

WATIZAT

Lyon

**USEFUL ADDRESSES FOR
EXILED WOMEN**

APRIL 2024

Take care of yourself... A listening ear, activities, it's all here!



LISTENING EAR

PASSERELLES BUISSONNIERES

Support for women in social isolation or affected by changes in their work and social environment due to exile and/or health problems

- Individual or group support, follow-up, social rights and health access, socio-professional integration, all to help women become more independent.

- Socio-legal and health assistance for abused women seeking asylum.

You must first make an appointment by phone :

☎ Monday, Tuesday, Thursday : 9am - 12pm / 2pm - 5pm Wednesday, Friday : 9am - 12pm
☎ 04 26 17 47 18

✉ contact@passerellesbuissonnieres.org

🏠 26, rue des capucins 69001 Lyon

M A Hôtel de ville

CPCT - PSYCHOLOGY CONSULTATIONS

For people over 18 years old. Free appointments. Appointments in English available. No medical prescriptions given.

☎ Monday to Friday 10am-12pm / 2pm-5pm
Closed on May the 1st

☎ 04 78 96 10 56

🏠 84, rue de Marseille 69007 Lyon

M D Guillotière **T 2** Centre Berthelot

L'ESPACE -ORSPERE SAMDARRA

Place for discussion, encounters and exchange. Various activities are available every month. Available in English, Arabic, Tigrinya, Amharic, Italian, Dari and Pashto.

☎ Monday to Friday 2pm-5.30pm

☎ 07 61 07 89 12

🏠 La Rayonne - 24b rue Alfred de Musset

Villeurbanne **M A** / **T 3** Vaulx en Velin la soie

Closed from April the 9th to the 12th

After April the 15th, open at :

🏠 275 rue André Philip, Lyon

M B Place Guichard

Schedule of activities available at the beginning of each month at www.orspere-samdarra.com



DAY CENTERS



AU TAMBOUR !

Daytime shelter and hospitality. Listening, social interaction, rest, showers. Activities and care on registration.

For people self-defined as women. Minors are not accepted.

☎ Monday 2:30pm-5:30pm, Tuesday 1:30pm - 4:30pm, Wednesday 10am-1pm

☎ Monday 2pm-2:30pm, Tuesday 1pm -1:30pm
for newcomers

☎ 06 77 08 09 15 **Closed on May the 1st**

📧 Au Tambour www.autambour.fr

🏠 95 rue Crillon **M A** Massena



LA TOILE

Day center for transgender people, non-binary people and women in precarious situations.

Monthly hygiene kits, PRM shower, respite and listening area, snacks, referrals.

☎ Monday 4pm-7pm (for 18-35 years old only)

☎ Wednesday : 10am-1pm

☎ Thursday 1pm-4pm (1st half an hour for new people)

☎ 06 50 92 81 22 **Closed on May the 1st**

🏠 31 rue de cuire, 69004 Lyon. **M C** Henon



POINT ACCUEIL (LAHOS)

- Women and families :

☎ Wednesday, Friday 1:30pm-4:30pm

☎ Monday 1:30-4:30pm at 🏠 21 rue d'Aubigny

M B Part Dieu

- Only women with or without children :

☎ Thursday 1:30pm- 5pm

Closed on May the 1st

☎ 04 78 53 88 77

🏠 66, rue Etienne Richerand **M B** Part Dieu



ACCUEIL SAINT ANDRÉ

Access to hygiene products, social support

For isolated women and families with children.

☎ Wednesday, Thursday, Friday 1:30-4:30pm

Closed on May the 1st

🏠 2 Rue Félicité 69007 Lyon

✉ adj.saintandre@gmail.com

M D Guillotière , **T 1** saint André



ACCUEIL LE P.H.A.R.E.

Assistance, advice, activities, breakfast...

Distribution of hygiene kits and laundry services

(appointments are needed). **For families (2 people**

and more)

☎ Monday to Friday 10am-4pm. Closed on Thursday afternoon. **Closed on May the 1st**

☎ 04 74 07 92 11

🏠 Stade Georges Livet - 35, avenue Marcel Cerdan, Villeurbanne **M A** Laurent Bonneval



ACTIVITIES

KABUBU

Free weekly sports activities. On registration. Some activities are reserved for women (Yoga), other sports are mixed (muscle strengthening, running, basketball, badminton,...)

☎ Fitness (women only) : Monday 9am to 10am

🏠 Espace de Vie Sociale des Rancy, 1 Rue Desaix 69003 Lyon

☎ Basketball (women only): Tuesday 8pm to 9pm

🏠 Gymnase française héritier 2 rue du Pré Gaudry 69007 Lyon

☎ Yoga (women only) : 6pm to 8pm

🏠 The château Gaillard school gym, 18 rue montgolfier, Villeurbanne

☎ Soft Gym (women only) Thursday 2:30-3:30pm

🏠 Espace de Vie Sociale des Rancy, 1 Rue Desaix 69003 Lyon

Registration : <https://www.kabubu.fr/fr/lyon>.

+ info on ☎ 07 82 77 58 64

or : 📧 Kabubu Lyon ✉ lyon@kabubu.fr

No activities during the holidays from April 15th to the 28th

ESCALE SOLIDAIRE

HABITAT ET HUMANISME

Movie and snacks, sewing, choir, yoga, cooking, hairdresser, many different workshops.

Activities are free and meals cost 2 euros

Register at one of these addresses or on the website

📧 <https://www.habitat-humanisme.org/ateliers/>

• ☎ Lunch between women, April 12th and 26th at 12pm-2pm.

🏠 252 rue Duguesclin, 69003 LYON

M B Place Guichard **T 1** Palais de Justice

☎ 04 81 09 16 93

• ☎ Cooking workshop and lunch for families, Saturday April 6th and 20th at 9:30am-3:30pm

🏠 25 rue delandine 69902 Lyon

M A Perrache ☎ 09 82 81 35 90



WOMAN OF SINGA - MONINGA

Cultural activities and events all year round! The programme is open to all women.

To join the WhatsApp group and be updated on all events and activities, send a message to Fatimazahra: ☎ 06 09 53 77 85

🏠 18 Rue Gabriel Péri, 69350 Oullins

M B Gare d'Oullins / **BUS 15** Gare d'Oullins



CHILDREN / FAMILY

Dear moms ! The well-being of your child is important so that you can also take care of yourself.

If you are looking for a place that offers activities for you and your child, it is right here:

LIEUX D'ACCUEIL ENFANTS-PARENTS (LAEP, PARENT-CHILD CENTRE)

- Spaces adapted for small children and childcare (games, motor function stimulation, ...)
- Support and assistance groups for parents
- Open to all parents with their children
- Anonymous, no registration required, usually free
- For children under 4 and up to 6 years old in some of the spaces
- Possible to meet with childcare professionals

There are over 10 of these child/parents sites in Lyon. You can find the whole list on the website : <https://lacausedesparents.org/les-lieux-daccueil-enfants-parents-laep-a-lyon/>

LES POINTS ACCUEIL INFORMATION PETITE ENFANCE (PAIPE)

You can go to a PAIPE to get information on childcare options for your children. The PAIPES provide information by phone or receive you by appointment. There is a PAIPE in each town hall of the arrondissement For more information on the PAIPES in Lyon, consult this link: <https://www.lyon.fr/demarche/petite-enfance/les-points-accueil-information-petite-enfance-paipe>

LE VINATIER**For people over 16 years old.**

General practitioners and social worker.

Medical advice with no appointment needed :

⌚ Monday Wednesday, 9am-12pm/1:30pm-5pm

⌚ Thursday : 9am-12pm (come at 8am-8:30am)

Closed on April 22, 24, 25th and May the 1st

📍 95, boulevard Pinel 69500 Bron

T 2 T 5 T 6 Vinatier ☎ 04 37 91 52 07**GHM - PORTES DU SUD**

On appointment

Closed from April 15th to 26th and May the 1st⌚ **Secretariat:** Monday, Tuesday and Thursday

9am-4pm ☎ 04 72 89 86 03

⌚ **Social Service:** Monday to Thursday 9am-

4pm ☎ 04 27 85 21 56

⌚ **Infirmary:** Tuesday, Thursday and every other Wednesday (even weeks) 9.30am-5pm

☎ 04 27 85 21 56

📍 2, Avenue du 11 novembre 1918, Vénissieux

T 4 Hôpital Feyzin Vénissieux**MÉDIPOLE HOPITAL MUTUALISTE****For people over 18 years old.**

No appointment needed to see the nurse.

To see the doctor make an appointment by phone or on site.

⌚ Nurse : Monday, Tuesday, Thursday, Friday 8:30am-12pm.

⌚ Phone reception : Monday to Thursday 8:30am-4pm.

☎ 04 87 65 01 87. **Closed on May the 1st**

📍 158 rue Léon Blum, 69100 Villeurbanne

M A Laurent Bonnevey / **T 3** Bel Air**HÔPITAL SAINT-JOSEPH SAINT-LUC**

On appointment. 2 months waiting time

⌚ Monday, Tuesday, Thursday 8:30am-12pm / 1:30pm - 3:30pm.

📍 38 rue Raulin, Lyon **T 1** Quai Claude Bernard

☎ 04 78 61 88 70 (leave a message to get a call back).

Medical organisations**MÉDECINS DU MONDE : LE CASO****For people without health insurance only.**

Free medical appointments.

⌚ Monday, Wednesday and Friday 9am

⌚ Monday and Friday at 9am, and Wednesday at 1:30pm **Closed on May 1st**

Come a little before the opening time .

📍 15, boulevard Vivier Merle 69003 Lyon

☎ 04 72 92 49 01 **M B** Part-Dieu Vivier Merle**VIOLENCE****N°for Abused women.****3919 FREE - 24/7****VIFFIL - SOS FEMMES****For women suffering domestic abuse.**

Assistance throughout the administrative and legal steps they take, welcoming space, listening ear, signposting, advice and accomodation.

Help for victims of abuse, mother - child shelters, legal information, support with access to accommodation.

To see all the VIFFIL's permanences, check the website <https://www.viffil.com/contact-viffil/> Contact VIFFIL via phone ☎ to know the conditions of reception in their various places or to make an appointment :☎ 04 78 85 76 47 ✉ viffil.association@viffil.com**CENTRE D'INFORMATION SUR LES DROITS DES FEMMES ET DES FAMILLES (CIDFF)****For women victims of violence.**

Information about women's rights, support for parenthood, support for returning to work, support for starting a business

⌚ Monday to Thursday 9am-1pm / 1:45-5pm, Friday : 9am - 1pm

📍 18, place Tolozan 69001 **M A** Hôtel de Ville

☎ 09 78 08 47 48

To see all the CIDFF centers in Rhône : <https://rhonearcaplin-interdepartemental.cidff.info/permanences-cidff/p-52>**Closed on May the 1st****LES ORCHIDÉES ROUGES****No new patients, except for emergencies**

Multifaceted care unit specialized in the free assistance and follow-ups for women and girls who have survived female circumcision and/or forced marriage. You must make an appointment by phone.

⌚ Monday to Friday 9am-1pm / 2pm-5pm

☎ 06 67 36 50 71

📍 13 rue Henri IV 69002 Lyon

M A Ampère / Perrache**AIMEL+**

Support and inclusion of LGBTQIA+ migrants and exiles : support for the asylum application process, assistance, discussion and company, information and orientation on the structures that help asylum seekers, towards the LGBTI outreach spaces, medical information (sexual and mental health in particular). In Lyon and also in the region..

Contact in French, English, Spanish and Arabic.

⌚ Second Monday of the month (April 8th) 4pm-7pm

📍 110 Rue Sully, 69006 Lyon (Association AIDES) **M A** Masséna

⌚ Last Saturday of the month (April 27th) : 10am-1pm

📍 19 rue des Capucins, 69001 Lyon (Centre LGBTI) **M A** Hôtel de villeMake an appointment on : **f** Aimel +✉ aimel.association@gmail.com**SEX WORK / PROSTITUTION****CABIRIA**

Global support for sex workers and prostitutes. Prevention and testing, administrative housing, legal aid (arrests, violence, abuse, discrimination, family rights), administrative support (PUMA & asylum procedures), financial help, french courses.

⌚ Without appointment : Monday 2pm-6pm,

⌚ With appointment:

Tuesday, Wednesday 10am-5pm,

Thursday 10am-7pm, Friday 10am-1pm

⌚ You can make an appointment by phone

☎ 04 78 30 02 65

📍 5, quai André Lassagne 69001 Lyon

M A Hôtel de ville / **M C** Croix-Paquet

Emergency number (24/7) : ☎ 06 07 62 26 59

AMICALE DU NID

Hospitality and assistance for persons in a situation of prostitution, former prostitutes or persons in danger of prostitution: Access to rights, integration, domiciliation, health and mental health mediation, finding a path out of prostitution, workshop for transitioning towards working life.

⌚ **Phone permanence :**

Monday, tuesday, thursday, friday : 9am-12pm

/1:30pm-5pm

Tuesday 9am-12pm / 1:30-6pm

Wednesday 9am-11:30am

⌚ **Day center :**

Monday 9am-11:30am (without children)

Wednesday 9am-11:30am

Thursday 2pm-5pm (without children)

☎ 04 78 27 28 20

Closed on May the 1st.

☎ 04 78 27 28 20

📍 29 rue St Jean de Dieu, Batiment B, Technopark 2, 69007 Lyon **BUS** 64 Carteret **T 6** Arrêt Challemeil-Lacour **M B** Debourg**MOUVEMENT DU NID - RHÔNE**

Hospitality and assistance for persons in a situation of prostitution: listening, administrative assistance, access to rights, care, collective activities, social link, support to exit prostitution..

📍 70 rue Rachais 69007 **M D** Garibaldi

⌚ You can come with appointment :

Monday to friday

☎ 06 33 40 94 98 (follow this number on

Whatsapp for more informations)

accompagnement-69@mouvementdunid.org**HEALTHCARE****The PASS****Free medical consultations for people****without health coverage.** If you do not have a health coverage (CSS or AME), do not leave the hospital without seeing a social worker.**HOPITAL EDOUARD HERRIOT****For people over 16 years old.**

General practitioners and social worker.

No appointment needed for the first time, get there very early in the morning (from

6:30am or even earlier) ⌚ Monday, Tuesday, Wednesday, Friday : 8:45am -12:30pm /

1:30pm- 4:30pm ⌚ Thursday : 8.45am-12:30pm

📍 5, place d'Arsonval, Lyon (PAVILLON K)

M D / T 2 Grange blanche ☎ 04 72 11 03 94**Receive only 2 new patients per day only on****Monday Wednesday Friday****No doctors on april 3, 8 and 19th. Closed on****May 1st**

Pregnant from 3 to 6 month**HOPITAL EDOUARD HERRIOT - PASS****PERINATALITÉ****Support during pregnancy.**

You will need an appointment

⌚ Reception : Monday to Friday 9am-4pm.

Closed on Thursday afternoon.

☎ 04 72 11 25 91, a medical-social professional must make the 1st appointment.

✉ heh.passperinat@chu-lyon.fr**Pregnant : 3rd trimester****Call 15 or 18 or go to the hospital's obstetrical emergency ward****HOPITAL FEMME MERE ENFANT**

Pediatric emergencies (-16 years old)

🏠 59, boulevard Pinel 69500 Bron

T 6 Hôpitaux Est Pinel

HOPITAL EDOUARD HERRIOT

🏠 5, place d'Arsonval, Lyon (PAVILLON K)

M D / T 2 Grange blanche

HOPITAL LYON SUD

🏠 165 chemin du Grand Revoyet,

69495 Pierre Bénite BUS 88 Pavillon chirurgical

C 7 Hôpital Lyon Sud

HOPITAL DE LA CROIX ROUSSE

🏠 103 Grande rue de la Croix Rousse,

69004 Lyon M C Cuire

Vaccination



The first prevention we do in a lifetime is the vaccination of babies.

It is important to get a recalls of the vaccinations

CDHS

Tuberculosis screening, vaccination (BCG and mandatory injections, quitting smoking.

CDHS of Lyon (there are 6 in the Rhône area) :

⌚ Monday, Tuesday, Wednesday 8:30am-12:30pm / 1:30pm-5:30pm

⌚ Thursday 8:30am-12:30pm / 2:30pm-7pm

⌚ Friday 8:30am-12:30pm / 1:30pm-5pm

Make an appointment by phone

☎ 04 72 73 12 76 or online for BCG vaccination

🌐 : www.cdhs.fr.

🏠 2, rue de Marseille M D / T 1 Guillotière

PMI - INFANT AND CHILD PROTECTION

Pregnancy monitoring, preparing for birth and parenting, and child healthcare up to 6 years old (growth, vaccinations...etc).

The establishments (Maison de la Métropole)

and open hours are available at: 🌐 : [https://](https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html)www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html**For more information and addresses,
download the complete guide :****www.watizat.org****You have a question ? Contact us :****lyon@watizat.org**

Watizat Lyon



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Watizat, chaîne d'information



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Ce guide est gratuit et interdit à la vente aux particuliers. Ne pas jeter sur la voie publique.