

**WATZAT**

*Lyon*

**USEFUL ADDRESSES FOR  
EXILED WOMEN**

**MARCH 2023**

Prenez soin de vous... Une oreille, une écoute, des activités c'est par ici !

## LISTENING EAR

### **PASSERELLES BUISSONNIERES**

*Support for isolated or exiled women and/ or overcoming a health situation.*

- Individual or group support, social rights and health access, socio-professional integration, for more independent women.

- Socio-legal and health assistance for abused women seeking asylum.

Make an appointment via phone or mail :

🕒 Monday, Tuesday, Thursday : 9am - 12pm / 2pm - 5pm  
Wednesday, Friday : 9am - 12pm

☎ 04 26 17 47 18

✉ [contact@passerellesbuissonnieres.org](mailto:contact@passerellesbuissonnieres.org)

🏠 26, rue des capucins 69001 Lyon

**M A** Hôtel de ville

### **CPCT**

*Free consultations for people over 18 years old.*

*Consultations in English available.*

*No medical prescriptions given.*

🕒 Monday to Friday 10am-12pm / 2pm-5pm

🏠 84, rue de Marseille 69007 Lyon

**M D** Guillotière **T 2** Centre Berthelot

☎ 04 78 96 10 56

### **L'ESPACE - ORSPERE SAMDARRA**

*Place for conviviality, encounters and exchange.*

*Several activities are available every month.*

*Reception in English, Arabic, Tigrinya, Amharic.*

🕒 Monday to Friday 2pm-5.30pm

🕒 Thursday 10am-1pm (women only)

🏠 La Rayonne - 24b rue Alfred de Musset

69100 Villeurbanne ☎ 07 61 07 89 12

**M A** / **T 3** Vaulx en Velin la soie

Calendar of activities available each month on :

🌐 [www.orspere-samdarra.com](http://www.orspere-samdarra.com)

### **MÉDECINS DU MONDE : LE BUS**

*Health prevention, healthcare, someone to talk to. Open to all.*

🕒 Tuesday and Thursday 7pm-10pm

🏠 Place Carnot 69002 **M A** Perrache

## DAY CENTERS



### **AU TAMBOUR !**

*Day care for women not accompanied by children.*

*Listening, social interaction, respite, showers. Activities on registration. Permanences of associations.*

🕒 Monday 2pm-5pm, Tuesday 12:30pm - 3:30pm, Wednesday 9:30am-12:30pm

🏠 95 rue Crillon **M A** Massena

📍 Au Tambour [www.autambour.fr](http://www.autambour.fr)

### **POINT ACCUEIL (LAHSO)**

*Day center, administrative support.*

*- Women an families :*

🕒 Monday, Wednesday, Friday 1:30pm-4:30pm

*- Only women with or without children :*

🕒 Thursday 1:30pm- 5pm

🏠 66, rue Etienne Richerand **M B** Part Dieu

☎ 04 78 53 88 77

### **ACCUEIL LE P.H.A.R.E.**

*Only for families (2 people and more).*

*Day care services ( orientation, advice, activities...). Distribution of hygiene kits and laundry services (on appointment).*

🕒 Monday to Friday 10am-4pm

🏠 Stade Georges Livet - 35, avenue Marcel

Cerdan Villeurbanne **M A** Laurent Bonnevey

☎ 04 74 07 92 11

*Closed on thursday afternoon.*

### **ACCUEIL SAINT ANDRÉ**

*For single women and families with children.*

*Access to hygiene, social support, presence of a social worker.*

🕒 Wednesday, Thursday, Friday 1:30pm-4:30pm

🏠 2 Rue Féliissent 69007 Lyon

✉ [adj.saintandre@gmail.com](mailto:adj.saintandre@gmail.com)

**M D** Guillotière , **T 1** saint André

### **LA TOILE**

*For transgenders, non-binary people, and women : Welcome, orientation, access to hygiene products, snacks.*

🕒 Every first Thursday of the month: 2pm-5pm

🏠 231/233 rue Vendôme 69003 Lyon

**M B** Place Guichard



## KABUBU

Free weekly sports activities. On registration. Some activities are reserved for women (Yoga), other sports are mixed (muscle strengthening, running, basketball, badminton,...)

Registration : <https://www.kabubu.fr/fr/lyon>.

+ info on ☎ 07 82 77 58 64

or on Facebook : Kabubu Lyon

✉ [lyon@kabubu.fr](mailto:lyon@kabubu.fr)

## ESCALE SOLIDAIRE

### HABITAT ET HUMANISME

Movies, snacks, sewing, choir, yoga, cooking, hairdressing and many other activities. Register at one of these addresses or on the website:

📄 <https://www.habitat-humanisme.org/ateliers/>

- 🏠 252 rue Duguesclin, 69003 LYON
- Place Guichard Palais de Justice
- ☎ 04 81 09 16 93
- 🏠 78 rue Tronchet, 69006 LYON
- Masséna Vitton - Belges
- ☎ 09 74 19 03 47
- 🏠 25 rue delandine 69902 Lyon
- Perrache
- ☎ 09 82 81 35 90
- 🏠 2 place dumas de loire 69009 Lyon
- Valmy
- ☎ 06 65 75 81 32

## BOXE ONLY FOR WOMEN AND LGBTQIA+ PEOPLE - ECG

Free boxing course for women and LGBTQIA+ people

🕒 Monday 6:30pm

🏠 45 rue Béchevelin 69 007 Lyon

Guillotière

Saint André

## SINGA - LADY BLABLA

A little time dedicated to women, to chat around a hot drink or do a creative activity or sport.

🕒 Thursday 4:30-6:30 pm

To let them know you are coming: send a message (preferably on WhatsApp) to

☎ 06 09 53 77 58

🏠 227 cours Lafayette 69006 Lyon

Tiers Lafayette / Part Dieu

*Dear moms ! We also think about your children. The well-being of your child is important so that you can also take care of yourself.*

*If you are looking for a place that offers activities for you and your child, it is right here:*

## LIEUX D'ACCUEIL PARENTS-ENFANTS (LAEP)

- Spaces adapted for the young children (games, motor skills area, etc.).
- A place for parents to exchange and share ideas
- Open to all parents with their children
- Anonymous, without registration, generally free
- Children under 4 years old and up to 6 years old in some centers

There are more than 10 parent/child care centers in Lyon

You can consult them on the website : <https://lacausedesparents.org/les-lieux-daccueil-enfants-parents-laep-a-lyon/>

## LES POINTS ACCUEIL INFORMATION PETITE ENFANCE (PAIPE)

You can go to a PAIPE to get information on childcare options for your children.

The PAIPEs provide information by phone or receive you by appointment.

There is a PAIPE in each town hall of the arrondissement For more information on the PAIPEs in Lyon, consult this link: 📄 : <https://www.lyon.fr/demarche/petite-enfance/les-points-accueil-information-petite-enfance-paipe>

# VIOLENCE



**3919 FREE**

**24/7**

## VIFFIL - SOS FEMMES

Assists women suffering domestic abuse all through their procedures, offer a welcoming space, attentive listening, orientation and accomodation.

Help for victims of abuse, mother - children centers, legal information, support with access to accommodation.

To see all the VIFFIL's permanences, check the website <https://www.viffil.com/>

Contact VIFFIL via phone ☎ to get all the access information or to book an appointment :

☎ 04 78 85 76 47

✉ [viffil.association@viffil.com](mailto:viffil.association@viffil.com)

## CENTRE D'INFORMATION SUR LES DROITS DES FEMMES ET DES FAMILLES (CIDFF)

Information about women's rights, support for women victims of violence, support for parenthood, support for returning to work, support for starting a business

🕒 Monday to Thursday 9am-1pm / 1:45-5pm, Friday : 9am - 1pm

🏠 18, place Tolozan 69001 **M A** Hôtel de Ville

☎ 09 78 08 47 48

To see all the CIDFF centers in Rhône : <https://rhonearcalpin-interdepartemental.cidff.info/permanences-cidff/p-52>

## PASSERELLES BUISSONNIERES

Support for isolated or exiled women and/ or overcoming a health situation.

- Socio-legal and health assistance for abused women seeking asylum.

Make an appointment via phone or mail :

🕒 Monday, Tuesday, Thursday : 9am - 12pm / 2pm - 5pm Wednesday, Friday : 9am - 12pm

☎ 04 26 17 47 18

✉ [contact@passerellesbuissonnieres.org](mailto:contact@passerellesbuissonnieres.org)

🏠 26, rue des capucins 69001 Lyon

**M A** Hôtel de ville

# SEX WORK / PROSTITUTION



## CABIRIA

Global support for sex workers and prostitutes. Prevention and testing, administrative housing, legal aid (arrests, violence, abuse, discrimination, family rights), administrative support (PUMA & asylum procedures), financial help, french courses.

🕒 Without appointment : Monday 3pm-7pm,

🕒 With appointment:

Tuesday, Wednesday 10am-5pm,

Thursday 10am-7pm, Friday 10am-1pm

🕒 You can make an appointment by phone

☎ 04 78 30 02 65

☎ Emergency number (24/7) : 06 07 62 26 59

🏠 5, quai André Lassagne 69001 Lyon

**M A** Hôtel de ville / **M C** Croix-Paquet

## AMICALE DU NID

- Reception and assistance to persons in a situation of prostitution, former prostitutes or persons in danger of being prostitutes: access to rights, integration, domiciliation, health and mental health mediation, pathway out of prostitution, workshop for transition to active life.

Phone permanence :

🕒 Monday to Friday 9am-12pm/2pm-5pm

Wednesday 9am-1pm

☎ 04 78 27 28 20

- Day center without appointment : place of respite, administrative procedures, social orientation, health prevention :

🕒 Monday 9am-11:30 am, Wednesday,

Thursday 2pm-5 pm

🏠 29 rue St Jean de Dieu, Batiment B,

Technopark 2, 69007 Lyon **Bus 64** Carteret

**T 6** Arrêt Challemeil-Lacour **M B** Debourg

## MOUVEMENT DU NID - RHÔNE

Reception and accompaniment of people in a situation of prostitution: listening, administrative assistance, access to rights, care, collective activities, social link, support to exit prostitution..

🏠 70 rue Rachais 69007 **M D** Garibaldi

🕒 Reception without appointment :

Monday 2pm-7pm, Tuesday 5:30pm-7pm,

Wednesday 10am-12:30 pm

☎ 06 33 40 94 98

[Accompagnement-69@mouvementdunid.org](mailto:Accompagnement-69@mouvementdunid.org)



## The PASS



### Free medical consultations for people without health coverage.

- If you do not have a health coverage (CSS or AME), do not leave the hospital without seeing a social worker.
- Being accompanied by a French-speaking person can help.
- The translation website Traducmed (39 languages) is very useful for medical appointments : [www.traducmed.fr](http://www.traducmed.fr)

### HOPITAL EDOUARD HERRIOT

*For people over 16 years old.  
No appointment needed for the first time, get there very early in the morning (from 6:30am)*

- ⌚ Monday, Tuesday, Wednesday, Friday : 8:45am -12:30pm / 1:30pm- 4:30pm
- ⌚ Thursday : 8.45am-12:30pm / 1:30pm-2 pm
- 📍 5, place d'Arsonval, Lyon (PAVILLON K)
- M D** / **T 2** Grange blanche
- ☎ 04 72 11 03 94

### LE VINATIER

*General practice and social worker.*  
- Consultation without appointment :  
⌚ monday morning, wednesday morning, thursday morning  
📍 95, boulevard Pinel 69500 Bron  
**T 2** **T 5** **T 6** Vinatier  
☎ 04 37 91 52 07

### MÉDIPOLE HOPITAL MUTUALISTE

*General practice and nurse care for people over 18 years old. On appointment with the doctor and without appointment with the nurse.*  
- Reception on site :  
⌚ Monday, Tuesday, Thursday, Friday 8:30am-12pm.  
- Secretariat :  
⌚ Monday to Friday 8:30am-4pm  
☎ 04 87 65 01 87  
📍 158 rue Léon Blum, 69100 Villeurbanne  
**M A** Laurent Bonneval / **T 3** Bel Air

### HÔPITAL SAINT-JOSEPH SAINT-LUC

*General practice and nurse care.  
On appointment.*  
⌚ Monday, Tuesday, Thursday 8:30am-12pm / 1:30pm - 3:30pm.  
📍 38, rue Raulin 69007 Lyon  
**T 1** Quai Claude Bernard  
☎ 04 78 61 88 70 (leave a message to get a call back).  
**Closed on March 16, and afternoons on March 20, 23 and 28.**

### GHM - PORTES DU SUD

*Presence of a social worker and nurse  
Only on appointment.*  
⌚ Monday to Thursday 9am-4pm  
☎ 04 27 85 21 56  
📍 2, Avenue du 11 novembre 1918 69200 Vénissieux  
**T 4** Hôpital Feyzin Vénissieux

## Medical organisations

### MÉDECINS DU MONDE : LE CASO

*Free medical consultations, for people without health insurance only.*  
⌚ Monday, Friday 9am, Wednesday 1:30pm.  
Arrive at opening.  
📍 15, boulevard Vivier Merle 69003 Lyon  
☎ 04 72 92 49 01  
**M B** Part-Dieu Vivier Merle

### POLE SANTÉ SOLIDAIRE

*Medical consultations and nursing care, general health. For people with or without medical coverage. Interpretation possible.*  
⌚ Nurse: Monday to Friday 8:30am-4:30pm  
⌚ Doctor :  
- For people without health insurance : Monday 9am-12pm/ 2pm-5pm without appointment  
- For people with health insurance : Tuesday 9am-12pm / 2pm-5pm on appointment  
⌚ Midwife: Thursday March 9 and 23 (every other Thursday) : 9:30am.-1pm / 2pm-4 pm.  
On appointment  
⌚ Dermatologist : free and unconditional consultations, make an appointment by phone (waiting time: 7-15 days)  
📍 40 avenue de la Table de Pierre 69 340 Francheville  
☎ 04 28 38 14 91  
**C 24** / **BUS 73** Hôpital Antoine Charial

# STI/HIV screening

Your body can suffer from many diseases. Some are visible ( pimples, fever, redness...) and others are not (you may not even know that you are sick). That's why your body needs to be taken care of, looked at and checked by health professionals.


It is important to be tested. Screening is looking to see if you have a disease or not.

It can be done with a blood test, a smear (to find cervical cancer for example), a drop of blood on the finger, mammogram (photo of the breasts to find a breast cancer) etc... Many diseases are easily treated especially if they are detected as early as possible!


## CeGIDD :

- Medical testing for : HIV, Hepatitis A/B/C, chlamydia, syphilis
- Sexually Transmitted Infection care (as PrEP) + vaccinations
- **Appointment by phone** (they receive a lot of calls, do not hesitate to call many time)
- **OR online** at [www.chu-lyon.fr](http://www.chu-lyon.fr) - in the «dépistage SIDA et IST» category-(Connect on Friday morning to have a slot for the following week)
- For emergencies, no appointment needed.

## - CEGIDD HÔPITAL EDOUARD HERRIOT

- 🕒 Monday, Tuesday, Thursday 8:30am-7pm
- 🕒 Wednesday and Friday 8:30am-4pm
- ☎ 04 72 11 62 06
- 🏠 (Pavillon K) 5 place Arsonval 69003 Lyon
-  Grange Blanche

## - CEGIDD HÔPITAL CROIX ROUSSE


- 🕒 Monday, Tuesday, Wednesday 10am-5pm
- 🕒 Thursday 10am-5pm
- 🕒 Friday 11am-4:30pm,
- ☎ 04 26 10 94 73
- 🏠 103, grande rue croix rousse 69004 Lyon
-  Hénon

## MÉDECINS DU MONDE : LE CASO

Free medical consultations, for people without health insurance only.

- 🕒 Monday and Friday 9am
- 🕒 Wednesday 1:30pm.

Arrive at opening.


- 🏠 15, boulevard Vivier Merle 69003 Lyon
- ☎ 04 72 92 49 01
-  Part-Dieu Vivier Merle

## AIDES

- Sexual Health assistance, full screening for Sexually Transmissible Infections, general health support. Access to risk reduction material : condoms, injection material, snorting...

- 🕒 Tuesday 2pm-7pm (on appointment)

- Consultations in sexology,

- 🕒 Once a month. By appointment only.
- 🏠 110 rue Sully, Lyon
-  Masséna
- ☎ 06 34 45 51 27 / 04 78 68 05 05

## DA TI SENI

Information and screening on HIV / Hepatitis B and C screening by TROD without appointment.

- 🕒 Monday, Thursday 9am-4pm
- 🕒 Tuesday and Friday 9am-12pm
- 🏠 in front of SPADA Forum Réfugiés 336 rue Garibaldi, Lyon
-  Garibaldi
- ☎ 06 95 29 29 97 ou 04 78 00 10 39
- ✉ [datiseni@gmail.com](mailto:datiseni@gmail.com)

# Sexual and reproductive health

You can go to the family planners to :

- Meet a doctor specialized in female anatomy, pregnancy, contraception
- Talk about sexuality and relationships
- Talk about your pains,
- Talk about your desire not to have children, stop a pregnancy
- Talk about violence
- Screening for diseases: breast cancer, cervical cancer, HIV, Hepatitis...

It is free. There is also access to interpreters who speak your language!

**PLANNING FAMILIAL 69**

🕒 Monday, Wednesday, Thursday 9am-12pm / 1pm-6pm, Tuesday 1pm-6pm  
 Friday 9am-12pm / 1pm-4pm  
 🏠 2, rue Lakanal 69100 Villeurbanne  
 ☎ 04 78 89 50 61 **T 1** / **T 4** le Tonkin  
 ✉ [contact@planningfamilial69.fr](mailto:contact@planningfamilial69.fr)  
*(May be closed some days in March, please call before coming).*

**CPEF - HOPITAL EDOUARD HERRIOT**

🏠 Hôpital HEH - Pavillon K  
 5 place d'Arsonval, 69003 Lyon  
 ☎ 04 72 11 03 95  
**T 2** / **M D** Grange Blanche

**CPEF LYON 7 - HÔPITAL SAINT-JOSEPH SAINT-LUC**

🏠 20 quai Claude Bernard, 69007 Lyon  
 ☎ 04 78 61 81 38  
**T 1** Quai Claude Bernard

**CPEF - HOPITAL CROIX ROUSSE**

🏠 103 Grande rue de la Croix-Rousse, 69004 Lyon  
**M C** Croix Paquet  
 ☎ 04 72 07 16 47

If it is too far from your home, you can find the list of the 17 CPEF of the city here :

📄 : <https://www.grandlyon.com/centres-de-planification-et-d-education-familiale.html>



# Pregnancy

If you are pregnant, you need to be followed up by a health professional and register at the maternity ward to give birth!

**PMI - INFANT AND CHILD PROTECTION**

*Pregnancy monitoring, preparing for birth and parenting, and child healthcare up to 6 years old (growth, vaccinations...etc).*

The establishments (Maison de la Métropole) and open hours are available at: 📄 : <https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html>

**Pregnant from 0 to 3 month****PLANNING FAMILIAL 69**

🕒 Monday, Wednesday, Thursday 9am-12pm / 1pm-6pm 🕒 Tuesday 1pm-6pm  
 🕒 Friday 9am-12pm / 1pm-4pm  
 🏠 2, rue Lakanal 69100 Villeurbanne  
 ☎ 04 78 89 50 61 **T 1** / **T 4** le Tonkin  
 ✉ [contact@planningfamilial69.fr](mailto:contact@planningfamilial69.fr)  
*(May be closed some days in March, please call before coming).*

**HOPITAL EDOUARD HERRIOT - PASS PERINATALITÉ**

*Support during pregnancy. On appointment*  
 🕒 Reception : Monday to Friday 9am-4pm.  
 Closed on Thursday afternoon.  
 ☎ 04 72 11 25 91, a medical-social professional must make the 1st appointment.  
 ✉ [heh.passperinat@chu-lyon.fr](mailto:heh.passperinat@chu-lyon.fr)

**MÉDIPOLE HOPITAL MUTUALISTE**

*General practice and nurse care for people over 18 years old (from 16 years old if pregnant). On appointment with the doctor and without appointment with the nurse.*  
 - Reception on site : 🕒 Monday, Tuesday, Thursday, Friday 8:30am-12pm.  
 - Secretariat : 🕒 Monday to Friday 8:30am-4pm  
 ☎ 04 87 65 01 87  
 🏠 158 rue Léon Blum, 69100 Villeurbanne  
**M A** Laurent Bonnevey / **T 3** Bel Air

**Pregnant from 3 to 6 month****LE VINATIER**

*General practice and social worker. Starting from 15 years and 3 month*  
 - Consultation without appointment :  
 🕒 Monday morning, Wednesday morning, Thursday morning  
 🏠 95, boulevard Pinel 69500 Bron  
**T 2 T 5 T 6** Vinatier  
 ☎ 04 37 91 52 07

**HOPITAL EDOUARD HERRIOT - PASS PERINATALITÉ**

*Support during pregnancy. On appointment*  
 🕒 Reception : Monday to Friday 9am-4pm.  
 Closed on Thursday afternoon.  
 ☎ 04 72 11 25 91, a medical-social professional must make the 1st appointment.  
 ✉ [heh.passperinat@chu-lyon.fr](mailto:heh.passperinat@chu-lyon.fr)

**Pregnant : 3rd semester****Call 15 or 18 or go to the hospital's  
obstetrical emergency ward****HOPITAL FEMME MERE ENFANT***Pediatric emergencies (-16 years old)*

🏠 59, boulevard Pinel 69500 Bron

T 6 Hôpitaux Est Pinel

**HOPITAL EDOUARD HERRIOT**

🏠 5, place d'Arsonval, Lyon (PAVILLON K)

M D / T 2 Grange blanche

**HOPITAL LYON SUD**🏠 165 chemin du Grand Revoyet,  
69495 Pierre Bénite BUS 88 Pavillon chirurgical

C 7 Hôpital Lyon Sud

**HOPITAL DE LA CROIX ROUSSE**🏠 103 Grande rue de la Croix Rousse,  
69004 Lyon M C Cuire

# Vaccination



The first prevention we do in a lifetime is the vaccination of babies.

It is important to get a recalls of the vaccinations

**CDHS (THERE ARE 6 IN THE RHÔNE AREA)***Tuberculosis screening, vaccination (BCG and mandatory vaccins. CDHS of Lyon :*

🕒 Monday, Tuesday, Wednesday 8:30am-12:30pm / 1:30pm-5:30pm

🕒 Thursday 8:30am-12:30pm / 2:30pm-5:30pm

🕒 Friday 8:30am-12:30pm / 1:30pm-5pm

Appointment by phone 📞 04 72 73 12 76  
or online for BCG vaccination 🌐 : [www.cdhs.fr](http://www.cdhs.fr).

🏠 2, rue de Marseille 69007 Lyon

M D / T 1 Guillotière

**PROTECTION MATERNELLE ET  
INFANTILE (PMI)***Vaccination for your child of less than 6 years,**it is done at the PMI. To find the addresses  
(Maisons de la Métropole) go on this website :*🌐 : [https://www.grandlyon.com/services/  
trouver-une-maison-de-la-metropole.html](https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html)**For more information and addresses,  
download the complet guide :****[www.watizat.org](http://www.watizat.org)****You have a question ? Contact us :****[lyon@watizat.org](mailto:lyon@watizat.org)**Si vous êtes une organisation, association ou collectif,  
contactez nous pour commande des guides en version papier