

**WATZAT**

*Lyon*

**USEFUL ADDRESSES FOR  
EXILED WOMEN**

**JULY 2023**

Take care of yourself... A listening ear, activities, it's all here!

## LISTENING EAR

### PASSERELLES BUISSONNIERES

**For isolated or exiled women and/ or overcoming health problems.**

- Individual or group support, follow-up, social rights and health access, socio-professional integration, all to help women become more independent.

- Socio-legal and health assistance for abused women seeking asylum.

**You must first make an appointment by phone :**

🕒 Monday, Tuesday, Thursday : 9am - 12pm / 2pm - 5pm  
Wednesday, Friday : 9am - 12pm

☎ 04 26 17 47 18

✉ [contact@passerellesbuissonnieres.org](mailto:contact@passerellesbuissonnieres.org)

🏠 26, rue des capucins **M A** Hôtel de ville

**No new arrivals in July and closed in August. Group and individual reception resumes in September.**

### CPCT

**For people over 18 years old.**

Free appointments. Appointments in English available. No medical prescriptions given.

🕒 Monday to Friday 10am-12pm / 2pm-5pm

🏠 84, rue de Marseille 69007 Lyon

**M D** Guillotière **T 2** Centre Berthelot

☎ 04 78 96 10 56

**Closed on July 14**

### L'ESPACE -ORSPERE SAMDARRA

Place for discussion, encounters and exchange. Various activities are available every month.

Available in English, Arabic, Tigrinya, Amharic..

🕒 Monday to Friday 2pm-5.30pm

🕒 Thursday 10am-1pm (women only)

🏠 La Rayonne - 24b rue Alfred de Musset

69100 Villeurbanne ☎ 07 61 07 89 12

**M A / T 3** Vaulx en Velin la soie

Calendar of activities available each month on :

🌐 [www.orspere-samdarra.com](http://www.orspere-samdarra.com)

**Closed on July 14, and from July 20 to August 18**

### MÉDECINS DU MONDE : LE BUS

**Open to all.**

Health prevention, healthcare, someone to talk to.

🕒 Tuesday and Thursday 7pm-10pm

🏠 Place Carnot 69002 **M A** Perrache

## DAY CENTERS



### AU TAMBOUR !

**For women without children.**

Daytime shelter and hospitality Listening, social interaction, respite, showers. Activities on registration. Participation of various other organisations.

🕒 Monday 2pm-5pm

🕒 Tuesday 12:30pm - 4pm

🕒 Wednesday 9:30am-1pm

🏠 95 rue Crillon **M A** Massena

🌐 Au Tambour [www.autambour.fr](http://www.autambour.fr)

### POINT ACCUEIL (LAHOS)

**- Isolated men over 25 years old :**

🕒 Monday, Thursday, Wednesday, Friday 9-12pm

**- Women an families :**

🕒 Monday, Wednesday, Friday 1:30pm-4:30pm

**- Only women with or without children :**

🕒 Thursday 1:30pm- 5pm

🏠 66, rue Etienne Richerand

**M B** Part Dieu

☎ 04 78 53 88 77

**Closed on July 14 and 18**

### ACCUEIL LE P.H.A.R.E.

**For families (2 people and more)**

Also provides day care services ( orientation, advice, activities...). Distribution of hygiene kits and laundry services (appointments are needed).

🕒 Monday to Friday 10am-4pm

🏠 Stade Georges Livet - 35, avenue Marcel Cerdan, Villeurbanne

**M A** Laurent Bonnevey

☎ 04 74 07 92 11

**Closed on thursday afternoon.**

### ACCUEIL SAINT ANDRÉ

**For isolated women and families with children.**

Access to hygiene products, social support, social worker available on site.

🕒 Wednesday, Thursday, Friday 1:30-4:30pm

🏠 2 Rue Félicité 69007 Lyon

✉ [adj.saintandre@gmail.com](mailto:adj.saintandre@gmail.com)

**M D** Guillotière , **T 1** saint André

**Closed from July 13 to September 5**



## **KABUBU**

Free weekly sports activities. On registration. Some activities are reserved for women (Yoga), other sports are mixed (muscle strengthening, running, basketball, badminton,...)

Registration : <https://www.kabubu.fr/fr/lyon>.  
+ info on ☎ 07 82 77 58 64  
or : 📱 Kabubu Lyon ✉ [lyon@kabubu.fr](mailto:lyon@kabubu.fr)

## **ESCALE SOLIDAIRE HABITAT ET HUMANISME**

Movie and snacks, sewing, choir, yoga, cooking, hairdresser, many different workshops.

Register at one of these addresses or on the website  
📄 <https://www.habitat-humanisme.org/ateliers/>

- 🏠 252 rue Duguesclin, 69003 LYON  
📍 **M B** Place Guichard **T 1** Palais de Justice  
☎ 04 81 09 16 93
- 🏠 5 rue Hector Berlioz 69100 Villeurbanne  
📍 **M A** / **M B** Charpennes  
☎ 09 74 13 73 23
- 🏠 25 rue delandine 69902 Lyon  
📍 **M A** Perrache  
☎ 09 82 81 35 90
- 🏠 2 place dumas de loire 69009 Lyon  
📍 **M D** Valmy  
☎ 09 82 81 49 72

## **BOXE ONLY FOR WOMEN AND LGBTQIA+ PEOPLE - ECG**

*For women and LGBTQIA+ people.*

Free boxing course.

🕒 Monday 6:30pm

🏠 45 rue Béchevelin 69 007 Lyon

📍 **M D** Guillotière

📍 **T 1** Saint André

*Dear moms ! We also think about your children. The well-being of your child is important so that you can also take care of yourself.*

*If you are looking for a place that offers activities for you and your child, it is right here:*

## **LIEUX D'ACCUEIL ENFANTS-PARENTS (LAEP, PARENT-CHILD CENTRE)**

- Spaces adapted for small children and childcare (games, motor function stimulation, ...)
- Support and assistance groups for parents
- Open to all parents with their children
- Anonymous, no registration required, usually free
- For children under 4 and up to 6 years old in some of the spaces
- Possible to meet with childcare professionals

There are over 10 of these child/parents sites in Lyon. You can find the whole list on the website : <https://lacausedesparents.org/les-lieux-daccueil-enfants-parents-laep-a-lyon/>

## **LES POINTS ACCUEIL INFORMATION PETITE ENFANCE (PAIPE)**

You can go to a PAIPE to get information on childcare options for your children.

The PAIPes provide information by phone or receive you by appointment.

There is a PAIPE in each town hall of the arrondissement For more information on the PAIPes in Lyon, consult this link: 📄 : <https://www.lyon.fr/demarche/petite-enfance/les-points-accueil-information-petite-enfance-paipe>

# VIOLENCE



**3919 FREE**

**24/7**

## VIFFIL - SOS FEMMES

**For women suffering domestic abuse.**

Assistance throughout the administrative and legal steps they take, welcoming space, listening ear, signposting, advice and accomodation.

Help for victims of abuse, mother - child shelters, legal information, support with access to accommodation.

To see all the VIFFIL's permanences, check the website <https://www.viffil.com/>

Contact VIFFIL via phone ☎ to know the conditions of reception in their various places or to make an appointment :

☎ 04 78 85 76 47 ✉ [viffil.association@viffil.com](mailto:viffil.association@viffil.com)

## CENTRE D'INFORMATION SUR LES DROITS DES FEMMES ET DES FAMILLES (CIDFF)

**For women victims of violence.**

Information about women's rights, support for parenthood, support for returning to work, support for starting a business

🕒 Monday to Thursday 9am-1pm / 1:45-5pm, Friday : 9am - 1pm

🏠 18, place Tolozan 69001 **M A** Hôtel de Ville

☎ 09 78 08 47 48

To see all the CIDFF centers in Rhône : <https://rhonearcalpin-interdepartemental.cidff.info/permanences-cidff/p-52>

## PASSERELLES BUISSONNIERES

**For isolated or exiled women and/ or overcoming health problems.**

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✉ [contact@passerellesbuissonnieres.org](mailto:contact@passerellesbuissonnieres.org)

🏠 26, rue des capucins **M A** Hôtel de ville

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# SEX WORK / PROSTITUTION



## CABIRIA

Global support for sex workers and prostitutes. Prevention and testing, administrative housing, legal aid (arrests, violence, abuse, discrimination, family rights), administrative support (PUMA & asylum procedures), financial help, french courses.

🕒 Without appointment : Monday 3pm-7pm,

🕒 With appointment:

Tuesday, Wednesday 10am-5pm,

Thursday 10am-7pm, Friday 10am-1pm

🕒 You can make an a appointment by phone

☎ 04 78 30 02 65

☎ Emergency number (24/7) : 06 07 62 26 59

🏠 5, quai André Lassagne 69001 Lyon

**M A** Hôtel de ville / **M C** Croix-Paquet

**Closed on July 14**

## AMICALE DU NID

Hospitality and assistance for persons in a situation of prostitution, former prostitutes or persons in danger of prostitution:

Access to rights, integration, domiciliation, health and mental health mediation, finding a path out of prostitution, workshop for transitioning towards working life.

🕒 Phone permanence :

Monday to Friday 9am-12pm/2pm-5pm,

Wednesday 9am-1pm

☎ 04 78 27 28 20

🏠 29 rue St Jean de Dieu, Batiment B,

Technopark 2, 69007 Lyon

**BUS 64** Carteret

**T 6** Arrêt Challemeil-Lacour **M B** Debourg

## MOUVEMENT DU NID - RHÔNE

Hospitality and assistance for persons in a situation of prostitution: listening, administrative assistance, access to rights, care, collective activities, social link, support to exit prostitution..

🏠 70 rue Rachais 69007

**M D** Garibaldi

🕒 You can come with no appointment :

Monday 2pm-5pm, Wednesday 10am-13 pm

☎ 06 33 40 94 98 (follow this number on

Whatsapp for more informations)

[accompagnement-69@mouvementdunid.org](mailto:accompagnement-69@mouvementdunid.org)

**Closed from July 17 to August 11**



Most of the medical organisations can provide an interpreter if you don't speak French well, so don't hesitate to ask them.

There is also a translation website in 39 languages for medical appointments which is accessible via the application or directly on the website: [www.traducmed.fr](http://www.traducmed.fr)

## The PASS



### Free medical consultations for people without health coverage.

- If you do not have a health coverage (CSS or AME), do not leave the hospital without seeing a social worker.

### HOPITAL EDOUARD HERRIOT

**For people over 16 years old.**

*General practitioners and social worker.*

No appointment needed for the first time, get there very early in the morning (from 6:30am)

🕒 Monday, Tuesday, Wednesday, Friday :

8:45am -12:30pm / 1:30pm- 4:30pm

🕒 Thursday : 8.45am-12:30pm

🏠 5, place d'Arsonval, Lyon (PAVILLON K)

**M D / T 2** Grange blanche

📞 04 72 11 03 94

**Closed on July 14**

### LE VINATIER

**For people over 16 years old.**

*General practitioners and social worker.*

Medical advice with no appointment needed :

🕒 Monday morning, Wednesday all day long, Thursday morning

🏠 95, boulevard Pinel 69500 Bron

**T 2 T 5 T 6** Vinatier

📞 04 37 91 52 07

**Closed on July 14**

### GHM - PORTES DU SUD

*A social worker and nurse are available on site, but only with an appointment..*

🕒 Monday to Friday 9am-5pm

📞 04 27 85 21 56

🏠 2, Avenue du 11 novembre 1918

69200 Vénissieux

**T 4** Hôpital Feyzin Vénissieux

### MÉDIPOLE HOPITAL MUTUALISTE

**For people over 18 years old.**

*General practitioners and treatment.*

An appointment is needed with the doctor but not with the nurse.

Available reception on site :

🕒 Reception on site : Monday, Tuesday, Thursday, Friday 8:30am-12pm.

📞 Phone reception 📞 04 87 65 01 87 : Monday to Thursday 8:30am-4pm

🏠 158 rue Léon Blum, 69100 Villeurbanne

**M A** Laurent Bonnevey / **T 3** Bel Air

**Closed on July 14**

## Medical organisations

### MÉDECINS DU MONDE : LE CASO

**For people without health insurance only.**

*Free medical appointments.*

🕒 Monday, Wednesday and Friday 9am

Come a little before the opening time .

🏠 15, boulevard Vivier Merle 69003 Lyon

**M B** Part-Dieu Vivier Merle 📞 04 72 92 49 01

**Closed on July 14.**

**Please call before coming, the information on the answering machine is up to date.**

### POLE SANTÉ SOLIDAIRE

**For people with or without medical coverage.**

*Interpreting possible. Medical consultations, general health, showers available.*

🕒 Doctor :

- Every Monday : 9am-12pm / 2pm-5pm : with or without appointment for people with or without health insurance

- Tuesday 9am-12pm / 2pm-5pm on appointment, only for people with health insurance

🕒 Midwife: Thursday, July 13 and 27 : 9:30am.- 1pm / 2pm-4 pm with an appointment

🕒 Dermatologist : free, for people with or without health insurance, you will need to make an appointment by calling (waiting time: 7-15 days) : available on July 26

🕒 PMI : Wednesday 9:30am-12:30pm no appointment needed

🕒 Sexual health advice and hepatitis/syphilis screening (AIDES): Tuesday, July 18, 2 pm-5 pm

🕒 Information for drug users (Pause Diabolo): Wednesday, July 26, 2 pm - 4:30 pm

🏠 40 avenue de la Table de Pierre 69 340 Francheville 📞 04 28 38 14 91

**C 24 / BUS 73** Hôpital Antoine Charial

**Closed on July 14.**

# STI/HIV screening

Your body can suffer from many diseases. Some are visible ( pimples, fever, redness...) and others are not (you may not even know that you are sick). That's why your body needs to be taken care of, looked at and checked by health professionals.

It is important to be tested. Screening is looking to see if you have a disease or not.

It can be done with a blood test, a smear (to find cervical cancer for example), a drop of blood on the finger, mammogram (photo of the breasts to find a breast cancer) etc... Many diseases are easily treated especially if they are detected as early as possible!

## CeGIDD :

- Medical testing for : HIV, Hepatitis A/B/C, chlamydia, syphilis
- Sexually Transmitted Infection care (such as PrEP) + vaccinations
- Make an **appointment**
- **by phone** (they receive a lot of calls, do not hesitate to call several times)
- for screening and vaccination, possibility to do it online on [www.chu-lyon.fr](http://www.chu-lyon.fr) - in the «dépi stage SIDA et IST» section -(Connect on Friday morning to have a slot for the following week)
- For emergencies, no appointment needed

## CEGIDD are closed on July 14

### - CEGIDD HÔPITAL EDOUARD HERRIOT

- 🕒 Monday, Tuesday, 8:30am-7pm
- 🕒 Wednesday, Thursday, Friday 8:30am-4pm
- Except Tuesday, July 25 (8:30am-4pm) and Monday, July 31 (8:30am-6pm)
- 🏠 (Pavillon K) 5 place Arsonval 69003 Lyon
- M D** Grange Blanche 📞 04 72 11 62 06

### - CEGIDD HÔPITAL CROIX ROUSSE

- Phone reception :
- 🕒 Monday to Thursday 10am-12:30pm / 2pm-4:30pm
- 🕒 Friday 11am-12:30pm / 2pm-4:30pm
- 📞 04 26 10 94 73
- 🏠 103, grande rue croix rousse **M C** Hénon

## MÉDECINS DU MONDE : LE CASO

*For people without health insurance only.*

*Free medical appointments.*

🕒 Monday, Wednesday and Friday 9am  
Come a little before the opening time .

🏠 15, boulevard Vivier Merle 69003 Lyon

**M B** Part-Dieu Vivier Merle 📞 04 72 92 49 01

**Closed on July 14.**

**Please call before coming, the information on the answering machine is up to date.**

## AIDES

- *Sexual Health assistance, rapid tests for HIV, hepatitis B or C, syphilis, general health support. Access to risk reduction material : condoms, injection material, snorting...*

🕒 Tuesday 2pm-7pm (on appointment)

- *Chemsex support group*

- *Advice on sexology,*

🕒 Once a month. You will need to make an appointment.

🏠 110 rue Sully, Lyon **M A** Masséna

📞 06 34 45 51 27 / 04 78 68 05 05

## DA TI SENI

*Information and screening for HIV /Hepatitis B and C screening by TROD. No appointment needed.*

🕒 Monday, Tuesday, Thursday 9am-4pm  
Wednesday 9am-12pm

🏠 in front of the Forum Réfugiés SPADA

336 rue Garibaldi, Lyon **M D** Garibaldi

🕒 1st Friday of the month

🏠 PIMMS, 1 place du 8 mai 1945 69008 Lyon

🕒 last Thursday of the month

🏠 PIMMS, 34 Rue de Narvik 69008 Lyon

📞 06 95 29 29 97 ✉ [datiseni@gmail.com](mailto:datiseni@gmail.com)

**Closed on July 14**

# Sexual and reproductive health

You can go to the family planners to :

- Meet a doctor specialized in female anatomy, pregnancy, contraception
- Talk about sexuality and relationships
- Talk about your pains,
- Talk about your desire not to have children, stop a pregnancy
- Talk about violence
- Screening for diseases: breast cancer, cervical cancer, HIV, Hepatitis...

It is free. There is also access to interpreters who speak your language!

### PLANNING FAMILIAL 69

🕒 Monday, Wednesday, Thursday 9am-12pm / 1pm-6pm, Tuesday 1pm-6pm  
Friday 9am-12pm / 1pm-4pm  
🏠 2, rue Lakanal 69100 Villeurbanne  
☎ 04 78 89 50 61 **T1** / **T4** le Tonkin  
✉ [contact@planningfamilial69.fr](mailto:contact@planningfamilial69.fr)  
*Closed on July 14*

### CPEF - HOPITAL EDOUARD HERRIOT

🏠 Hôpital HEH - Pavillon K  
5 place d'Arsonval, 69003 Lyon  
☎ 04 72 11 03 95  
**T2** / **M** **D** Grange Blanche

### CPEF LYON 7 - HÔPITAL SAINT-JOSEPH

#### SAINT-LUC

🏠 20 quai Claude Bernard, 69007 Lyon  
☎ 04 78 61 81 38  
**T1** Quai Claude Bernard

### CPEF - HOPITAL CROIX ROUSSE

🏠 103 Grande rue de la Croix-Rousse, 69004 Lyon  
**M** **C** Croix Paquet  
☎ 04 72 07 16 47

If it is too far from your home, you can find the list of the 17 CPEF of the city here :

📄 : <https://www.grandlyon.com/centres-de-planification-et-d-education-familiale.html>

## Pregnancy



If you are pregnant, you need to be followed up by a health professional and register at the maternity ward to give birth!

### PMI - INFANT AND CHILD PROTECTION

*Pregnancy monitoring, preparing for birth and parenting, and child healthcare up to 6 years old (growth, vaccinations...etc).*

The establishments (Maison de la Métropole) and open hours are available at: 📄 : <https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.htm>

### Pregnant from 0 to 3 month

#### PLANNING FAMILIAL 69

🕒 Monday, Wednesday, Thursday 9am-12pm / 1pm-6pm, Tuesday 1pm-6pm  
Friday 9am-12pm / 1pm-4pm

🏠 2, rue Lakanal 69100 Villeurbanne  
☎ 04 78 89 50 61 **T1** / **T4** le Tonkin  
✉ [contact@planningfamilial69.fr](mailto:contact@planningfamilial69.fr)  
*Closed on July 14*

### HOPITAL EDOUARD HERRIOT - PASS PERINATALITÉ

#### *Support during pregnancy.*

You will need an appointment  
🕒 Reception : Monday to Friday 9am-4pm.  
Closed on Thursday afternoon.  
☎ 04 72 11 25 91, a medical-social professional must make the 1st appointment.  
✉ [heh.passperinat@chu-lyon.fr](mailto:heh.passperinat@chu-lyon.fr)  
*Closed on July 14*

### MÉDIPOLE HOPITAL MUTUALISTE

#### *For people over 18 years old.*

*General practitioners and treatment.*  
An appointment is needed with the doctor but not with the nurse.  
Available reception on site :  
🕒 Reception on site : Monday, Tuesday, Thursday, Friday 8:30am-12pm.  
📞 Phone reception ☎ 04 87 65 01 87 :  
Monday to Thursday 8:30am-4pm  
🏠 158 rue Léon Blum, 69100 Villeurbanne  
**M** **A** Laurent Bonnevey / **T3** Bel Air  
*Closed on July 14*

### Pregnant from 3 to 6 month

#### LE VINATIER

#### *For people over 16 years old.*

*General practitioners and social worker.*  
Medical advice with no appointment needed :  
🕒 Monday morning, Wednesday all day long, Thursday morning  
🏠 95, boulevard Pinel 69500 Bron  
**T2** **T5** **T6** Vinatier ☎ 04 37 91 52 07  
*Closed on July 14*

### HOPITAL EDOUARD HERRIOT - PASS PERINATALITÉ

#### *Support during pregnancy.*

You will need an appointment  
🕒 Reception : Monday to Friday 9am-4pm.  
Closed on Thursday afternoon.  
☎ 04 72 11 25 91, a medical-social professional must make the 1st appointment.  
✉ [heh.passperinat@chu-lyon.fr](mailto:heh.passperinat@chu-lyon.fr)  
*Closed on July 14*



Call 15 or 18 or go to the hospital's  
obstetrical emergency ward



### **HOPITAL FEMME MERE ENFANT**

*Pediatric emergencies (-16 years old)*

🏠 59, boulevard Pinel 69500 Bron

🚇 **T 6** Hôpital Est Pinel

### **HOPITAL EDOUARD HERRIOT**

🏠 5, place d'Arsonval, Lyon (PAVILLON K)

🚇 **M D / T 2** Grange blanche

### **HOPITAL LYON SUD**

🏠 165 chemin du Grand Revoyet,  
69495 Pierre Bénite **BUS 88** Pavillon chirurgical

🚇 **C 7** Hôpital Lyon Sud

### **HOPITAL DE LA CROIX ROUSSE**

🏠 103 Grande rue de la Croix Rousse,

69004 Lyon **M C** Cuire

# Vaccination



The first prevention we do in a lifetime is the  
vaccination of babies.

It is important to get a recalls of the vaccinations

### **CDHS**

*Tuberculosis screening, vaccination (BCG and  
mandatory injections, quitting smoking.*

**CDHS of Lyon** (there are 6 in the Rhône area) :

🕒 Monday, Tuesday, Wednesday 8:30am-  
12:30pm / 1:30pm-5:30pm

🕒 Thursday 8:30am-12:30pm / 2:30pm-5:30pm

🕒 Friday 8:30am-12:30pm / 1:30pm-5pm

Make an appointment by phone

☎ 04 72 73 12 76 or online for BCG vaccination

🌐 : [www.cdhs](http://www.cdhs)

🏠 2, rue de Marseille **M D / T 1** Guillotière

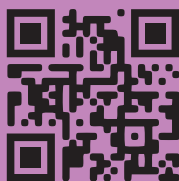
**Closed on July 14**

### **PMI - INFANT AND CHILD PROTECTION**

*Pregnancy monitoring, preparing for birth and  
parenting, and child healthcare up to 6 years old  
(growth, vaccinations...etc).*

The establishments (Maison de la Métropole)  
and open hours are available at: 🌐 : [https://  
www.grandlyon.com/services/trouver-une-  
maison-de-la-metropole.html](https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html)

For more information and addresses,  
download the complet guide :



**[www.watizat.org](http://www.watizat.org)**

You have a question ? Contact us :

**[lyon@watizat.org](mailto:lyon@watizat.org)**

Si vous êtes une organisation, association ou collectif,  
contactez nous pour commande des guides en version papier