



**USEFUL ADDRESSES FOR  
EXILED WOMEN**

**AUGUST - SEPTEMBER  
2023**

Take care of yourself... A listening ear, activities, it's all here!

# LISTENING EAR



## PASSERELLES BUISSONNIERES

For isolated or exiled women and/ or overcoming health problems.

- Individual or group support, follow-up, social rights and health access, socio-professional integration, all to help women become more independent.

- Socio-legal and health assistance for abused women seeking asylum.

You must first make an appointment by phone :

Monday, Tuesday, Thursday : 9am - 12pm / 2pm - 5pm  
Wednesday, Friday : 9am - 12pm  
04 26 17 47 18

contact@passerellesbuissonnieres.org

26, rue des capucins MA Hôtel de ville

Closed in August. Group and individual reception resumes in September.

## CPCT

For people over 18 years old.

Free appointments. Appointments in English available. No medical prescriptions given.

Monday to Friday 10am-12pm / 2pm-5pm

84, rue de Marseille 69007 Lyon

MD Guillotière T2 Centre Berthelot

04 78 96 10 56

Closed from August 1 to 28

## L'ESPACE -ORSPERE SAMDARRA

Place for discussion, encounters and exchange.

Various activities are available every month. Available in English, Arabic, Tigrinya, Amharic..

Monday to Friday 2pm-5.30pm

Thursday 10am-1pm (women only)

La Rayonne - 24b rue Alfred de Musset 69100 Villeurbanne 07 61 07 89 12

MA / T3 Vaulx en Velin la soie

Calendar of activities available each month on :

www.orspere-samdarra.com

Closed July 20 to August 18 included

## MÉDECINS DU MONDE : LE BUS

Open to all.

Health prevention, healthcare, someone to talk to.

August Thursday 7pm-10pm

September Tuesday, Thursday 7pm- 10pm

Place Carnot 69002 MA Perrache

# DAY CENTERS



## AU TAMBOUR !

For women without children.

Daytime shelter and hospitality Listening, social interaction, respite, showers. Activities on registration. Participation of various other organisations.

Monday 2pm-5pm

Tuesday 12:30pm - 4pm

Wednesday 9:30am-1pm

95 rue Crillon MA Massena

Au Tambour www.autambour.fr

Closed from August 14 to 18 included

## POINT ACCUEIL (LAHOS)

- Isolated men over 25 years old :

Monday, Thursday, Wednesday, Friday 9-12pm

- Women an families :

Monday, Wednesday, Friday 1:30pm-4:30pm

- Only women with or without children :

Thursday 1:30pm- 5pm

66, rue Etienne Richerand

MB Part Dieu

04 78 53 88 77

Closed until August 16

## ACCUEIL LE P.H.A.R.E.

For families (2 people and more)

Also provides day care services ( orientation, advice, activities...). Distribution of hygiene kits and laundry services (appointments are needed).

Monday to Friday 10am-4pm

Stade Georges Livet - 35, avenue Marcel

Cerdan, Villeurbanne

MA Laurent Bonnevey

04 74 07 92 11

Closed on thursday afternoon.

## ACCUEIL SAINT ANDRÉ

For isolated women and families with children.

Access to hygiene products, social support, social worker available on site.

Wednesday, Thursday, Friday 1:30-4:30pm

2 Rue Félicité 69007 Lyon

adj.saintandre@gmail.com

MD Guillotière , T1 saint André

Closed from July 13 to September 5

# ACTIVITIES



## KABUBU

Free weekly sports activities. On registration. Some activities are reserved for women (Yoga), other sports are mixed (muscle strengthening, running, basketball, badminton,...)

Registration : <https://www.kabubu.fr/fr/lyon>.

+ info on 07 82 77 58 64

or : Kabubu Lyon lyon@kabubu.fr

## ESCALE SOLIDAIRE HABITAT ET HUMANISME

Movie and snacks, sewing, choir, yoga, cooking, hairdresser, many different workshops.

Register at one of these addresses or on the website

<https://www.habitat-humanisme.org/ateliers/>

- 252 rue Duguesclin, 69003 LYON  
ME Place Guichard T1 Palais de Justice  
04 81 09 16 93

- 5 rue Hector Berlioz 69100 Villeurbanne  
MA / MB Charpennes  
09 74 13 73 23

- 25 rue delandine 69902 Lyon  
MA Perrache  
09 82 81 35 90

- 2 place dumas de loire 69009 Lyon  
MD Valmy  
09 82 81 49 72

## SINGA

Entrepreneurship workshops, writing workshops, theater activities, French discussions, singing, climbing, pottery.

To meet them, get the program, addresses and schedules of activities: «Singa Lyon»

communaute lyon@singa.fr

06 09 53 77 85

For the pottery workshop : 06 09 53 77 85

In August, writing workshop every Thursday, 5pm-7pm

Rencard, 259 rue Vendome 69003 Lyon

Call 06.79.20.86.39

# CHILDREN / FAMILY



Dear moms ! We also think about your children. The well-being of your child is important so that you can also take care of yourself.

If you are looking for a place that offers activities for you and your child, it is right here:

## LIEUX D'ACCUEIL ENFANTS-PARENTS (LAEP, PARENT-CHILD CENTRE)

- Spaces adapted for small children and childcare (games, motor function stimulation, ...)
- Support and assistance groups for parents
- Open to all parents with their children
- Anonymous, no registration required, usually free
- For children under 4 and up to 6 years old in some of the spaces
- Possible to meet with childcare professionals

There are over 10 of these child/parents sites in Lyon. You can find the whole list on the website : <https://lacausedesparents.org/les-lieux-daccueil-enfants-parents-laep-a-lyon/>

## LES POINTS ACCUEIL INFORMATION PETITE ENFANCE (PAIPE)

You can go to a PAIPE to get information on childcare options for your children.

The PAIPes provide information by phone or receive you by appointment.

There is a PAIPE in each town hall of the arrondissement For more information on the PAIPes in Lyon, consult this link: <https://www.lyon.fr/demarche/petite-enfance-les-points-accueil-information-petite-enfance-paipe>

## VIOLENCE



3919 FREE

24/7

### VIFFIL - SOS FEMMES

**For women suffering domestic abuse.**

Assistance throughout the administrative and legal steps they take, welcoming space, listening ear, signposting, advice and accomodation.

Help for victims of abuse, mother - child shelters, legal information, support with access to accomodation.

To see all the VIFFIL's permanences, check the website <https://www.viffil.com/contact-viffil/> Contact VIFFIL via phone ☎ to know the conditions of reception in their various places or to make an appointment :

☎ 04 78 85 76 47 ✉ [viffil.association@viffil.com](mailto:viffil.association@viffil.com)

### CENTRE D'INFORMATION SUR LES DROITS DES FEMMES ET DES FAMILLES (CIDFF)

**For women victims of violence.**

Information about women's rights, support for parenthood, support for returning to work, support for starting a business

☎ Monday to Thursday 9am-1pm / 1:45-5pm, Friday : 9am - 1pm

🏠 18, place Tolozan 69001 **M A** Hôtel de Ville

☎ 09 78 08 47 48

To see all the CIDFF centers in Rhône : <https://rhonearcalpin-interdepartemental.cidff.info/permanences-cidff/p-52>

[cidff.info/permanences-cidff/p-52](https://rhonearcalpin-interdepartemental.cidff.info/permanences-cidff/p-52)

**Closed from August 7 to 16.**

### PASSERELLES BUISSONNIERES

**For isolated or exiled women and/ or overcoming health problems.**

- Individual or group support, follow-up, social rights and health access, socio-professional integration, all to help women become more independent.

- Socio-legal and health assistance for abused women seeking asylum.

**You must first make an appointment by phone :**

☎ Monday, Tuesday, Thursday : 9am - 12pm / 2pm - 5pm Wednesday, Friday : 9am - 12pm

☎ 04 26 17 47 18

✉ [contact@passerellesbuissonnieres.org](mailto:contact@passerellesbuissonnieres.org)

🏠 26, rue des capucins **M A** Hôtel de ville

**Closed in August. Group and individual reception resumes in September.**

## SEX WORK / PROSTITUTION



### CABIRIA

Global support for sex workers and prostitutes.

Prevention and testing, administrative housing, legal aid (arrests, violence, abuse, discrimination, family rights), administrative support (PUMA & asylum procedures), financial help, french courses.

☎ Without appointment : Monday 3pm-7pm,

☎ With appointment:

Tuesday, Wednesday 10am-5pm,

Thursday 10am-7pm, Friday 10am-1pm

☎ You can make an appointment by phone

☎ 04 78 30 02 65

🏠 5, quai André Lassagne 69001 Lyon

**M A** Hôtel de ville / **M C** Croix-Paquet

**Closed from July 29 to August 22**

Emergency number (24/7) : open during

summer : ☎ 06 07 62 26 59

### AMICALE DU NID

Hospitality and assistance for persons in a situation of prostitution, former prostitutes or persons in danger of prostitution:

Access to rights, integration, domiciliation, health and mental health mediation, finding a path out of prostitution, workshop for transitioning towards working life.

☎ Phone permanence :

Monday to Friday 9am-12pm/2pm-5pm,

Wednesday 9am-1pm

☎ 04 78 27 28 20

🏠 29 rue St Jean de Dieu, Batiment B,

Technopark 2, 69007 Lyon

**BUS 64** Carteret

**T 6** Arrêt Challemeil-Lacour **M B** Debourg

### MOUVEMENT DU NID - RHÔNE

Hospitality and assistance for persons in a situation of prostitution: listening, administrative assistance, access to rights, care, collective activities, social link, support to exit prostitution..

🏠 70 rue Rachais 69007

**M D** Garibaldi

☎ You can come with no appointment :

Monday 2pm-5pm, Wednesday 10am-13 pm

☎ 06 33 40 94 98 (follow this number on

Whatsapp for more informations)

[accompagnement-69@mouvementdunid.org](mailto:accompagnement-69@mouvementdunid.org)

**Closed from July 17 to August 11 included.**

## HEALTHCARE



Most of the medical organisations can provide an interpreter if you don't speak French well, so don't hesitate to ask them. There is also a translation website in 39 languages for medical appointments which is accessible via the application or directly on the website: [www.traducmed.fr](http://www.traducmed.fr)

### The PASS



**Free medical consultations for people without health coverage.** If you do not have a health coverage (CSS or AME), do not leave the hospital without seeing a social worker.

### HOPITAL EDOUARD HERRIOT

**For people over 16 years old.**

General practitioners and social worker.

No appointment needed for the first time,

get there very early in the morning (from

6:30am or even earlier) ☎ Monday, Tuesday,

Wednesday, Friday : 8:45am -12:30pm /

1:30pm- 4:30pm ☎ Thursday : 8.45am-12:30pm

🏠 5, place d'Arsonval, Lyon (PAVILLON K)

**M D / T 2** Grange blanche ☎ 04 72 11 03 94

**Doctor on site on August 1, 2, 7, 9, 16, 17,**

**18, 21, 23, 28, 29, 30, 3. Receive only 2 new**

**patients per day during the summer period**

### LE VINATIER

**For people over 16 years old.**

General practitioners and social worker.

Medical advice with no appointment needed :

☎ Wednesday, August 2 and 9 all day

☎ From August 21: Monday mornings,

Wednesdays all day, Thursday mornings

🏠 95, boulevard Pinel 69500 Bron

**T 2 T 5 T 6** Vinatier

☎ 04 37 91 52 07 **Closed on August 14 and 15**

### GHM - PORTES DU SUD

A social worker and nurse are available on site, but only with an appointment..

☎ Secretariat: Monday, Tuesday and Thursday

9am-5pm ☎ 04 72 89 86 03

☎ Social Service: Monday to Thursday 9am-

5pm ☎ 04 27 85 21 56

🏠 2, Avenue du 11 novembre 1918, Vénissieux

**T 4** Hôpital Feyzin Vénissieux

**Secretariat closed from July 19 to August 20**

## MÉDIPOLE HOPITAL MUTUALISTE

**For people over 18 years old.**

General practitioners and treatment.

An appointment is needed with the doctor but not with the nurse.

☎ Reception on site : Monday, Tuesday, Thursday, Friday 8:30am-12pm.

☎ Phone reception : Monday to Thursday 8:30am-4pm ☎ 04 87 65 01 87

🏠 158 rue Léon Blum, 69100 Villeurbanne

**M A** Laurent Bonnevey / **T 3** Bel Air

**Closed from July 31 to August 18.**

## Medical organisations

### MÉDECINS DU MONDE : LE CASO

**For people without health insurance only.**

Free medical appointments.

**August** ☎ Monday, Wednesday and Friday 9am

**September** ☎ Monday and Friday at 9am, and Wednesday at 1:30pm

Come a little before the opening time .

🏠 15, boulevard Vivier Merle 69003 Lyon

☎ 04 72 92 49 01 **M B** Part-Dieu Vivier Merle

**Closed from August 4 to 18. Call before coming**

### POLE SANTÉ SOLIDAIRE

**For people with or without medical coverage.**

Interpreting possible. Medical consultations, general health, showers available.

☎ Doctor :

- Every Monday : 9am-12pm / 2pm-5pm : with or without appointment for people with or without health insurance :

- Tuesday 9am-12pm / 2pm-5pm on appointment, only for people with health insurance :

☎ Midwife: Thursday, August 8 : 9:30am.-1pm / 2pm-4 pm with an appointment

☎ Dermatologist : free, for people with or

without health insurance, you will need to make an appointment by calling (waiting time: 7-15 days) : August 16

☎ PMI : Wednesday 9:30am-12:30pm no appointment needed (Except August 2, 9 and 16).

☎ Optometrist: Wednesday, August 2, 2pm-5pm (visual check-up and adapted glasses for people with no medical rights)

☎ Information for drug users (Pause Diabolo): Wednesday, August 30 : 2 pm - 4:30 pm

🏠 40 avenue de la Table de Pierre

69 340 Francheville

**C 24 / BUS 73** Hôpital Antoine Charial

☎ 04 28 38 14 91 **Closed on August 14 and 15..**



## STI/HIV screening

Your body can suffer from many diseases. Some are visible ( pimples, fever, redness...) and others are not (you may not even know that you are sick). That's why your body needs to be taken care of, looked at and checked by health professionals.

It is important to be tested. Screening is looking to see if you have a disease or not.

It can be done with a blood test, a smear (to find cervical cancer for example), a drop of blood on the finger, mammogram (photo of the breasts to find a breast cancer) etc... Many diseases are easily treated especially if they are detected as early as possible!

### CeGIDD :

- Medical testing for : HIV, Hepatitis A/B/C, chlamydia, syphilis
- Sexually Transmitted Infection care (such as PrEP) + vaccinations
- Make an **appointment**
- **by phone** (they receive a lot of calls, do not hesitate to call several times)
- for screening and vaccination, possibility to do it online on [www.chu-lyon.fr](http://www.chu-lyon.fr) - in the «dépistage SIDA et IST» section -(Connect on Friday morning to have a slot for the following week)
- For emergencies, no appointment needed

### - CEGIDD HÔPITAL EDOUARD HERRIOT

🕒 Monday to Friday 8.30am - 4pm

☎ 04 72 11 62 06

🏠 (Pavillon K) 5 place Arsonval 69003 Lyon

**M D** Grange Blanche

**Closed on August 14 and 15**

### - CEGIDD HÔPITAL CROIX ROUSSE

Phone reception :

🕒 Monday to Thursday 10am-12:30pm / 2pm-4:30pm

🕒 Friday 11am-12:30pm / 2pm-4:30pm

☎ 04 26 10 94 73

🏠 103, grande rue croix rousse **M C** Hénon

**Closed on August 14 and 15**

### MÉDECINS DU MONDE : LE CASO

*For people without health insurance only.*

*Free medical appointments.*

**August** 🕒 Monday, Wednesday and Friday 9am

**September** 🕒 Monday and Friday at 9am, and

Wednesday at 1:30pm

Come a little before the opening time .

🏠 15, boulevard Vivier Merle 69003 Lyon

☎ 04 72 92 49 01 **M B** Part-Dieu Vivier Merle

**Closed from August 4 to 18. Call before coming**

### AIDES

- *Sexual Health assistance, rapid tests for HIV, hepatitis B or C, syphilis, general health support. Access to risk reduction material : condoms, injection material, snorting...*

🕒 Tuesday 2pm-7pm (on appointment)

- *Chemsex support group*

- *Advice on sexology,*

🕒 Once a month, on appointment.

🏠 110 rue Sully, Lyon **M A** Masséna

☎ 06 34 45 51 27 / 04 78 68 05 05

**Closed on August 14 and 15.**

### DA TI SENI

*Information and screening for HIV /Hepatitis B and C screening by TROD. No appointment needed.*

🕒 Monday, Tuesday, Thursday 9am-4pm

Wednesday 9am-12pm

🏠 in front of the Forum Réfugiés SPADA

336 rue Garibaldi, Lyon **M D** Garibaldi

🕒 1st Friday of the month

🏠 PIMMS, 1 place du 8 mai 1945 69008 Lyon

🕒 last Thursday of the month

🏠 PIMMS, 34 Rue de Narvik 69008 Lyon

☎ 06 95 29 29 97 [✉ datiseni@gmail.com](mailto:datiseni@gmail.com)

**Closed from August 14 to September 1**

## Sexual and reproductive health

You can go to the family planners to :

- Meet a doctor specialized in female anatomy, pregnancy, contraception
  - Talk about sexuality and relationships
  - Talk about your pains,
  - Talk about your desire not to have children, stop a pregnancy
  - Talk about violence
  - Screening for diseases: breast cancer, cervical cancer, HIV, Hepatitis...
- It is free. There is also access to interpreters who speak your language!

### PLANNING FAMILIAL 69

🕒 Monday, Wednesday, Thursday 9am-12pm / 1pm-6pm, Tuesday 1pm-6pm,

Friday 9am-12pm / 1pm-4pm

🏠 2, rue Lakanal 69100 Villeurbanne

☎ 04 78 89 50 61 **T 1** / **T 4** le Tonkin

[✉ contact@planningfamilial69.fr](mailto:contact@planningfamilial69.fr). **Closed on August 11, 14, 15, 22 and September 5 and 12**

### CPEF - HOPITAL EDOUARD HERRIOT

🏠 Hôpital HEH - Pavillon K

5 place d'Arsonval, 69003 Lyon

☎ 04 72 11 03 95

**T 2** / **M D** Grange Blanche

### CPEF LYON 7 - HÔPITAL SAINT-JOSEPH SAINT-LUC

🏠 20 quai Claude Bernard, 69007 Lyon

☎ 04 78 61 81 38

**T 1** Quai Claude Bernard

### CPEF - HOPITAL CROIX ROUSSE

🏠 103 Grande rue de la Croix-Rousse, 69004 Lyon

**M C** Croix Paquet

☎ 04 72 07 16 47

If it is too far from your home, you can find the list of the 17 CPEF of the city here :

📄 : <https://www.grandlyon.com/centres-de-planification-et-d-education-familiale.html>

## Pregnancy

If you are pregnant, you need to be followed up by a health professional and register at the maternity ward to give birth!

### PMI - INFANT AND CHILD PROTECTION

*Pregnancy monitoring, preparing for birth and parenting, and child healthcare up to 6 years old (growth, vaccinations...etc).*

The establishments (Maison de la Métropole) and open hours are available at: 📄 : <https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html>

### Pregnant from 0 to 3 month

#### PLANNING FAMILIAL 69

🕒 Monday, Wednesday, Thursday 9am-12pm / 1pm-6pm, Tuesday 1pm-6pm,

Friday 9am-12pm / 1pm-4pm

🏠 2, rue Lakanal 69100 Villeurbanne

☎ 04 78 89 50 61 **T 1** / **T 4** le Tonkin

[✉ contact@planningfamilial69.fr](mailto:contact@planningfamilial69.fr).

**fr. Closed on August 11, 14, 15, 22 and September 5 and 12**

### HOPITAL EDOUARD HERRIOT - PASS PERINATALITÉ

**Support during pregnancy.**

You will need an appointment

🕒 Reception : Monday to Friday 9am-4pm.

Closed on Thursday afternoon.

☎ 04 72 11 25 91, a medical-social professional must make the 1st appointment.

[✉ heh.passperinat@chu-lyon.fr](mailto:heh.passperinat@chu-lyon.fr)

**Closed from August 14 to 18 included**

**Secretariat closed from July 31 to August 25,**

**please make an appointment by e-mail.**

### MÉDIPOLE HOPITAL MUTUALISTE

**For people over 18 years old.**

*General practitioners and treatment.*

An appointment is needed with the doctor but not with the nurse.

🕒 Reception on site : Monday, Tuesday, Thursday, Friday 8:30am-12pm.

🕒 Phone reception : Monday to Thursday 8:30am-4pm ☎ 04 87 65 01 87

🏠 158 rue Léon Blum, 69100 Villeurbanne

**M A** Laurent Bonneval / **T 3** Bel Air

**Closed from July 31 to August 18.**

### Pregnant from 3 to 6 month

#### LE VINATIER

**For people over 16 years old.**

*General practitioners and social worker.*

Medical advice with no appointment needed :

🕒 Wednesday, August 2 and 9 all day

🕒 From August 21: Monday mornings,

Wednesdays all day, Thursday mornings

🏠 95, boulevard Pinel 69500 Bron

**T 2 T 5 T 6** Vinatier

☎ 04 37 91 52 07 **Closed on August 14 and 15**

### HOPITAL EDOUARD HERRIOT - PASS PERINATALITÉ

**Support during pregnancy.**

You will need an appointment

🕒 Reception : Monday to Friday 9am-4pm.

Closed on Thursday afternoon.

☎ 04 72 11 25 91, a medical-social professional must make the 1st appointment.

[✉ heh.passperinat@chu-lyon.fr](mailto:heh.passperinat@chu-lyon.fr)

**Closed from August 14 to 18 included**

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**please make an appointment by e-mail.**

Call 15 or 18 or go to the hospital's  
obstetrical emergency ward



### **HOPITAL FEMME MERE ENFANT**

*Pediatric emergencies (-16 years old)*

🏠 59, boulevard Pinel 69500 Bron

**T 6** Hôpital Est Pinel

### **HOPITAL EDOUARD HERRIOT**

🏠 5, place d'Arsonval, Lyon (PAVILLON K)

**M D / T 2** Grange blanche

### **HOPITAL LYON SUD**

🏠 165 chemin du Grand Revoyet,  
69495 Pierre Bénite **BUS 88** Pavillon chirurgical

**C 7** Hôpital Lyon Sud

### **HOPITAL DE LA CROIX ROUSSE**

🏠 103 Grande rue de la Croix Rousse,  
69004 Lyon **M C** Cuire

# Vaccination



The first prevention we do in a lifetime is the  
vaccination of babies.

It is important to get a recalls of the vaccinations

### **CDHS**

*Tuberculosis screening, vaccination (BCG and  
mandatory injections, quitting smoking.*

**CDHS of Lyon** (there are 6 in the Rhône area) :

🕒 Monday, Tuesday, Wednesday 8:30am-  
12:30pm / 1:30pm-5:30pm

🕒 Thursday 8:30am-12:30pm / 2:30pm-5:30pm

🕒 Friday 8:30am-12:30pm / 1:30pm-5pm

Make an appointment by phone

☎ 04 72 73 12 76 or online for BCG vaccination

📧 : [www.cdhs.fr](http://www.cdhs.fr)

🏠 2, rue de Marseille **M D / T 1** Guillotière

**Closed on August 14 and 15.**

### **PMI - INFANT AND CHILD PROTECTION**

*Pregnancy monitoring, preparing for birth and  
parenting, and child healthcare up to 6 years old  
(growth, vaccinations...etc).*

The establishments (Maison de la Métropole)  
and open hours are available at: 📧 : [https://  
www.grandlyon.com/services/trouver-une-  
maison-de-la-metropole.html](https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html)

For more information and addresses,  
download the complet guide :



**[www.watizat.org](http://www.watizat.org)**

You have a question ? Contact us :

**[lyon@watizat.org](mailto:lyon@watizat.org)**

Si vous êtes une organisation, association ou collectif,  
contactez nous pour commande des guides en version papier