guidance, professional and social support for people between 16 and 25 years old, recognised as minors or with a residence permit if over 18.
- Civic Service: up to 26 years old, if you have the right to work, you can do a civic service (from 6 months to a year long), paid between 580 and 960€ per month.

If you don't have a work permit:

If you do not have papers or if you have a residence permit without a work permit, employers do not have the right to hire you
However, if you work for an employer:

- you cannot be sued for this reason: it is the employers who can be sued, not the workers
- your employer must respect the provisions of the labour code! You have the same rights as any employee legally employed (L8252-2 of the Labour Code): right to an employment contract (CDD, CDI, Interim, CESU...), right to the payment of all your hours worked, right to pay slips, right to health and safety, right to vacations, right to end of contract indemnities, etc.

You can protect these rights through collective action (right to strike) and legal action (at the Conseil des Prud'hommes).

If you have a residence permit and you receive government assistance, working without a work permit may result in the cancellation or even a request for repayment of the assistance received.

It is strongly advised against using a false identity card or someone else's identity card, as both offences are punishable by criminal penalties.

To find out more, contact a syndicate in your company or city (e.g. CNT-SO, SUD, CNT, CGT, CFTD, FO...).

Social rights

As a worker, even if you are undocumented, your employer must declare you to the URSSAF and pay contributions to social organizations. But your status does not allow you to receive unemployment benefits. It also deprives you of the benefit of daily social security allowances, except in one case: if you are the victim of an accident at work.

Regularisation through work

The «Retailleau circulaire» of 2025 provides for the possibility, for the Prefectures, to grant exceptional regularizations through work. Several conditions must be met in terms of time of presence in France and duration of work:

- More than three years of presence in France / 24 pay slips (or CESU)
- More than five years of presence in France / 8 pay slips (or CESU)

You also need to find an employer who will formulate a «request for authorization to hire a foreign employee».
If you think you are eligible, go to a legal aid clinic ([page 9](#)) or to a labor union ([page 22](#)).



SCHOOL / CHILDCARE

From primary school to sixth form / High school

In France, access to school is a right for children under the age of 16, whatever their parents' status and type of housing. School is free and your children cannot be refused access.

- From 3 to 10 years of age, children must be registered with the town hall where they live.
- From age 11 to 16, they must be registered with the local secondary school in the area where they are staying or living.
- Over the age of 16, they should contact the CIO in the area where they are staying or living.
- Between the ages of 16 and 18, training is a right and an obligation for young people who have dropped out of school or are neither in employment, education or training.

The only documents required are: a proof of identity / a proof of the child's guardianship / proof of address. In the absence of one of these documents, a declaration on honour is sufficient.

In Lyon, the organisation C.L.A.S.S.E.S assists families with their administrative procedures for school

C.L.A.S.S.E.S:

☎ 06 80 71 32 96
✉ contact@classes-asso.org

PAIPE

You can go to a PAIPE to get information on childcare options for your children. The PAIPEs provide information by phone or see you for an appointment. There is a PAIPE in each town Lyon district (arrondissement) townhall. For more information on the PAIPEs in Lyon, consult this link: <https://www.lyon.fr/demarche-petite-enfance/les-points-accueil-information-petite-enfance-paipe>



Study French (at university, to get a certificate)

There are programs to learn French at university: See the website of the "Réseau MENs"
<https://reseau-mens.org/pour-etudiants>
 Some organisations also provide French lessons, see [page 23](#).

Join the University

The registration procedures depend on the university, the type of training, the level (Bachelor's or Master's degree) and your status (asylum seeker, refugee, undocumented...). The school year is generally from September to June.

Whatever your situation is (without documents, asylum seeker, refugee or beneficiary of subsidiary protection), you have the right to study / resume your studies in France.

To apply for a registration you must:

- Have the baccalauréat or a university degree
- Have a sufficient level of French (B2 for bachelor degrees and C1 for masters), unless you come from a French-speaking country

Registration for the school year 2024-2025 at the universities Lyon 1, 2 and 3

→ **Licence 1 (Bachelor Year 1) General:** all foreign students, except those with international protection, have to fill a «DAP». If you have international protection, go to the DAP desk of your university to know how to apply.

→ **BTS, DUT:** applications via Parcoursup for everyone

→ **Licence 2 and 3** (Bachelor year 2 and 3) / **Master 2:** apply on the «e-candidat» website. If you have international protection, the procedure is sometimes different.

→ **Master 1:** apply on the web-site monmaster.gouv.fr

Be sure to apply early for your L2/L3/ M1/M2 application, some applications must be made in March/April.

Registration fees for foreign students can be expensive: up to 2770€ for a Licence (Bachelor) and 3770€ for a Masters. You can contact the university or an association that can help you apply for a waiver of your tuition fees.

→ Students with international protection do not have to pay these fees (only about 170€ for a Licence and 243€ for Masters). They can apply for a grant and student housing with the CROUS accommodations.

→ Other benefits exist if you are above 28 years old

If you are in difficulty, some associations can help you:

UNIR

Individual support in resuming studies
 For refugees and asylum seekers wishing to enroll in a bachelor, master, or DU Passerelle. UniR can help you find your way around and register at university.
 Fill in the form: <http://bit.ly/1erContactUniR>
 or write to ✉ lyon@uni-r.org

COLLECTIF DES ÉTUDIANTS ÉTRANGERS

✉ collectif.etudiants.etrangers.lyon@riseup.net

RÉFUGIÉS ET L'ENSEIGNEMENT SUPÉRIEUR VERS L'AVENIR

For refugees and asylum seekers.
 Provides information and support, on access to university in France and recognition of foreign diplomas.
 ✉ contact@refugies-enseignement-superieur.fr
 ☎ 06 69 12 98 66
 🌐 <https://refugies-enseignementsuperieur.org/>

ONLINE INFORMATION



Information on asylum application

Translated information for the asylum claim procedure, verified by lawyers. Always go to legal aid centres to get advice adapted to your own personal situation (page <?>).

GISTI

Section: Asylum Claim in France
 Languages: French, English, Arabic, Dari, Pashto, Urdu, Tigrinya, Oromo
 🌐 <http://www.gisti.org/spip.php?article5116>

DOM'ASILE INFO

Languages: French, English, Arabic, Urdu, Bengali, Russian
 🌐 www.domasile.info

REFUGIES INFO

Information for people who have been granted refugee status and subsidiary protection.
 Languages: French, English, Arabic, Pashto, Tigrinya, Russian
 🌐 <https://www.refugies.info>

INFO DROIT DES ÉTRANGERS

Information about the different ways of getting the right to stay in France, getting your family reunited, etc.
 Language: In French only.
 🌐 <http://www.info-droits-etrangers.org/>

INFOMIGRANTS

Information on asylum in Europe
 Languages: French, English, Arabic, Dari, Pashto
 🌐 www.infomigrants.net
 It's possible to receive new articles on Rakuten Viber if you sign-up on the website.

EMERGENCY NUMBERS – FREE –

15 • SAMU

Service d'Aide Médicale Urgente - To get a medical team to intervene in case of vital distress.

18 • FIREFIGHTERS

To report a dangerous situation: accident, fire, sick person...

17 • POLICE

To get help in case of assault or to report an offence that requires immediate police intervention.

114 • EMERGENCY SMS 📶

Allows deaf, hearing-impaired people and anyone who cannot call (women victims of violence for example), to alert emergency services (SAMU, Firemen, Gendarmerie and Police) 24/7 by SMS, chat, videoconference. Also available at 🌐 www.urgence114.fr and with the "114" application.

115 • EMERGENCY SHELTER

Emergency number for people without accommodation or victims of domestic violence requiring emergency shelter (accommodation).

119 • CHILDREN IN DANGER

Emergency number for any child or teenager who is a victim of violence (psychological, physical or sexual), or anyone concerned about the situation of a child in danger or at risk of being in danger, within their family or in an institution.

3919 • WOMEN VIOLENCE INFO

Listens, informs and guides women victims of violence, as well as witnesses of violence against women. Does not deal with emergency situations (it is not part of the police or the gendarmerie).

ADA: Allocation pour Demandeur d'Asile
AME: Aide Médicale d'Etat
APS: Autorisation Provisoire de Séjour
ASE: Aide Sociale à l'Enfance
CADA: Centre d'Accueil des Demandeurs d'Asile
CAF: Caisse d'Allocations Familiales
CCAS: Centre Communal d'Action Sociale
CMA: Conditions Matérielles d'Accueil
CMAE: Centre de Mise à l'Abri et d'Evaluation
CNDA: Cour Nationale du Droit d'Asile
CPAM: Caisse Primaire d'Assurance Maladie
CRA: Centre de Retention Administrative
CSS: Complémentaire Santé Solidaire (anciennement CMU)
DAHO: Droit à l'Hébergement Opposable
DALO: Droit Au Logement Opposable
DNA: Dispositif National d'Accueil
FLE: Français Langue Etrangère
GUDA: Guichet Unique pour Demandeurs d'Asile
HUDA: Hébergement d'Urgence pour Demandeur d'Asile
IRTF: Interdiction de Retour sur le Territoire Français
JLD: Juge des Libertés et de la Détention
MDMS: Maison De la Métropole et Solidarité
MIE: Mineur Isolé Étranger
MNA: Mineur Non Accompagné
MVS: Maison de la Veille Sociale
OFII: Office Français de l'Immigration et de l'Intégration
OFPRA: Office Français de Protection des Réfugiés et Apatrides
OQTF: Obligation de Quitter le Territoire Français
PAIPE: Point d'Accueil Information Petite Enfance
PUMa: Protection Universelle Maladie
PRAHDA: Programme d'Accueil et d'Hébergement des Demandeurs d'Asile
RSA: Revenu de Solidarité Active
SIAO: Service Intégré de l'Accueil et de l'Orientation
SPADA: Structure de Premier Accueil des Demandeurs d'Asile

SYTRAL Plan des lignes fortes

- M** MÉTRO / SUBWAY
- T** TRAMWAY
- F** FUNICULAIRE / FUNICULAR
- C** LIGNE DE BUS MAJEURE / TRUNK ROUTE

MÉTRO / SUBWAY

- M A** Perrache Vaux-en-Velin La Soie
- M B** Charpenne Saint-Genis-Laval Hôp. Sud
- M C** Hôtel de Ville Cuire
- M D** Gare de Vaise Gare de Vénissieux

TRAMWAY

- T 1** Debourg IUT Feysine
- T 2** Hôtel de Région Montrochet Saint-Priest Bel Air
- T 3** Gare Part-Dieu Villettes Meyzieu ZI / Meyzieu Les Panettes
- T 4** Hôpital Feyzin Vénissieux La Doua - Gaston Berger
- T 5** Grange Blanche Eurogop
- T 6** Debourg Hôpitaux Est - Pinel
- T 7** Vaux-en-Velin La Soie Décines - OL Vallée

FUNICULAIRE / FUNICULAR

- F 1** Vieux Lyon Saint-Just
- F 2** Vieux Lyon Fourvière

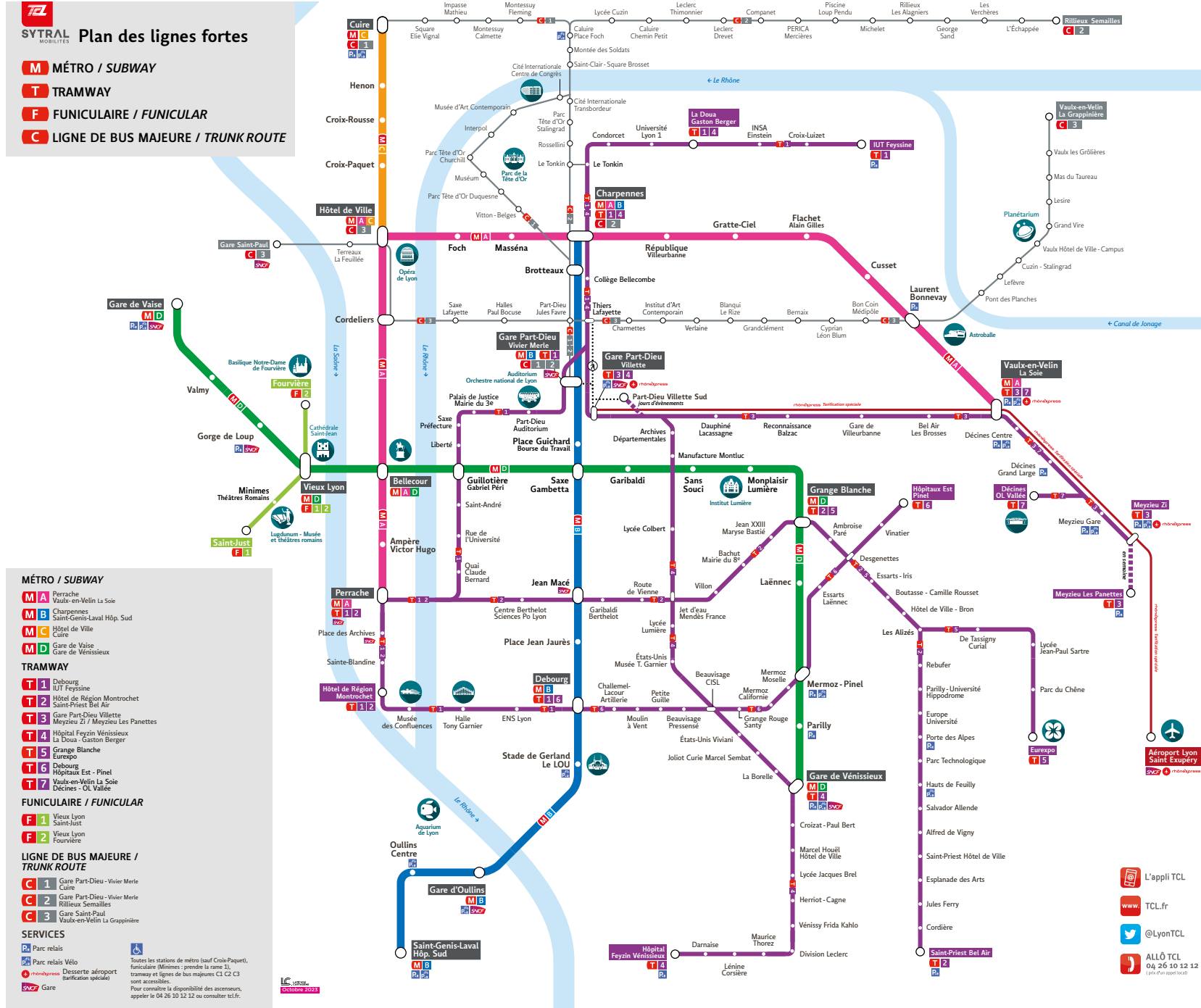
LIGNE DE BUS MAJEURE / TRUNK ROUTE

- C 1** Gare Part-Dieu - Vivier Merle Cuire
- C 2** Gare Part-Dieu - Vieux Merle Rillieux Semallies
- C 3** Gare Saint-Paul Vaux-en-Velin La Grappinière

SERVICES

- R** Parc relais
- P** Parc relais Vélo
- A** Desserte aéroport (autorisation spéciale)
- G** Gare

Toutes les stations de métro (sauf Croix-Paquet), funiculaires (Minimes: prendre la rame 3), tramway et lignes de bus majeures C1, C2, C3 sont accessibles. Pour connaître la disponibilité des ascenseurs, appeler le 04 26 30 12 12 ou consulter tcl.fr.



L'appli TCL
 www.TCL.fr
 @LyonTCL
 ALLÔ TCL
 04 26 10 12 12
 (pas d'opérateur)



MAY / JUNE 2025
ENGLISH
LYON

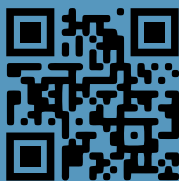


If you are in **Lyon**, as an asylum seeker, refugee or undocumented person, **this guide is made for you.**

It contains **useful addresses, advice and legal procedures updated each month!**

Our texts are written, reviewed and checked by social, asylum and foreigner's rights experts.

This guide is available and **updated each month in French and in English.**



Download the guide :
www.watizat.org

Do you have questions ? Contact us :
lyon@watizat.org



Watizat Lyon



watizatlyon



Watizat, chaine d'information



watizatasso

Si vous êtes une organisation, association ou collectif,
contactez nous pour commander des guides en version papier

Ce guide est gratuit et interdit à la vente aux particuliers. Ne pas jeter sur la voie publique.