WATIZAT

Watizat, tous droits réservés

LYON

THE INFORMATION GUIDE FOR PEOPLE IN EXILE

OCTOBER / NOVEMBER 2026

EN

WARNING! November 1st and 11th are public holidays. Many sites are closed.

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HOW THE GUIDE IS ORGANIZED

Pink squares in the guide indicate adresses and information for unaccompagnied minors (- 18 yeard old)

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ARRIVING IN LYON

ADMINISTRATIVE SITUATION?

You are a foreigner and wish to stay in France: in order to stay on French territory without risking expulsion, you should apply for a residency permit.
There are various possibilities **(asylum claim, applying for residency permit)** depending on your personal situation. In the box below you will find information on how to start an asylum claim. This is not the only available option. These procedures are long and complicated.

For legal help, go to a free legal aid advice service (see page 9)

Asylum

To start your asylum application in France, you must go to the «Structure de Premier Accueil des Demandeurs d'Asile» (SPADA). In Lyon, the SPADA is called 'la Maison du Réfugié'. It is managed by 'Forum Réfugiés'.

SPADA - FORUM RÉFUGIÉS

Monday, Tuesday, Thursday: 8:15am-4:30pm
Wednesday, Friday: 8:15am-12
326 rue Garibaldi, 69007 Lyon.
M D Garibaldi
04 72 77 68 02

You have to go at the opening or in the afternoon to avoid waiting too long.
In the case of heavy affluence, you may be given an appointment to return on another day.
If you are with your FAMILY (couples, spouses, children), your asylum claim is a family application: all members of your family living in France must come with you to the SPADA. Including those who already have a residence permit !

Forum Réfugiés will ask you **the dates of your departure from your country and arrival in France.** Please note that if you say you have been in France for more than 90 days, you will be placed under the «accelerated procedure», which is unfavourable to you.

HOUSING

If you don't have any accommodation, you can call this emergency number for free : 115

You don't need a French residency permit to qualify.

⚠ **Careful, there aren't many spaces so accomodation isn't guaranteed and is often only available for a short stay.**
The waiting time can be 30 min or more. You have to call several times until you get the recorded message, then stay on the line to get someone on the phone. There are not enough slots, it is rare to get a place every evening

You can also request blankets from 115, which will be brought to you.
More information page 33.

DOCUMENTS

⚠ **As soon as you arrive, keep photographs and copies of all documents and letters received during your stay in France.** Keep those copies in different places (at a friend's house or with an organisation) and online (in your emails...)

→ It is useful for your asylum application or if you are arrested to prove your presence on French territory, and so organisations can understand your situation.

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GETTING AROUND LYON

You can find your itinerary on: www.tcl.fr or on the app CITYMAPPER
TCL ticket: 2€, lasts 1 hour. You can buy tickets in the metro and tramway stations.

Free monthly TCL subscription

In Lyon, the TCL pass is free:

→ **For asylum seekers (with a valid «attestation de demande d'asile»)**

→ **For people applying for a residence permit, without a work permit (you need a valid «récepissé»)**

→ **For people that receive specific financial allowances (RSA, AAH, ASI, ASPA)**

TCL also has a **« solidarity discount » of 10 €** per month for people with the **CSS/AME.**

To get this pass, register on:
https://www.tcl.fr/solidaire

You need a valid TCL pass. If you don't have one, go to a TCL office to create one (5€).
The subscription is free for 6 months (renewable).
You must renew your subscription 15 days before the end of the previous one.

In case of inspection

If you travel without a valid ticket, you risk a fine. In case of inspection, you may be asked for identification documents.

If you are undocumented, it is better to always have a ticket or pass to avoid an identity check.

If you do not have any identity papers, the inspectors can ask the police to come and check your identity. In case of arrest, see your rights (page 30).

The inspectors cannot search your belongings without your consent, but they can ask you to leave the premises if you refuse.

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If you are fined

Beware of the deadlines :

→ **Immediate payment: 60€ by credit card or cash**

→ **Maximum after 7 days : 80€.**

→ **Between 7 days and 2 months: 110€.**

→ **If you are a minor, you have 7 days to pay your fine of 60€ (then 80€).**

TCL COLLECTION AGENCY

17 bis, boulevard Vivier Merle - 69003 Lyon

If you have no resources, you have three months to contest the fine.
Be careful, this does not always work.
If you have any difficulties with these procedures or if you cannot pay your fine, ask for help from a social worker (page 29).

Bicycle

Collective bike rental company: **Vélo'v**.
Susbcription costs between 15 and 39€ per year (payment by card).

USEFUL WEBSITES & APPLICATIONS

TARJIMLY

Volunteer translators through the app Messenger (written and vocal messages or videos). Tarjimly

SPIKY COMMUNITY

Useful information for settling in France, advice to discover the city

CAMSCANNER

Mobile app to scan and send documents from your phone.

UNACCOMPANIED MINORS
(UNDER 18 WITHOUT LEGAL GUARDIANS)

1. What does it mean to be an «unaccompanied minor» ?

Your are an «unaccompanied minor» or «Mineurs Non Accompagnés (MNA)» if:

→ **You are less than 18 years old**

→ **You are without your parents or legal guardians (adults who have legal authority over you) in France.**

As an unaccompanied minor, you are considered to be "in danger". You will be protected and taken care of by the Child Welfare Services: Aide Sociale à l'Enfance (ASE).

2. Your rights in France

The French State is legally **responsible for unaccompanied minors** on its territory and has to **protect them**. The organisation in charge of housing and protecting these unaccompanied minors is the ASE, managed by the city of Lyon.

Before being taken care of, you will first need to pass an "underaged and unaccompanied" assessment with the ASE. This assessment is mandatory to be protected by the ASE who will interview you to assess if you qualify as underage and unaccompanied. **This should only take a few days, but it can take up to a few weeks.**Once you are officially recognized as underage and unaccompanied, you have the right to stay in France and do not need a resisence permit until your are 18. You will be housed and supported to become self-sufficient when you turn 18. That will include socio-educational work, education or training, legal and administrative support...

3. Your arrival in Lyon

See page 11 to get free legal help for unaccompanied minors. This will help you understand and prepare for the administrative steps that await you.

You will need to go to the **«Centre de Mise à l'Abri et d'évaluation» (CMAE)** so that they can recognise you as a minor. The CMAE will make an appointment for you at the Préfecture, and give you a new appointment at the CMAE for an «assessment» of whether you are underage.

FORUM RÉFUGIÉS, CMAE

Monday to Friday: 8am-7pm
04 37 40 08 55
20 rue neyret 69001, Lyon
M A Hôtel de ville et S 06 Neyret
Or M C Croix Paquet et S 42 Neyret

4. The assessment interview

The day of your appointment at the **«Préfecture», they will take your fingerprints, your photo and other personal information.** This file helps them check whether you've already registered as an unaccompanied minor in another french region and if you have already asked for a visa or residence permit. Forum Réfugiés will then also perform the **«underage and unaccompanied» assessment,** to determine if you qualify as an unaccompanied minor. During the assessment phase, you should be given a spot in a shelter. You will most likely have a quick first interview, then will be placed in a shelter while you wait for a second interview with Forum Réfugiés.

The second interview with Forum Réfugiés will be longer, and you will have to discuss: your identity, your family, your life in your home country (living conditions, education), the reasons you left, your journey to France, your living conditions since you arrived here, and what you plan to do in France.

→ **Do not forget to bring the documents that can prove you are underage. You take a great risk by showing fake identity papers.**

→ **You can ask organisations (see page 11) to help you retrieve documents from your home country.**

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→ **You have the right to ask for an interpreter who speaks your native language.**

In some cases, after this assessment, the ASE can ask for "complementary examinations": an inspection of your identity papers (if you have them), and sometimes, a bone age assessment.

⚠ No medical exams or X-rays should be performed without your consent and without the judge giving the authorisation!

5. After the interview

After the interview, Forum Réfugié is in charge of filling a report to the MEOMIE (Child welfare services of Lyon). It is the MEOMIE that decides if you are considered an unaccompanied minor or not.

Go regularly to Forum Réfugiés (at «rue Neyret») to receive the final decision regarding your assessment. There are two possibilities:

→ **You are officially recognized as an unaccompanied minor: you will be housed (in a shelter, or in an apartment, and in some rare cases in a foster home), assisted by a tutor, you will learn French, go to school or undergo professional training in a specific field of work.**

→ **Or, the MEOMIE does not recognise you as being underage and/or unaccompanied.**

6. In case of rejection

If you are not recognized as being **underage, the reasons behind the rejection should be explained in a document. It is crucial for you to keep that document for the next steps.** You have the right to appeal the decision before a juvenile judge.

The judge will set up a meeting to hear your case and can also ask for complementary examinations like the inspection of your papers and medical exams, but only with your consent.

Once they have looked over your case, the judge can either recognise you as being an unaccompanied minor or confirm the MEOMIE's rejection.

→ **You are entitled to a lawyer to assist you with your appeal.**

→ **While waiting for the judge's decision (about 3 months) you will not be housed or assisted. Since May 2021, the City of Lyon does not offer housing to young people that are still going through an appeal procedure («recours»).**

→ **To get shelter, the only solution is to ask for a spot for one night by calling the housing emergency number: 115. Show the letter of refusal of care that the MEOMIE gave you.**

→ **You can get help from associations: the AMIE (legal aid, page 10) or the Secours populaire (lunch and French classes) (page 7).**

7. Applying for asylum as a minor

If you are unaccompanied and underage, have fled your country because you were scared for your life, have been persecuted, and you are afraid to go back, **you can also apply for asylum protection in France** in addition to the procedure for recognition of your minority status. Before, we advise you to first get in contact with an association that can help you (page 11).

→ **You do not need to be recognised as a minor to apply for asylum !**

Talk to your tutor or to your assigned MEOMIE officer so that they can help you to get an appointment at the «Préfecture». On the day of your appointment, you will also need to be accompanied by a legally responsible adult (an «Ad Hoc Administrator»).

The prefecture will take your fingerprints and information on your identity. Only once the administrator has been appointed (this may take some time), can you apply for asylum at Forum Réfugiés.

If a member of your family is currently in another European Union country, you can ask to be reunited with them.

Note that, as a minor, you will not be granted the allowance for asylum seekers (ADA). Only the ASE can house unaccompanied minors because you cannot be housed in the same centers as adults.

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USEFUL ADRESSES

INFORMATION & ORIENTATION

PERMANENCE D'ACCUEIL ET DE SOLIDARITÉ, SECOURS POPULAIRE

Hospitality, discussion and support, food and clothing aid, assistance with access to rights.
Monday and Thursday 2-4:30pm
Wednesday 9am-12
04 72 77 87 73
21 rue galland, 69007 M B T 2 Jean Macé

→ There are other Secours Populaire offices in and around Lyon. To get their contacts, please call: 04 72 77 87 77

PASS ETUDIANTS - SECOURS POPULAIRE

Hospitality, discussion and support, food and clothing aid, assistance with access to student rights and benefits. For students.
Monday 6:15-8:15pm
Saturday 10:30am-12:30

Make an appointment by mail:
permanence.jeunes@spf69.org
04 72 77 87 73
21 rue galland, 69007 M B T 2 Jean Macé

MINOR PASS - SECOURS POPULAIRE

For unaccompanied minors.
Hospitality, breakfast, french lessons, support, assistance with access to minors' rights.
Free breakfast: Monday to Sunday, 8:30-11am
Administrative reception: Monday to Friday, 8:30am-12
04 72 77 87 77
58 rue Victor Lagrange M B Jean Macé

ACCUEIL-SOLIDARITÉ-ÉTRANGERS

Information desk: listenning, social and administrative support.
Tuesday 10-11:30am
04 28 29 46 72
31 avenue du Général Leclerc, Villeurbanne
TB 11 C 23 C 27 Grand Clément
T 3 T 6 Gare de Villeurbanne

ADMINISTRATIVE SUPPORT

MAISONS DE LA MÉTROPOLE DE LYON (MDML)

You can ask to be assisted by a social worker for: food, housing, health care, family support and young child care, domiciliation, etc.
→ More information and addresses **page 29**.

UFCS / FR - PUBLIC WRITERS

Public writer's services. Our volunteers will help you with your administrative and digital procedures.(Except for all naturalization, retirement and CV files.)

→ **Pôle d'action sociale**
Call to make an appointment and know if the request can be admitted: 04 28 87 00 44
334 rue André Philip, 69003 M D Garibaldi

→ **Centre social Bonnefoi**
Tuesday 2-5pm, without appointment
Friday 9am-12, by appointment
To make an appointment: 04 72 61 97 43
11 rue de Turenne, 69003
M B Saxe Gambetta M D Guillotière

→ **Bibliothèque de la Part Dieu**
By appointment, call: 04 78 62 18 00
130 Bd Marius Vivier-Merle, 69003
M B / T 1 / T 3 / T 4 Part Dieu

→ **Centre Social de Gerland**
Monday 9:15am-12:15 (no appointment)
1 rue Jacques Monod, 69007
T 1 ENS Lyon M B / T 6 Debourg

→ **Mairie du 8ème**
Wednesday 9am-11:30 / 1:30-4:30pm, by appointment
12 Avenue Mermoz, 69008 T 2 Bachut

→ **Médiathèque de Bachut**
Tuesday 1-4pm, by appointment
04 78 78 12 12
2 place du 11 novembre 1918 T 2 Bachut

→ **Bibliothèque de la Duchère**
Saturday 10am-1pm, by appointment
04 78 35 43 81
4 Place Gisèle Halimi, 69009
C 14 C 6 Duchère Martinière

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→ **Cité Jardin - Intergenerational café**
Friday 9:30am-12:30 (no appointment)
60 rue Challemel-Lacour, 69007
M B / T 6 Debourg

ARCHE DE NOÉ

→ **Public writer**
Thursday 1:30-4:30 pm, without appointment
→ **AMELY: Administrative support and digital procedures**
2nd and 4th Monday of the month: 9-12am, by appointment by phone or on site.
Arche de Noé: 3-5 rue Félissent, 69007
T 1 Saint André 04 78 58 29 66

LES PIMMS MÉDIATION

→ **Information and support with your administrative procedures** (except residence permits, asylum and citizenship)
→ **Help to write letters and fill out forms**
→ **Acces to computers**
Adresses and opening hours:
https://pimmslyonmetropole.org/

PASSERELLE

Free administrative help: social workers, writing letters, making up files, help with digital procedures (Caf, CPAM, Retirement, Taxes...). **No help in the constitution of a file for a residence permit and no appointment at the Prefecture.** 09 50 11 69 47
passerelle-administration.com

SECOURS ISLAMIQUE

→ **Public writer, administrative help**
Tuesday : 2-5pm, by appointment.
Make an appointment on site or by phone :
Monday, Tuesday, Wednesday, and Friday: 10am-1pm /2-5pm Thursday: 10am-1pm
371 rue Garibaldi 04 27 11 87 87
T 2 Garibaldi-Berthelot M B Jean Macé

LE RIZE

→ **Public writer**: administrative help (housing, CAF, residency permits, naturalisation...), assistance with writing letters and appeals.
One Thursday per month, by appointment
To make an appointment: 06 66 49 74 69
Or info@ecris.net
23-25 rue Valentin-Haüy, Villeurbanne
C 23 / TB 11 Blanqui-Le Rize
C 11 Perrin, T 3 Reconnaissance-Balzac

CENTRE SOCIAL BONNEFOI

Administrative help:
Wednesday morning, by appointment. Call : 04 72 61 97 43
11 rue de Turenne
M B Saxe Gambetta/ M D Guillotière

COMPUTER USE & DIGITAL HELP

TIERS LIEU MAISON SÉSAME SECOURS CATHOLIQUE

→ **Digital space with free access**
Tuesday, Friday: 9:15am-12
Wednesday, Thursday: 2:30-4:30pm
Saturday 9:15am-12:30

→ **Computer training upon registration:**
Thursday 2:15-4:30pm, Saturday 9:30-11:30am
Maison Sésame.
111 rue du 1er mars 1943, Villeurbanne
TB 11 C 23 C 27 Grand Clément

EMMAÜS-CONNECT

Digital training. To meet them, you must have a «referral form» from a social worker or a volunteer from an association.
https://emmaus-connect.org
01 80 05 98 80
Cheap offers for telephones, internet packages and computer equipment.

PUBLIC LIBRARIES

Access to computers, printers, and digital initiation workshops. 16 public libraries in Lyon.
Infos and addresses: bm-lyon.fr

→ **Bibliothèque de la Part Dieu**
Tuesday to Friday 10am-7pm
Saturday 10am-6pm
04 78 62 18 00
130 Bd Marius Vivier-Merle - 69003 LYON
M B / T 1 / T 3 / T 4 Part Dieu

RÉFUGIÉS ENSEIGNEMENT SUPÉRIEUR

Digital help and training to help with degree equivalence, editing your CV and letter of motivation, finding an intership or an apprenticeship...
Thursday: 2-5pm, without appointment
Le Faitout, 12 rue Gabriel Péri, 69350
M B Gare d'Oullins contact@res-asso.org

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LE RIZE

Assistance with digital procedures, learning how to use a computer/smartphone.
Friday 9:30am-12:30, by appointment.
04 37 57 17 17
23-25 rue Valentin-Haüy, Villeurbanne
C 23 / TB 11 Blanqui-Le Rize
C 11 Perrin, T 3 Reconnaissance-Balzac

FREE LEGAL HELP

Help and advices for your procedures depending on your situation :

- **ASYLUM PROCEDURE**
- **INFORMATION ON OQTF / IRTF**
- **RESIDENCE PERMITS**

FORUM RÉFUGIÉS

Assistance for OFPRA, Dublin, legal aid, requests for re-examination... , reserved for asylum seekers residing at the SPADA of Lyon (Forum Réfugiés).
Bring all your documents with you.
Monday to Friday: 8:40am-12:30, without appointment (morning only, come before 8)
Maison du Réfugié, 326 rue Garibaldi 69007
M D Garibaldi 04 72 77 68 02

GISTI - PHONE HOTLINE

Free legal support by phone on foreigners' rights: 01 84 60 90 26
Monday to Thursday: 3-6pm
Friday: 10am-12 / 3-6pm

LIGUE DES DROITS DE L'HOMME

Reception, advice and support services open to all. Advice available on foreigner's rights.
Thursday 2:30-5:30pm
34 Cour de Verdun Perrache, 69002
T 2 T 1 M A Perrache 06 85 03 19 88

AMELY

General legal advice
Thursday 1:30-4:30pm, by appointment
Arche de Noé, 3 rue Félissent
T 1 Saint André 04 78 37 29 07

TIERS LIEU MAISON SÉSAME SECOURS CATHOLIQUE

Assistance for accessing rights for people currently in the asylum application process.
No appointment needed.
Tuesday, Friday, 9:15-11:30am
Wednesday, Thursday 2:15-4:30pm
Maison Sésame (Secours Catholique du Rhône)
111 rue du 1er mars 1943, Villeurbanne
TB 11 C 23 C 27 Grand Clément

LA CIMADE

Informations on residence permits, OQTF, IRTF. lyon@lacimade.org
Reception on site:

→ **Cimade Villeurbanne**
With or without appointment
Wednesday 2-4:30pm
Maison Berthy Albrecht, 14 place Jules Grandclément, Villeurbanne
C 3 C 11 C 26 Grandclément

→ **Cimade la Duchère (Lyon 9)**
Tuesday 2-4:30pm
Foyer Protestant 309 avenue Andreï Sakharov C 14 C 6 Duchère Piscine

→ **Cimade Vaulx-en-Velin**
Make an appointment on site during open hours
Thursday 2-4:30pm
Espace protestant Théodore Monod, 22 rue Romain Rolland M A Vaulx en Velin La Soie

→ **Cimade Vénissieux**
Wednesday 9am-12, by appointment (on site)
Maison de quartier de la Darnaise
45 boulevard Lénine, Vénissieux T 4 Darnaise

→ **Cimade Bron**
Tuesday 2-4:30pm, by appointment (every other week). Make an appointment on site.
94 avenue Saint Exupéry, Bron
M D Mermoz-Pinel C 15 Lionel Terray

ACLAAM

Information and support regarding foreigners' rights (entry, residency permits, asylum, etc.).
Write to : refugies@lyon.catholique.fr
Diocèse de Lyon, 6 avenue Adolphe Max
M D Vieux Lyon C 12 Bellecour A. Poncet

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LES AMOUREUX AU BAN PUBLIC

Legal aid and administrative advice: couples living together, civil unions («pacs»), marriage and parents of French children.
For European and French-foreign couples.
Contact only by amoureux.lyon@gmail.com

→ **Online legal advice on ZOOM:**
Wednesday October 7 and November 4, 7pm
→ **On-site presence:**
Thursday October 22 and November 19, 7pm
5-7 rue Diderot, 69001 (2nd floor)
M C Croix Paquet
C 6 Pont de Lattre-Rive Droite

CENTRE SOCIAL BONNEFOI

→ **Legal information on residence permit and asylum. Informations and assistance with appeals against OQTF and IRTF.**
Friday morning by appointment

→ **A representative of the Commissioner for Human Rights is available if you are having trouble with a public service or administration (the Préfecture, the Caisse d'Allocation Familiale, Pôle Emploi or pensions).**
Thursday afternoon, by appointment

04 72 61 97 43 to make an appointment
11 rue de Turenne, 69003
M D Guillotière / Saxe Gambetta

LE VILLAGE DU DROIT DES ÉTRANGERS (V3DE)

→ **Information in foreigners rights:** residency permits, OQTF, IRTF (doesn't deal with visa, naturalisation and family reunification applications).
Friday 1:30-5pm, without appointment **(come before 7am to register at 9:30)**
Arche de Noé: 3 rue Félissent
T 1 Saint André 06 58 71 50 52

First two Wednesdays of the month, 1:30-4:30pm, without appointment (register at the end of the morning
Espace carmagnole, 8 avenue Bataillon Carmagnole liberté M A Vaulx la Soie

→ **Assistance with the asylum procedure (including Dublin procedure):**
Wednesday, by appointment.
Call : 06 32 98 99 80
Arche de Noé, 3 rue Félissent
T 1 Saint André

Groupe de V3DE - le Village Du Droit Des Étrangers
levillagedudroitdesetrangers@gmail.com

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POLE D'ACTION SOCIALE ENTRAIDE PROTESTANTE LYON

Information on residency rights, follow ups on application filed with the Prefecture, advice on the asylum procedure and assistance.
Make an appointment by phone:
04 28 87 00 44
Tuesday to Friday: 9:30am-12
334 rue André Philip, 69003 M D Garibaldi

AS DE COEUR - ACCUEIL SOLIDARITE

Legal assistance: appeal, legal aid, reassessment, application for CMA, CSS, AME...For asylum seekers or trying the appeal.
Tuesday and Wednesday 8:30am-11:30am
Registration appreciated by email
ad69.asdecoeur@restosducoeur.org
207 rue Marcel Mérieux M B Debourg

AMNESTY INTERNATIONAL

Legal aid for asylum seekers already going through an OFPRA or CNDA procedure.
Assistance writing your asylum story («récit») and appealing a decision. Préparation for OFPRA interviews and CNDA proceedings contact us as soon as you receive the invitation to the interview. Lawyers contact details can be given for OQTF and IRTF.
Does not deal with residency permits.
→ Make appointment or get advice via e-mail or text message in French or English. **Indicate name, first name, nationality, spoken language, email adress and object of the request**.
peas69.ai@gmail.com 06 99 04 37 76

MAISONS DE LA JUSTICE ET DU DROIT

Legal aid and general advice by professional lawyers, notaries, bailiffs, conciliators, rights defendeur delegates(family law, labor low, criminal law, foreigners legal aid...).
Make appointment by phone or at the reception desk.
Lyon 8 Mermoz Pinel 04 78 74 00 42
Lyon 9 04 72 85 67 90
Villeurbanne 04 78 85 42 40
Vaulx en Velin 04 37 45 12 40
Rillieux la Pape 04 37 85 10 50
Givors 04 78 07 41 00
Bron 04 78 26 49 39
Venissieux 04 72 90 18 20

PÔLE D'ACCÈS AUX DROITS MAIRIES D'ARRONDISSEMENT

Free advice centres open to all.
Legal professionals and associations can advise you on a wide range of issues (residence rights, housing, victim support, employment law, family law, mediation).
To make an appointment: go to the reception desk of the town hall nearest to where you live, or contact them by e-mail or telephone.

FIJI

Defending individual and family rights of French and foreign people.
Information on marriage, divorce, family ties, adoption in private international law.
→ **To have access to the legal adivce sessions:**
Send an email to info@fiji-ra.fr
Or leave a message on the answering machine at 07 88 37 54 71

COLLECTIF IDIR ESPOIR ET SOLIDARITÉ

Support and advice for prisoners and their families.
Wednesday: 3-5pm
Île Égalité, 6 rue de l'Égalité, 69100 Villeurbanne M A Cusset
mederresespoiretsolidaritee@gmail.com / collectif-solidarite-cusset@riseup.net
Nous Sommes Idir EspoireSolidarite

COLLECTIF SANS PAPIERS 69

Support and mutual aid for undocumented people.
To contact them : 07 53 06 48 88
csp69.lyon@gmail.com
Collectif des Sans Papiers Lyon
Instagram: @csp69000

AIDES

Financial assistance to buy the tax stamp for the residence permit **for sick foreigners living with HIV.** By appointment.
06 34 45 51 27 / 04 78 68 05 05
110 rue Sully, 69006 Lyon M A Masséna

CENTRE LGBTI+

Legal help for lgbtq+ persons.
Tuesday 7-9pm, by appointment
Send an email to: social@centrelgbtilyon.org
Centre LGBTI Lyon / Insta @centrelgbtilyon
centrelgbtilyon.org
19 rue des Capucins M A Hôtel de ville

COLLECTIF JEUNES RESF 69

Help with difficulties with residence permit procedures (work permits, OQTF appeals).
For young adults (18-25 years old).
1st and 3rd Wednesdays of the month, by appointment
07 49 19 63 84
resfjeunes69@gmail.com
Salle de la Marmite, 7 rue Diderot
M A Hôtel de Ville M C Croix Paquet
https://www.resf-jeunes69.fr

MINORS / YOUNG ADULTS

See page 5-6, unaccompanied minors

COLLECTIF AMIE

Advice, legal aid, help with schooling.
For unaccompanied minors only.
First time: Friday 8:30am-12, without appointment
For people already registered at AMIE: Wednesday 8:30am-12, without appointment
Salle de la Marmite, 7 rue Diderot, 69001
M A Hôtel de Ville

BARREAU DE LYON

Free legal aid by specialised lawyers.
For unaccompanied minors only.
Without appointment
Wednesday 10am-12 (come early)
contact@barreaulyon.com
Maison des avocats, 176 rue de créqui 69003 Lyon M B Place Guichard

BAG STORAGE

BAGAGE'RUE

Free luggage storage service, available to anyone. 2 luggages maximum.
The coffee area is accessible to all. Toilets available.

Monday to Friday, and Sunday: 10-11:30am
Monday, Wednesday, Thursday: 6-7:30pm
→ **For women only**: Tuesday, 3-5pm
07 55 64 92 96
47 rue Capitaine Robert Cluzan
M D Saxe Gambetta

There is no more space of storage at the moment, call to get registered on the waiting list.

WATIZAT, TOUS DROITS RÉSERVÉS / WWW.WATIZAT.ORG

CLOTHES

Free clothes

BUS DU PARTAGE

Wednesday: 10am-12 / 2:30-4:30pm
Place Jean Macé, 69007
M B T 2 Jean Macé 07 68 11 46 68

VESTIAIRE DU SECOURS POPULAIRE

Free clothing on referral
Monday and Thursday: 2-4:30pm
Wednesday 9am-12
21 rue Galland, 69007 M B T 2 Jean Macé

RESTOS DU COEUR LYON 4

Free clothes for women, men and children.
Call to know the opening dates:
04 78 30 13 19
→ **Children** : 5 October and 16 November, 16h-18h 6 October and 17 November, 9h-11h
→ **Women** : 12 October, 2 and 23 November, 16h-18h
13 October, 3 and 24 November, 9h-11h
→ **Hommes** : 19 October, 9 and 30 November, 16h-18h
20 October, 10 November and 1st December , 9h-11h
19bis Rue Dumont d'Urville, 69004
M C Croix-Rousse C 13 Place Bertone

SECOURS ISLAMIQUE

Free clothes. no registration required
Monday, Tuesday and Friday: 10am-1pm
04 27 11 87 87
371 rue Garibaldi, Lyon 69007
T 2 Garibaldi - Berthelot M B Jean Macé

THRIFT SHOP DINO

Free clothing for children and adults (+ free groceries)
Thursday: 5-6pm
Île Égalité, 6 rue de l'Égalité, Villeurbanne M A Cusset

GEEV

Apply here to get donations :
https://www.geev.com/fr

A social worker can give you a voucher to pick up clothes for free in specific stores.

WATIZAT, TOUS DROITS RÉSERVÉS / WWW.WATIZAT.ORG

Solidarity prices

BOUTIQUE DE L'ENTRAIDE

Tuesday, Wednesday: 1- 6:15pm
Thursday: 11:30am-2pm
Friday: 10:30am-12:30 / 1- 4:45pm
04 72 72 92 08
88 bis cours Gambetta, 69007 M D Garibaldi
Closed on November 10-11 and 26.

L'ARMÉE DU SALUT

Tuesday to Friday: 10am-12:15 / 1:30-5pm
Saturday: 10:30am-5:30pm
4 rue Stalingrad, Vaulx-en-Velin
C 3 Cuzin / Stalingrad

SOLIDARITÉ AFRIQUE

Monday: 1:30-4:30pm
Tuesday: 9am-12:30 / 1:30-8pm
Wednesday: 9am-12:30 / 1:30-4:30pm
Thursday: 1:30-4:30pm
2nd and 4th Saturday of the month: 10am-6pm
04 78 18 49 15
13 bis rue Girié, 69003 C 9 Maisons Neuves

SECONDE MODE

Tuesday to Saturday: 10am-6:30pm
93 avenue de l'Europe, 69008
T 2 T 4 Jet d'Eau 04 78 01 09 29

VESTI-BOUTIQUES - CROIX ROUGE

15 avenue Jean Mermoz, 69008
T 2 Mairie du 8ème 04 82 53 79 78
Monday, Wednesday, Thursday: 9:30am-12 / 2-5pm Friday 9:30am-12

30 rue Louis Loucheur - 69009 Lyon
M D Gorge de Loup 04 82 53 88 48
Tuesday, Wednesday: 1:30-5pm,
Thursday: 1:30-6pm,
Friday: 1:30-5:30pm

LES BRIC À BRAC - FOYER NOTRE DAME DES SANS ABRI

6 locations in and around Lyon.
All the infos and addresses:
https://www.fndsa.org/les-bric-a-brac/

EMMAÜS

Lyon 7, Parilly and Villeurbanne.
All the infos and addresses:
https://emmaus-lyon.org/

FOOD

Food distributions

ARMEE DU SALUT-BOOTH TRUCK
Monday to Friday 6:30pm - 7:30pm
Place Bahadourian, 69003
M B Place Guichard / M D Guillotière
Informations : foodtruck.brigadesdulyon.fr

FRATERNITÉ LYON CENTRE
Monday 7pm- 8:30pm .
Place Carnot M A / T 1 / T 2 Perrache

ENSEMBLE POUR UN REPAS
Tuesday 6 and 20 October, 3 and 17 November: 8-9:30pm Gare Part Dieu - Villette
M B / T 1 / T 3 / T 4 Part Dieu

Tuesday 13 and 27 October, 10 and 24 November: 8:30-9:30pm
Place Carnot M A / T 1 / T 2 Perrache

LE COEUR LYONNAIS
Saturday 3, 17 and 31 October, 14 et 28 November, 6:30pm Gare Part Dieu - Villette
M B / T 1 / T 3 / T 4 Part Dieu

RENCONTRES FRATERNELLES ET ENTRAIDE
→ Meal: Monday and Wednesday: 6pm
Gare Part Dieu côté Villette, 69003
M B / T 1 / T 3 / T 4 Part Dieu
→ Breakfast: Saturday and Sunday: 9am
→ Couscous: every other saturday: 6pm
Place Carnot M A / T 1 / T 2 Perrache

ERRAHMA POUR TOUS
Hot meals distribution.
Monday, Wednesday: 8pm Saturday 6:45pm
111 rue Paul Bert, 69003
M B / T 1 / T 3 / T 4 Part Dieu

ORDRE DE MALTE
Hot drinks, sandwich, cake
Tuesday, Wednesday: 7:30-9:30pm
14 place Carnot M A / T 1 / T 2 Perrache

HUMAN APPEAL
Distribution of breakfast and hygiene kits.
Sunday from 9:30am
Parc des Berges du Rhône T 1 Halle T. Garnier
Around the shopping centre Confluence
T 2 Hôtel de Région - Montrochet
Marauding between Bellecour and Hôtel de Ville
M A Bellecour / Hôtel de Ville
Part Dieu M B / T 1 / T 3 / T 4 Part Dieu

Meals on site

O' RESTO
Every day: 11:40am-1:15pm / 6:45- 8pm
131, avenue Thiers M A / M B Charpennes
Access only with an individual card.
Register for your card on site :
Monday to Friday: 10am-1pm / 2:30-4:30pm

CAMIONS DU COEUR
You can eat on site. Games for children and conversations in French at 8:30pm
Monday to Friday 7:30-9:30pm
Parking salle Raphaël Barros, Villeurbanne M A Flachet

CHURCH SAINT POTIN
Pasta diner Monday from 7pm
Place Edgar Quinet M A Foch

LES ESCALES SOLIDAIRES
Free breakfast / Lunch and diner for 2€.
To register:
→ by phone: Monday 9:30am-12
04 81 09 16 93
→ by email:
escalesolidaire@habitat-humanisme.org
→ on site
Breakfast: 8-10am / Lunch: 12:15-2pm / Diner: 7:15-9pm
252 Rue Duguesclin, M B Place Guichard
→ **Lunch only for women: once per month**
25 Rue Delandine M A Perrache
→ **Wednesday diner only for 18-30 years old**
78 rue Tronchet M A Masséna
5 rue Hector Berlioz M A / M B Charpennes
31 rue du professeur Rochaix M D Grange Blanche
2 Place Dumas de Loire M D Valmy
→ **Breakfast:** Thursday 8-10am

LA CUISINE DES GONES
You don't have a kitchen : come to prepare your meal. Bring your own ingredients (no meals served on site). Kitchen, cookware, spices free to use.
On registration: 06 99 90 32 70
Monday to Friday
19 rue Etienne Dolet M B Place Guichard
T 1 Part Dieu Auditorium
TB 12 C 25 Garibaldi Paul Bert

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Food boxes

LES RESTOS DU COEUR
Register near your adress.
People not registered yet are given an emergency package.

Information and other distributions :
rhone.restosducoeur.org

→ **Perrache**
People living in the **1st, 2nd and 6th districts**.

Registrations: Monday, Tuesday: 1:30-4pm
Thursday: 9-11:30am / 1:30-4pm
Distributions: Monday, Tuesday 1:30-4:30pm
Thursday 9am-12 / 1:30-4:30pm
Distribution for babies available
04 78 37 94 65
35 rue Bichat 69002 Lyon
T 1 T 2 Place des Archives

→ **Villeurbanne**
Registrations: Monday, Tuesday, Wednesday, 9-11:30am
Distribution: same days, 1:30-4:30pm
Distribution for babies available
25 rue Hippolythe Kahn Villeurbanne
M A République 09 81 83 20 14
Closed from November 9 to 13.

→ **Croix Rousse - Caluire**
Tuesday 2-5pm.
Wednesday 5:30-7pm
Thursday 9-11:30am and 2-5pm
Distribution for babies available
Call to know which documents to bring.
04 78 30 13 19
19 bis Rue Dumont d'Urville
C 13 Place Bertone

→ **People without an adress**
Registration and orientation to a food distribution center for homeless people
Monday, Thursday: 9-11:30am
04 78 58 97 29
207 rue Marcel Mérieux 69007 Lyon
T 1 ENS Lyon M B / T 6 Debourg

ILE EGALITE COLLECTIF SOLIDARITE CUSSET
Free grocery shop (+ free clothes for adults and children).
Thursday 5-6pm
Île Égalité, 6 rue de l'Égalité, 69100 Villeurbanne M A Cusset

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CROIX ROUGE
Food parcels depend on the size and make-up of your family. A contribution of 2€ is required.
Only on referal from a social worker who will give you an orientation voucher.

→ **For people living in the following districts : 4, 5, 9 and municipalities in western Lyon.**
04 82 53 88 48. .
30 rue Louis Loucheur 69009 Lyon
M D Gorge de Loup

→ **For people living in the following districts: 1, 2, 3, 6, 7, 8 and municipalities in eastern Lyon.**
04 82 53 79 78
Access to rights sessions : Monday, Wednesday, Thursday: 9:30am-12
15 avenue Jean-Mermoz - 69008 Lyon
T 2 Bachut Mairie du 8ème

COP1 - STUDENT SOLIDARITY
For students and people under 26.
Distribution of dried products, fruit and vegetables, hygiene products.
Registration on : https://linktr.ee/cop1lyon
Maison des Etudiants, 90 rue de Marseille
T 1 Quai Claude Bernard

Espace Jeunes, 48 rue Paul Verlaine, 69100 Villeurbanne TB 11 C 23 Verlaine - Tolstoï

La Multi, 32 rue Decomberousse, 69100 Villeurbanne M A Vaulx-en-Velin La Soie
distributions.lyon@cop1.fr Insta: @cop1lyon

Animals

GAMELLES PLEINES
Distribution of dog and cat food.
Monday: 7-8:30pm
marauding between Charpennes and Gratte Ciel M A Charpennes or Gratte Ciel

Thursday: 7:30-9:30pm:
marauding from Place Carnot to Cordelier
M A Perrache or Cordeliers

Wednesday: 7:45-8:45pm
Place du 8 mai 1945
T 4 T 6 Beauvisage CISL

DISPENSAIRE VETERINAIRE
Distribution of dog and cat food.
Monday, 7-8:30pm (with Gamelles Pleines)
M A Perrache or Cordeliers

Thursday, 7:30-9:30pm (at the Camion du Coeur)
Parking Raphaël Barros M A Flachet

FINDING A RELATIVE

LA CROIX ROUGE-RESTORING FAMILY LINKS

For those who need help finding a lost family member due to conflict, a natural disaster, or migration. Free and confidential service.
On site reception: Tuesday 9:30am-4:30pm
15 avenue Jean Mermoz, 69008
T2 Bachut MD Grange Blanche

→ Make an appointment by email, phone, or on internet:
rlf.dt69@croix-rouge.fr
06 11 70 59 83 (you can send a text message)
https://vu.fr/cjsNG

DAY CENTERS

FREE - Get rest and access to different sorts of help depending on the center (food & drinks, charge your phone, wifi, advice, social help ..etc).

Showers : limited spots
Laundry : to wash your clothes
Women only, men are not accepted

L'ORÉE AJD

For young people between 18 and 25 years old.
Monday 1:30pm-5:30pm
Tuesday 8:30 -12am
Wednesday 1:30pm-7pm
Thursday 1:30- 5:30pm.
To meet with a social worker, come at least one hour before the closing time.
04 78 92 88 11
6 rue d'Auvergne, 69002 MA Ampère

MAISON DE RODOLPHE

For isolated adults over 25 years old, or couples without children. Free breakfast. Lunch at 2€. Reception, guidance, Wi-Fi and air conditioning. Dogs welcome. Veterinary care by appointment.
Monday, Tuesday, Thursday, Friday: 8am-3pm
Wednesday: 8am-2pm (nurse in the morning)
04 89 61 21 82
105, rue Villon 69008
T2 Jet d'eau/ T4 Lycée Lumière

LES AMIS DE LA RUE

→ **Hospitality, shower, coffee**
Monday, Wednesday, Friday : 2:30-5:45pm
Saturday: 9:30am-12:30

→ **Social advice for non domiciled persons (in order of arrival)**
Monday, Wednesday, Friday: 2:30- 5:45pm

→ **Individual follow-up for domiciled persons (by appointement)**
04 78 03 55 91
rhone.amisdelarue@habitat-humanisme.org
28bis rue d'Alsace, Villeurbanne
MB Charpennes MA République

PETITS FRÈRES DES PAUVRES

For isolated people over 50, without housing.
Hospitality, orientation, hygiene, access to a telephone, internet, computer. Laundry services on appointment.
→ **Collective welcoming:** Monday, Wednesday, Friday 8:30am-12 (breakfast until 10am)
→ **Individual support (without appointment):**
Tuesday 8:30am-12
04 72 40 05 04
38 quai Dr Gailleton, 69002 MA Ampère

POINT ACCUEIL (LAHSO)

→ **Isolated men over 25 years old:**
Monday, Thursday, Wednesday and Friday 9-12pm

→ **Women and families:**
Wednesday, Friday 1:30-4:30pm

→ **Only women with or without children:**
Thursday 1:30- 5pm
Monday 1:30-4:30pm **at 21 rue d'Aubigny, 69003** MB Part Dieu

04 78 53 88 77
66 rue Etienne Richerand MB Part Dieu

ACCUEIL LE P.H.A.R.E.

For families (2 people and more).
Breakfast, Assistance, advice, activities...
Shower, distribution of hygiene kits and laundry services (by appointment).
Monday, Tuesday, Wednesday, Friday 9:30am-6pm. Thursday 9:30am-1pm
Last Saturday of the month: 9:30am-4pm
04 74 07 92 11
Stade Georges Livet, 35 avenue Marcel Cerdan, Villeurbanne MA Laurent Bonnevay

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ACCUEIL LES AMARRES

Men, women, and couples without children.
Listening, shower, food, rest, activities.
→ **Welcoming:**
Monday to Friday, 8:30am-12:30
→ **Social support, group workshops :**
In the afternoons, by appointment (on site).
04 72 40 24 92
25 rue Salomon Reinach, 69007
T1 Rue de l'Université / Saint André

ACCUEIL SAINT ANDRÉ

For isolated women and families with children.
Access to hygiene products, informations, listening.

Wednesday, Thursday, Friday: 1:30-5pm
2 Rue Félissent 69007 Lyon
MD Guillotière T1 Saint André

LA TOILE

Day center for transgender people, non-binary people and women in precarious situations. Does not accept minors.
PRM shower, listening and socialization area, snacks / breakfast, referrals, social support, domiciliation. Hygiene kits every other month.

Monday, Thursday: 1:30-4:40pm
Wednesday, Friday: 10am-1pm
06 50 92 81 22
31 rue de cuire, 69004 Lyon MC Henon

AU TAMBOUR!

For people self defined as women.
No children accepted.
Daytime shelter and hospitality. Listening, social interaction, rest, showers. Wellness activities on registration. Animals welcomed.
Monday, Thursday: 10am-1:30pm
Tuedsay: 1:30-4pm
→ **Address and infos on :** www.autambour.fr
06 77 08 09 15 Au Tambour
Opens mid-october.

Day center for unaccompanied minors:
Minor PASS Secours Populaire (see page 7)

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ASSOCIATIVE DOMICILIATION

A «domiciliation» is an adress to receive your mail (for more information, page 32). All these places are also day centers.

L'ORÉE AJD

For people from 18 and under 25 years old.
04 78 92 88 11
6 rue d'Auvergne, 69002 MA Ampère

LES AMIS DE LA RUE

For people over 25 years old.
To have a domiciliation, call on Thursday: 9:30am-12. 04 78 03 55 91
28 bis rue d'Alsace, Villeurbanne
MB Charpennes MA République

MAISON RODOLPHE

For isolated adults over 25, or couples without children.
04 78 92 88 11
105 rue Villon 69008
T2 Jet d'eau / T4 Lycée Lumière

PETIT FRÈRES DES PAUVRES

For adults over 50 years old.
04 72 40 05 04
38 quai Dr Gailleton, 69002 MA Ampère

SHOWERS

BAINS-DOUCHES DELESSERT

→ **Shower:** Monday to Friday, 7:30am-5:30pm
If possible, come with a towel, soap, shampoo (hygiene items are given for free if forgotten)
→ **Laundry service and hairdresser:**
make appointment on site
Monday: 8am-12
13 rue Benjamin Delessert, 69007
MB Stade de Gerland 07 64 58 28 43

LE RIZE

Free public shower. Registration on site.
Tuesday, Friday 9am-7pm
Wednesday 10am-7pm Thursday 5-9pm
Saturday 2-7pm 04 37 57 17 17
23-25 rue Valentin-Haüy, Villeurbanne
C 23 / TB 11 Blanqui-Le Rize
C 11 Perrin, T3 Reconnaissance-Balzac

HEALTHCARE

IN CASE OF EMERGENCY
CALL 15

Emergencies

If you can't call, go to the emergency room of the nearest hospital. In these situations, you do not need health coverage.

If you do not have health coverage (AME or CSS), you must see a social worker at the emergency room, otherwise you will have to pay for the services you received (19,61€).

If it's not an emergency, you must go to the PASS.

Everyone can go to the emergency room!

The PASS

Free medical appointments for people without health coverage.
Important: If you do not have health coverage (CSS or AME), do not leave the hospital without seeing a social worker.

PASS - LE VINATIER

For people over 16 years old.
→ **Medical consultations without appointment (come at 8:30 in the morning):**
Monday, Wednesday: 9am-12:30 / 1:30-5pm
Thursday: 9am-12:30
→ **Social worker, without appointment:**
Monday to Thursday: 9am-12 / 2-5pm
Friday: 9am-12 / 1:30-4pm
95, boulevard Pinel 69500 Bron
T2 T5 T6 Vinatier 04 37 91 52 07

PASS - HÔPITAL SAINT-JOSEPH SAINT-LUC

→ Without appointement: Monday, Tuesday 8:30am (**only 6 first patients, come at 7am**)
→ By appointment: by phone or email
04 78 61 88 70 (leave a message to get a call)
Monday, Tuesday, Thursday all day
pass@saintjosephsaintluc.fr
38 rue Raulin T1 Quai Claude Bernard
T2 Centre Berthelot
Closed on October 5 and November 23-24.

PASS - HOPITAL EDOUARD HERRIOT

For people over 16 years old. No appointment needed for the first time, **get there very early in the morning (from 6am).**
→ **Receive only 2 to 4 new patients per day: on Monday, Wednesday and Friday.**
→ **If you have an appointment :**
Monday to Friday: 8:45am-12:30 / 2-4:30pm (except on Thursday afternoon)
→ **Consultation for unaccompanied minors :** with and without appointment
5 place d'Arsonval, Lyon (PAVILLON K)
MD / T2 Grange blanche 04 72 11 03 94

PASS - MÉDIPOLE HOPITAL MUTUALISTE

For people over 18 years old. To see the doctor, make an appointment by phone or on site: 04 87 65 01 87
→ **Reception:** Monday to Thursday: 8:30am-4pm
Friday: 8:30am-12
→ **Nurse (without appointment):**
Monday to Thursday: 8:30am-12 / 1:30-5pm
Friday: 8:30am-12
158 rue Léon Blum, Villeurbanne
MA Laurent Bonnevay / T3 Bel Air
TB 11 C 11 Bon coin - Médipole
→ **From October 5 to 9 : open in the mornings only, 8:30am-12.**

PASS GH - PORTES DU SUD

By appointment only.
→ **Reception :** 04 72 89 86 03
Monday, Tuesday, Thursday 9am-4pm
→ **Social Service:** 04 27 85 21 56
Monday to Thursday 9am-4pm
→ **Nurse:** Monday, Tuesday 9am-4pm
Wednesday 9am-12 04 72 89 88 95
2 Avenue du 11 novembre 1918
T4 Hôpital Feyzin Vénissieux

Medical organisations

MÉDECINS DU MONDE: LE CASO

For people without health insurance only. Doctors, social workers, prevention.
Monday: 9am Wednesday: 1:30pm (come a little before the opening time)
103 cours Gambetta 69003
MD Garibaldi T4 Manufacture-Montluc

→ **Please call before coming, the information on the answering machine is up to date:** 04 72 92 49 01

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MÉDECINS DU MONDE: LE BUS

Open to all. Health prevention, healthcare, someone to talk to.
Every other Tuesday, and every Thursday: 7-10pm Place Carnot MA Perrache
Every other Tuesday: 7:30-9:30pm, with the Camions du Coeur
Parking salle Raphaël Barros, Villeurbanne MA Flachet

POLE SANTÉ SOLIDAIRE

Medical consultations, general health, showers (Tuesday and Thursday).
For people with or without medical coverage.
Interpreting possible. Receive first AME requests.
→ **Doctor** (by appointment):
Monday: 10am-12:30 / 1:30-4:30pm
Thursday: 10:30am-12:30 / 1:30-3:30pm

→ **Dermatologist and pediatrist:** call to make an appointment (waiting time: 15-30 days)

→ **PMI (child healthcare up to 6 years old and pregnancy monitoring):** without appointment
Wednesday 9:30am-12:30

→ **For people with health cover: appointment with a midwife available on Doctolib**
40 avenue de la Table de Pierre, Francheville
C24 / BUS 73 Hôpital Antoine Charial
06 20 28 68 69

ESSIP - NURSING CARE

Mobile nursing team. Support with health care, access to health care rights.
On medical prescription for nursing care. People with or without rights.
Travels to where people live (housing, squats, hostels).
Provide care at the Medical Care Center, 305 rue Paul Bert.
To make an appointment:
04 78 14 14 15 or contact@essip.fr

Tuberculosis / BCG /Vaccination

CDHS

Screening for tuberculosis and respiratory diseases. Pulmonology consultations, quitting smoking. Free compulsory vaccinations and BCG (vaccines provided).
→ **6 centers in the Rhône department:** Lyon, Villeurbanne, Vaulx en Velin, Vénissieux, Givors, Villefranche. All the infos on: cdhs.fr
Make an appointment by phone or on doctolib.fr

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CDHS LYON

Vaccinations every day. Medical consultations by appointment.
04 72 73 12 76
92 cours Vitton, 69006
MA MB T1 Charpennes

Family / Child

PASS - HOPITAL FEMME MERE ENFANT

Pediatric medical care (-16 years old)

Make an appointment by phone or email.
Reception: Monday to Friday, 8am-12
04 72 11 81 65
hfme.passpediatrique@chu-lyon.fr
59, boulevard Pinel 69500 Bron
T6 Hôpitaux Est Pinel
C8 / C9 Hôpital mère enfant

PASS PERINATALITÉ - HOPITAL EDOUARD HERRIOT

Support during pregnancy. By appointment.
Reception: Monday to Friday, 9am-4pm (closed on Thursday afternoon)
04 72 11 25 91, a medical-social professional must make the 1st appointment.
heh.passperinat@chu-lyon.fr
5 place d'Arsonval, Lyon (PAVILLON K, entrance 1) MD Grange Blanche

PMI - INFANT AND CHILD PROTECTION

Pregnancy monitoring, preparing for birth and parenting, and child healthcare up to 6 years old (growth, vaccinations...etc).
PMI are located in each "**Maison de la Métropole**":

https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html

CENTRE SOCIAL BONNEFOI

Parent-child listening point. Family therapist welcoming parents and children aged 0 to 12 (alone or as a family). Help with parenting issues, migration, etc.
Possibility to ask for an interpreter.
To make an appointment:
04 78 95 12 72
or karine.jacquet@cdpr69.org
Pôle accès au droits, 11 rue de Turenne
MD Guillotière

Eyes / Teeth / Hearing

URGENCES / PASS DENTAIRE

Only if emergency or dental infections.
Bring proof of identity if possible.
Monday to Friday 8:45am-2pm
Saturday 8:30-11am (come early)
04 72 11 03 61 M D / T 2 Grange blanche
5, place d'Arsonval, Lyon (PAVILLON T)

→ **If you need a dental check-up, write an email to:** heh.passdentaire@chu-lyon.fr

FRANCE HUMANITAIRE

For people without medical coverage (no AME or CSS). Minors must be accompanied.
No appointment needed (registration from 3pm)
→ Dental problems **(emergency only): closed until November 19**
→ Eye problems: Tuesday, 1:30-5:30pm
04 72 73 09 25
15 rue Cavenne 69007 Lyon M D Guillotière
→ **Some shifts may be cancelled due to a lack of volunteers, call the voicemail to get the info.**
Closed on October 1, 6, 20 and 27.

DROIT DE REGARD

Free glasses. For people with medical coverage (CSS or AME). For the AME, a social worker must first contact them to complete a form.
→ go to the shop with : your Carte Vitale or social security certificate, your CSS or AME card, your prescription.
6 rue Victor Hugo M D M A Bellecour
Tuesday to Saturday : 10am-1pm / 2-7pm
prevention@droitderegard.com

AUDITION SOLIDARITÉ

For people without medical coverage or with AME. Free.
Hearing check-up, hearing aids and annual follow-up. First consult a specialist (ORL) for a prescription, then contact Marion by email or phone (call or SMS) to make an appointment with a hearing aid specialist.
06 72 83 79 55
marion@auditionsolidarite.org

Sexual Health

Helpline number: «Sexualités-Contraception-IVG» 0800 08 11 11 (free)

ASSOCIATIONS:

DA TI SENI

Information and screening for HIV /Hepatitis B and C by TROD. No appointement needed.
Monday, Tuesday, Thursday 9am-4pm
Wednesday 9am-12pm 06 95 29 29 97
in front of the Forum Réfugiés SPADA
336 rue Garibaldi, 69007 M D Garibaldi

PLANNING FAMILIAL 69

Informations and advice about sexual and reproductive health, life as a couple.
Appointments possible for contraception, abortion, pregnancy check-ups, and sexuality transmitted infection (STI). Interpreter available.
Monday, Wednesday, Thursday: 9am-12 / 1-6pm
Tuesday 1-6pm Friday 9am-12 / 1-4pm
2 rue Lakanal, Villeurbanne
T 1 / T 4 le Tonkin 04 78 89 50 61
Closed on October 14 and 30, November 11, and 18-19.

→ **Other centres do the same (CSES) and provide support on relationships and sexual health. Find them on:**
https://www.grandlyon.com/centres-sante-et-education-sexuelles-cses

AIDES

Community association for the fight against AIDS and viral hepatitis.
Support and guidance, access to sterile prevention equipment. Self-help groups.
→ **Help for access to rights and healthcare:**
Tuesday, by appointment

→ **HIV/HBV/HCV/syphilis testing (anonymous and free):** Tuesday 2-7pm

→ **For any questions, guidance or to make an appointment:** Monday to Friday, 11am-6pm
06 34 45 51 27 / 04 78 68 05 05
110 rue Sully, 69006 M A Masséna

ENIPSE

Mainly for LGBTQIA+ people.
Rapid, anonymous and free HIV and hepatitis B/C testing.Chemsex prevention talks (product analysis available).Free distribution of condoms, gels and risk reduction equipment.
Monday and thursday 2-8pm
6 rue Donnée 69001 Lyon M C Croix Paquet

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ASSOCIATION DE LUTTE CONTRE LE SIDA

Information and screening for HIV / Hepatitis B and C by TROD.
Friday 1:30-5pm, without appointment
Arche de Noé, 3 rue Félissent, 69007
T 1 Saint André 07 56 47 00 54

HOSPITAL SERVICES:

CEGIDD: SCREENING AND CARE CENTER

Medical testing for: HIV, Hepatitis A/B/C, chlamydias, syphilis / Sexually Transmitted Infection care (such as PrEP).
To make an appointment:
→ **By phone** (they receive a lot of calls, do not hesitate to call several times)

→ **For non-urgent screening, book an appointment online. See the QR code or the link:**
https://www.chu-lyon.fr/cegidd-centre-gratuit-information-depistage-diagnostic-ist
(connect on Friday morning from 9am to have a slot for the following week)

→ **If your risk is less than 48 hours old, come urgently, without an appointment.**

CEGIDD HÔPITAL EDOUARD HERRIOT

Reception: Monday, Thursday: 8:30am-7pm
Tuesday: 8:30am-5pm
Wednesday, Friday: 8:30am-4pm
(Pavillon K) 5 place d'Arsonval
M D Grange Blanche 04 72 11 62 06

CEGIDD HÔPITAL CROIX ROUSSE

→ **Phone reception:** 04 26 10 94 73
Monday to Thursday 10am-12:30 / 2-4:30pm
Friday 11am-12:30 / 2-4:30pm

→ **Welcome on site:** Monday 8:30am-6pm
Tuesday 9am-6pm Wednesday 9am-5pm
Thursday 8:30am-6:30pm
Friday 10:30am-4:30pm
103 grande rue croix rousse
M C Hénon

Mental health

PASS VINATIER

Only for people without health rights.
Psychological or psychiatric asssistance, by appointment on site. 04 37 91 52 07
Possible medical prescriptions.
Monday to Thursday: 9am-12 / 2-5pm
Friday: 9am-12 / 1:30-4pm
95 boulevard Pinel T 2 T 5 T 6 Vinatier

ECOUTE LYON BELLECOUR

A place to talk and to be heard, located in the Bellecour metro station. Without appointment.
Individual counselings.
Monday to Friday: 12-7pm
In the Metro station M A Bellecour, line A, in the direction of Perrache (in front of la Mie Câline)

CPCT - PSYCHOLOGY CONSULTATIONS

For people over 18 years old. Free appointments. Appointments in English available. Does not provide medical prescriptions or diagnoses.
To make an appointment:
Monday to Friday 10am-12pm / 2pm-5pm
04 78 96 10 56
84, rue de Marseille M B Jean Macé
T 2 Centre Berthelot T 1 Rue de l'Université

L'ESPACE - ORSPERE SAMDARRA

Place for discussion, encounters and exchange.
Various activities are available every month.
Available in English, Arabic, Tigrinya, Amharic, Spanish, Dioula / Bambarra, Mooré.
Monday to Thursday: 2-5:15pm
→ **For women only (children are welcome):**
Wednesday, 10am-12
07 61 07 89 12
275 rue André Philip M B Place Guichard
Closed on October 8 and November 11.

CENTRE ESSOR - FORUM RÉFUGIÉS

For asylum seekers and adults refugees, minors over 6 years old, and unaccompanied minors followed by the MEOMIE.
Medical and psychological consultations.
Physiotherapy and art therapy sessions.
Therapeutic groups. Interpreting possible.

Appointments by phone: 04 78 03 07 59
or email: centredesante@forumrefugies.org
158 ter, rue du 4 août 1789
69100 Villeurbanne M A Flachet

Mental Health Information and Referral Line of the Vinatier hospital:
08 05 05 05 69 (free, 8am-8pm 7/7)
contact@livesantementale.fr

National suicide prevention number:
3114 (free, 7/7, 24/24)

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Addictions

The CAARUD work to assist and help reduce risks for drug users (anonymous and free).

Access to risk reduction material, infirmary, counselling, hygienic spaces, follow ups, risk reduction workshops, laboratory product testing, HIV/ Hepatitis screening.

CAARUD RUPTURES

Languages available: Russian,English,Georgian
→ **Group access (showers, washing machines, snacks):**
Monday, Tuesday, Thursday 9:30am-1pm
→ **Individual access:**
Monday to friday 2:30-4:30pm
36, rue Burdeau M A Hôtel de Ville
M C Croix-Paquet 04 78 39 34 89

→ **For a delivery of risk reduction material call:**
06 30 52 02 96

CAARUD - LE BUS

Access to risk reduction material
Sunday 6-7:15pm
Place des Terreaux, 9 rue Édouard Herriot M A Hôtel de Ville
Sunday 8-9:30pm
Next to La Cantina, 172 rue Anatole France 69100 Villeurbanne M A Cusset
For a delivery of material, call 06 30 52 02 96

CAARUD PAUSE DIABOLO

→ **Access to risk reduction material:**
Monday 10am-8pm
Tuesday, Thursday, Friday 10am-6pm
Wednesday 10am-1pm

→ **Group reception:**
Monday 2.30-5.30pm
Tuesday 2.30-5.30pm (women only)
Wednesday and Friday 10am-1pm
04 78 62 03 74.
64, rue Villeroy M B Saxe Gambetta

Questions about your rights to healthcare?

PROMOTION SANTÉ 69

Health mediation, for people living in :
→ **3rd and 8th districts**
→ **Meyzieu, Feyzin, Saint-Fons, Saint-Genis-Laval**
All the infos and addresses on the QR code, or on the website.
mediation-sante@promotion-sante-ara.org

POLE SANTÉ SOLIDAIRE

Health mediation. For residents of Francheville and around.
Tuesday: by appointment.
Thursday: without appointment
To make an appointment: 06 20 28 68 69
Monday to Thursday, 9am-12:30 / 1:30-5pm
40 avenue de la Table de Pierre, Francheville
C 24 / BUS 73 Hôpital Antoine Charial

COMEDE

→ **Questions about access to healthcare** (getting health insurance, or residency rights for medical reasons...) ?
01 45 21 63 12
Monday: 9:30am-12:30/2:30-5:30pm
Friday: 9:30am-12:30

→ **Questions about a medical treatment or check-up ?**
01 45 21 38 93
Monday, Tuesday: 2:30-5:30pm
Thursday: 9:30am-12:30

WORK

YOON FRANCE

Support in finding work: advice and interviews, practical workshops. **Free support, open to all, no appointment needed.**
→ Espace Bancel, 50 rue Bancel
M B Jean Macé Monday 2-4:30pm

→ La Cantina, 172 rue Anatole France Villeurbanne M A Flachet
Wednesday 9:30-11:30am
07 82 45 44 06 contactyoonfrance.com

Infos and registration on : yoonfrance.com/personnes-etrangeres/#permanences

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CNT-SOLIDARITÉ OUVRIÈRE

Legal advice and support to help you defend your rights at work. Group information sessions on regularisation through work. No help with job search.
Open to all foreigners unconditionally.
By appointment only:
07 70 25 12 95 or ud69@cnt-so.org
Union Régionale - 8 rue Paul Lafargue, 69100 Villeurbanne M A Gratte-Ciel

SINGA

Employability programs: Open to all.
Pro Workshops: CV and cover letter writing, interview preparation. Registration by phone:
06 64 41 30 66 employabilitelyon@singa.fr
Place communicated by text message

ESCALE SOLIDAIRE HABITAT ET HUMANISME

Help with creating CVs, job/training searches, guidance, advice, preparation for job interviews, etc. 09 74 13 73 23
Thursday: 2-5pm, without appointment
5 rue Hector Berlioz 69100 Villeurbanne
M A / M B Charpennes

PROGRAMME KURSO

Free, paid support to help you get back into work, find a job and deal with administrative formalities (housing, mobility, childcare, driving licence, etc.):
→ **For people facing barriers to employment related to parenthood, (childcare, single parenthood etc.) who are authorised to work in France and reside in the metropolitain Lyon area.**

→ **For people over 40 who are authorized to work in France and live in the Nouveau Rhône area**
By appointment only. For further information:
04 51 42 01 09 programme@kurso-rhone.fr

CAUSONS

Trains exiled individuals to teach their own language to French-speaking audiences.
→ Group foreign language courses taught by exiles: English, Arabic, Armenian, Dari, Spanish, Farsi and Russian. For more information: https://causons.org/
→ Cultural and linguistic activities
lyon@causons.org 06 26 65 30 20
Maison de l'Hospitalité, 236 cours Lafayette
M B Place Guichard T 1 Thiers Lafayette

WEAVERS FRANCE

→ **Pre-employment training:**
French, digital, employability, personal development, internships. Work contracts at the end of the course. 4 month training.

→ **Conversation in French:** Tuesday 6-8pm
contact@weaversfrance.org
06 25 09 56 82
Find out more about the dates on:
https://www.weaversfrance.org/programmes

PREMIÈRES HEURES EN CHANTIER

Employment integration programme for homeless people, supported by an educator.
For people with a work permit. Only on referal from a social worker.
Several sites in and around Lyon.
phc-lyon@cvgce.org

For more information on the right to work in France, see page 39.

University

RÉFUGIÉS ENSEIGNEMENT SUPÉRIEUR

For refugees and asylum seekers. By appointment. Return to school program: (individual assessment interviews, workshops, registration to university, scholarships, housing etc...).
12 rue Gabriel Péri M B Gare d'Oullins
06 69 12 98 66 contact@res-asso.org
https://res-asso.org/

COLLECTIF DES ÉTUDIANTS ÉTRANGERS

collectif.etudiants.etrangers.lyon@riseup.net

HAPPYTOQUE

Mobile app for students only.
Free food baskets and cultural events.
https://happytoque.org/

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LEARN FRENCH

French lessons

ERIS

→ **5 month intensive French language training, monday to friday** (level A1.1 to A2): 9:30am-4pm

→ **Progressive training with support for learning French** (level A0): 3 mornings per week.

Next training sessions: September 2026.
For asylum seekers and refugees, beginners in French. All classes are mandatory.

→ **Registration desk:** Wednesday 2-4pm
Registration on the waiting list directly on the website: https://eris-formation.org
formation@eris-association.com
La Boîte à Ressorts, 13 bis rue Girié.
T 3 Dauphiné Lacassagne.

TIERS LIEU MAISON SÉSAME SECOURS CATHOLIQUE

Information at the reception desk.
→ **French classes for all levels, for asylum seekers**
Tuesday and Friday: 9:15-11:30am
Wednesday, Thursday: 2:15-4:30pm
→ **Conversations in French, open to all**
Friday: 9:15-11:30am
111, rue du 1er mars 1943, Villeurbanne TB TB 11 C 23 C 27 Grand Clément
Maison Sésame

SECOURS ISLAMIQUE

→ **French class level A0 :**
Monday, Tuesday 2:30-4pm
→ **Level A1 :** Monday, Tuesday, Wednesday, Friday : 10-11:30am
→ **Level B1 :** Wednesday, Friday 2-3:30pm

Registration on site or by phone:
Monday to Friday: 10am-1pm / 2-5pm
Thursday : 10am-1pm
04 27 11 87 87
371 rue Garibaldi, Lyon 69007
T 2 Garibaldi - Berthelot / M B Jean Macé

ILE EGALITE (COLLECTIF SOLIDARITE CUSSET)

French classes all levels, no registration required.
→ **Beginner level :** Monday 5-6:30pm
Friday 2-4pm

→ **Intermediate level :** Tuesday 5-6:30pm
Thursday 6-8pm

→ **Advanced level :** Wednesday 6-8pm

→ **All levels classes :** Tuesday 6:30-8pm
Wednesday 2-4pm / 4-6pm

→ **Preparation for the civic test:**
Wednesday 6-8pm

Île Égalité, 6 rue de l'Égalité, Villeurbanne
M A Cusset
cours-francais-ile@riseup.net
Collectif Solidarités Cusset

ITINÉRENS

Free French courses (minors are not allowed), without registration, for all levels, at the ENS.
Course schedule by level available on Facebook, website and on the board in the ENS entrance.
Many slots during the week.

Itinerens itinerens.lyon@gmail.com
https://itinerens.wordpress.com/
15 parvis René Descartes
M B T 1 T 6 Debourg

CENTRE SOCIAL DES BUERS

For people living in Villeurbanne.
French workshops for daily life conversations.
→ **Day time :** Tuesday 9-11am
Thursday 2-4pm
→ **Evening :** Tuesday 6-8pm

To register: 04 78 84 28 33
or linguistique@csbuers.fr
17 rue Pierre-Joseph Proudhon
M A Flachet C 21 Louis Michel
C 69 Pierre Joseph Proudhon

CIMADE

Free French classes.
After registration you will be assigned to a regular course, 2 hours a week, according to your level and availability.
→ **Next registration dates :**
November 6th, 5-7pm
November 7th, 10am-12
Contact them on : fle.lyon@lacimade.org
33 rue Imbert Colomes M A Hôtel de Ville

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ACT FOR REF

French classes, all levels. Registration by email at : act-for-ref@outlook.fr
Tuesday 6:30-8pm
Maison de l'Hospitalité, 236 Cours Lafayette
M B Part Dieu T 1 Thiers- Lafayette

TERRE D'HOMMES

French classes for all level. No registration needed.
Monday 6-7:30pm (room L.306)
Wednesday 6-7:30pm (room L.208)
Science Po Lyon, rue du professeur Charles Appleton T 2 / T 4 Centre Berthelot
→ For more information :
contact 07 67 46 84 98 or 06 20 65 73 16
Insta:@assoterredhommes Terre d'Hommes
terredhommes@sciencespo-lyon.fr

CPU €

Only for asylum seekers (under 40) who have completed at least 12 years of schooling, and speak a bit of French.
Membership : 30€. Regular classes all year.
1 rue Bonald 69007 Lyon
T 1 Saint André M D Guillotière
04 72 70 22 90 ou 06 17 51 15 38
accueil@cpu-lyon.org / cpu-lyon.org
@CPU-LYON / Instagram: CPU/LYON

FIL €

French courses, different levels. 5 locations in Lyon. Small financial contribution for registration fees. Information on courses and registration on the website :
https://fil-fle-lyon.org/
filflelyon@gmail.com

CENTRE SOCIAL QUARTIER VITALITÉ €

French workshops. Membership of 9€.
To register :
04 78 39 36 36 / 07 86 11 92 82
or plp124@afi3.fr
→ Beginners : Thursday 2-4pm
Quartier Vitalité, 7 rue St Polycarpe 69001
M A Hotel de Ville

DROIT POUR TOUS

French classes, all levels. Registration on site.
Tuesday and Thursday 9-11am
94 avenue St Exupéry, 69500 Bron
M D Mermoz Pinel C 21 Lionel Terray
06 95 24 20 26

WATIZAT, TOUS DROITS RÉSERVÉS / WWW.WATIZAT.ORG

Conversation in French

SINGA BLABLA

Conversations in french. No registration required.
Tuesday: 5-7pm
236 cours Lafayette, 69003
M B Part Dieu / T 1 Thiers Lafayette

Wednesday 4-6:30pm
12 Rue Gabriel Péri, 69350 Oullins
M B Gare d'Oullins / BUS 15 Gare d'Oullins

06 09 53 77 85
For the detailed program:
Singa Lyon communautelyon@singa.fr

BIBLIOTHÈQUE MUNICIPALE DE LYON

Conversation in French for people learning French.
Basic knowledge of French required.
With or without registration.
All informations about the classes on the library website:
bm-lyon.fr (in «Les Rendez-vous», search for «Français Langues Etrangères»)

OHLALA FRANÇAIS

Videos and Facebook live, all levels.
ohlalafrancais

KARIBU

Free application to learn French from Pashto, Arabic, and Ukrainian.
https://www.bibliosansfrontieres.org/karibu/

PARLERA

On the **website PARLERA.FR** you can find contacts and practical information for French training courses or examination centers in French in the Rhône region.
ecrit69@afi3.fr
0800 970 669 (free)

ACTIVITIES

CULTURE POUR TOUS

Free tickets all year long: theatre, concert, festival, opera, cinema, museum, exhibition... Find them with the picto in the guide or on http://www.culture-pour-tous.fr

PUBLIC LIBRARIES

Books, computers, internet access, outlets to charge devices/electrical plugs,...
16 public libraries in Lyon.
Infos and addresses: bm-lyon.fr

ILE EGALITE (COLLECTIF SOLIDARITE CUSSET)

→ **Self-defense workshop in chosen mixity**:
Monday, 6-7:30pm

→ **Popular boxing:** Friday: 6-8pm
Saturday 9-11am

→ **School homework help:**
Monday, Thursday: 4:30-6pm
Île Égalité, 6 rue de l'Égalité M A Cusset
Collectif Solidarités Cusset
Insta: @collectif-solidarité-cusset

All the activities are on the website:
https://www.solidarites-cusset.org

TIERS LIEU MAISON SÉSAME SECOURS CATHOLIQUE

A space open to all, for meeting and sharing.
→ **Coffee time:** Tuesday, Friday: 9:15-11.30am
Wednesday, Thursday: 2:15-4:30pm
Saturday: 9:15am-12:30

→ **Sewing workshop:** Friday 9:15-11:45am

→ **Cooking workshop:** one Thursday per month, 9:15am-2pm
Registration required on site or by phone at 06 38 36 89 51

→ **Hairdresser**, without appointment:
Saturday: 9:15am-12:30

→ **Convivial time** (dance, songs, games): Thursday 4.30-8pm

→ **Workshop for repairing devices and clothes:** every other Saturday, 9am-12. Without appointment
111 rue du 1er mars 1943,Villeurbanne
TB 11 C 23 C 27 Grand Clément
Maison Sésame (Secours Catholique)

KABUBU

Free weekly sports activities open for all. Registration required.
→ **Climbing**: Monday 2-4pm
MRoc Part Dieu, 86 rue du pensionnat

→ **Basketball:** Monday, 8:15-10pm
For women only: Monday 6:45-8pm
Gymnase du Groupe scolaire Frida Kahlo, 1 Pl. Elsa Cayat, 69007

→ **Mixed Volleyball**: Tuesday 4:30-6pm
Vitamine 7, 3 bis Rue Félix Brun 69007

→ **Running**: Tuesday 6:45-8pm
Maison de l'Hospitalité, 236 cours Lafayette

→ **Women's yoga:** Wednesday 6:15-8:15pm
château gaillard school gym,
18 rue montgolfier, Villeurbanne

→ **Padel:** Thursday 10am-12
Sportfiled, 15 rue pré-gaudry, 69007

→ **Mixed Yoga**: Thursday 6-7:30pm
Maison de l'Hospitalité, 236 cours Lafayette

→ **Badminton**: Friday 6-7:30pm
Tuesday 9:30-11pm
Salle Cube de la SEPR, 46 Rue Professeur Rochaix 69003

→ **Mixed boxing:** Friday 6-7:30pm
Maison de l'hospitalité, 236 cours Lafayette

→ **Dance**: Friday 8-10pm
4 rue Vaucanson, 69001

Programme and registration:
https://www.kabubu.fr/fr/lyon
Or on Whatsapp at : 07 82 77 58 64
Kabubu Lyon lyon@kabubu.fr

SINGA

Writing workshops, dance, singing, yoga, painting, climbing...
For all the infos: «Singa Lyon»
communautelyon@singa.fr
→ Opening time «Ask your questions about SINGA!»: Tuesday 9:30am-12
12 rue Gabriel Péri, La Mulatière, 69350
M B Gare d'Oullins 06 09 53 77 85

WOMAN OF SINGA - MONINGA

Cultural activities and events all year round!
Open to all women.
To join the WhatsApp group and be updated on all events and activities, send a message to:
06 09 53 77 85 communautelyon@singa.fr

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ESCALES SOLIDAIRES

Movies, sewing, choir, yoga, cooking, hairdresser, and other activities.
Register on site or on the website: https://www.habitat-humanisme.org/ateliers/

252 rue Duguesclin 69003 04 81 09 16 93
M B Place Guichard T 1 Palais de Justice

5 rue Hector Berlioz 69100 Villeurbanne
M A / M B Charpennes 09 74 13 73 23

25 rue Delandine 69902
M A Perrache 09 82 81 35 90

78, rue Tronchet 69006 M A Masséna
09 74 19 03 47

31, rue du professeur Rochaix
M D Grange Blanche 04 81 09 34 95

2 Place Dumas de Loire M D Valmy
09 82 81 35 90

L'ESPACE DE L'ORSPERE SAMDARRA

Creative activities, sports, music, dance...
Schedules available at the beginning of each month on: www.orspere-samdarra.com
Monday to Thursday 2-5:15pm
For women only: Wednesday 10-12am
07 61 07 89 12
275 rue André Philip M B Place Guichard
Closed on October 8 and November 11.

LA CLOCHE

Social networking activities and a network of shops offering services and products.
→ Welcoming time to share a coffee, registration for free activities, distribution of vouchers to spend at our partner shops:
Tuesday: 3-5pm
Le Flâneur Guesthouse, 56 rue Sébastien Gryphe M D Saxe Gambetta
For more info and to know the dates and activities:
07 67 85 78 32 Insta: @laclocheaura
La cloche Auvergne Rhône Alpes

VILLA URBANA (WEAVERS)

Activities linking exiles and local people: sport, wellness, creative activities, sewing, yoga, French lessons etc.
Free and open to all, regardless of status.
Programme on: https://www.weaversfrance.org/tiers-lieu
06 25 09 56 82
villaurbana@weaversfrance.org
50 cours de la République, 69100 Villeurbanne M A République

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SECOURS ISLAMIQUE

→ **Hairdresser, by appointment.**
Women : Wednesday 10am-5pm
Men : Friday 10am-1pm

→ **Sewing workshop:**
Tuesday, Friday 2:30-4:30pm

→ **Shared kitchen :** to cook on site. By registration

Free, registration on site or by phone:
Monday, Tuesday, Wednesday, Friday: 10am-1pm / 2-5pm Thursday 10am-1pm
04 27 11 87 87
371 rue Garibaldi, Lyon 69007
T 2 Garibaldi - Berthelot / M B Jean Macé

ENTOURAGE

Free application for events (games, manual activities...) and a network of mutual aid.

→ **Breakfast:** Last Tuesday of the month
Villa Urbana, 50 cours de la République

Registration required for all activities on the Entourage application or by sms:
07 78 22 77 90 (limited places)

TERRE D'ANCRAGES

Reception and integration of exiled people.
Activities and schedules on:
https://terredancrages.org/agenda-activites/

To register: 06 56 66 12 30
or reseau@terredancrages.org
«Terre d'Ancrages»

LE RIZE

Free cultural programme all year long, available on:
http://lerize.villeurbanne.fr
23-25 rue Valentin-Haüy,
Villeurbanne C 23 / TB 11 Blanqui-Le Rize

SPORTING VILLEURBANNE

Soccer training open to all from age 15, all levels. 06 59 99 07 36
Wednesday: 6-8pm
Complexe sportif de l'Enna,
Rue Henri Legay, Villeurbanne C 8 Legay

SOCIAL BASKATE

Meet-ups to learn how to skateboard and make social connections. Open to all, all levels.
Contact them on Instagram : @socialbaskate
or amandine@socialbaskate.com

Parent/child

LIEUX D'ACCUEIL ENFANTS-PARENTS (LAEP, PARENT-CHILD CENTRE)

Spaces adapted for small children and childcare (games...). Support and assistance groups for parents.
Open to all parents with their children.
Anonymous, no registration, usually free.
For children under 4 and up to 6 years old in some of the spaces.
Possible to meet with childcare professionals.

→ **Over 10 sites in Lyon:**
https://lacausedesparents.org/les-lieux-daccueil-enfants-parents-laep-a-lyon/

WOMEN SUPPORT

N°ABUSED WOMEN. 3919 FREE - 24/7

PASSERELLES BUISSONNIERES

Support for women in social isolation or affected by changes in their work and social environment due to exile and/or health problems

→ Individual and group support, access to rights, socio-professional integration, to help women become more independent.

→ Socio-legal and health assistance for abused women seeking asylum.
You must make an appointment by phone:
Monday, Tuesday, Thursday : 9am-12 / 2-5pm
Wednesday, Friday: 9am-12
04 26 17 47 18
contact@passerellesbuissonnieres.org
26, rue des capucins 69001 Lyon
M A Hôtel de ville

SECOURS ISLAMIQUE

Women's discussion group, without registration. Free breakfast.
Tuesday 10:30am-12
371 rue Garibaldi, 69007
T 2 Garibaldi - Berthelot / M B Jean Macé

DA TI SENI

Support and care service for women and families who have undergone female genital mutilation.
Tuesday, 2:30-5pm
Centre Social Bonnefoi, 11 rue de Turenne, 69003 M B Saxe Gambetta/ M D Guillotière
For more information, call : 04 78 00 10 39

VIFFIL - SOS FEMMES

For women victim of violence.
Welcoming space, listening, and informations on your rights.

→ **For advice and information, call:**
04 78 85 76 47
Monday, Wednesday, Friday: 9:30am-12:30 / 1:30-5pm
Tuesday, Thursday: 9:30am-12:30

→ All the VIFFIL's permanences on the website:
https://www.viffil.com/contact-viffil/

CENTRE D'INFORMATION SUR LES DROITS DES FEMMES ET DES FAMILLES (CIDFF)

Information about women's rights, support for parenthood, support for returning to work, support for starting a business

Monday to Thursday: 9am-1pm / 1:45-5pm
Friday: 9am - 1pm

→ **Legal support by phone :** Monday to Friday 9am-1pm Thursday 2-5pm
18 place Tolozan 69001 Lyon
M A Hôtel de Ville 09 78 08 47 48

→ To see all the CIDFF centers in and around Lyon:
https://rhonearcalpin-interdepartemental.cidff.info/liste-des-permanences/

PREGNANCY, PERINATAL AND ADDICTIONS CONSULTATION - CSAPA

Addiction counselling and psychotherapy for pregnant women, women who have recently given birth or women wanting to get pregnant, suffering from addictions.

Make an appointment by phone or email:
04 26 73 25 90
nathalie.duvernay@chu-lyon.fr
CSAPA Croix-Rousse Hospital, Building C, 1st floor. 103, Grande Rue de la Croix-Rousse
M C Hénon

WATIZAT, TOUS DROITS RÉSERVÉS / WWW.WATIZAT.ORG

LGBTQIA+

AIMEL +

Support and inclusion of LGBTQIA+ migrants and exiles.
Support for asylum procedures, listening and information. Information about health (sexual and mental health). In and around Lyon.
Make an appointment on:
Insta : @aimel.plus / Aimel +
or by email: aimel.association@gmail.com
Contact in French, English, Spanish, Russian, Portuguese.

FONDATION LE REFUGE

Welcoming, temporary accommodation, multidisciplinary support for young victims of LGBT+phobias and in a situation of family rupture.
Write an email to get an appointment or information: lyon@le-refuge.org
National hotline (7/7, 8am-00): 09 39 03 63 03
29 rue de la Claire M D Vaise

2MSG - LGBTI+ AFRICAN REFUGEE COLLECTIVE

Activist association of mutual help for lgbt+ persons from Africa.
Help for paperwork (asylum, appeals, CAF, work). Support for daily life and fight for rights.
Leave a message at: 06 05 68 17 26
contact@asso2msg.org asso2msg

CENTRE LGBTI+

Welcome, support, combating discrimination, prevention, cultural activities and sports.
→ **To reach a volunteer call:** 0 805 031 181
Monday to Friday: 9am to 9pm.
Saturday: 1-6pm

→ **Welcoming times:** Monday to Thursday: 5:30-7:30pm Friday: 2-7pm
→ **Health service:** Wednesday: 5:30-7:30pm
→ **Legal help**:
Tuesday: 7-9pm, by appointment.
Contact social@centrelgbtilyon.org
19 rue des Capucins M A Hôtel de ville
Centre LGBTI Lyon / Insta @centrelgbtilyon
centrelgbtilyon.org

SEX WORK / PROSTITUTION

CABIRIA

Support for sex workers.
→ Prevention, screening
→ Legal support (arrests, violence, exploitation, discrimination, family rights)
→ Administrative assistance (AME, CSS, asylum) and domiciliation
→ Financial aid
→ French classes
Without appointment : Monday 2-6pm
By appointment: call 04 78 30 02 65
5 quai André Lassagne 69001 Lyon
M A Hôtel de ville M C Croix-Paquet

Emergency number (24/7):
06 07 62 26 59

AMICALE DU NID

Hospitality and assistance for persons in a situation of prostitution.
Day center, access to rights, integration, domiciliation, mediation, health and mental health, finding a path out of prostitution.
→ **To make an appointment:**
Monday to Friday, 9:30am-12 / 1:30-5pm
04 78 27 28 20.
29 rue St Jean de Dieu, Batiment B, Technopark 2, 69007 M B Debourg
BUS 64 Carteret T 6 Arrêt Challemel-Lacour
Closed on October 15-16 and November 11.

MOUVEMENT DU NID - RHÔNE

Hospitality and assistance for persons in a situation of prostitution: listening, administrative assistance, access to rights, care, collective activities, social link, support to exit prostitution..
→ **By appointment only:**
Monday to Friday

→ **French course:** Tuesday 10:30am-12 (beginner) / 2-3:30pm (intermediate)

70 rue Rachais 69007 M D Garibaldi
06 33 40 94 98
accompagnement-69@mouvementdunid.org

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SOCIAL RIGHTS

WHO CAN HELP ME?

You can get support from a social worker whatever your status is. You do not need to be in a legal situation.
You can ask for support concerning: food, housing, healthcare, support for families and young children, providing an administrative address, etc.

To get an appointment :

→ **If you live in Lyon:** contact the **Maison de la Métropole de Lyon (MDML)** closest to where you live or where your administrative residence is registered, or go directly on site. You will be listened to, informed and then directed to a designated person to assist you in your procedures.

1E ARRONDISSEMENT

MDML Neyret
04 28 67 14 00
18, rue Neyret M C Croix-Paquet

2E ARRONDISSEMENT

MDML Sainte-Hélène.
For asylum seekers
Closed on tuesday morning.
(social support, help in your administrative procedures)
04 28 67 17 00
9, rue Sainte-Hélène M D / M A Bellecour

3E ARRONDISSEMENT

MDML Corneille
149, rue Pierre Corneille
M B Place Guichard
04 28 67 23 40

MDML Sainte-Anne
4, place Sainte-Anne
T 1 T 4 Tiers Lafayette
04 78 54 36 90

4E ARRONDISSEMENT

MDML Deleuvre
For families with children
04 28 67 22 10
51, rue Deleuvre M C Hénon

5E ARRONDISSEMENT

MDML Cléberg
5 bis, rue Cléberg
Funiculaire Fourvière
04 28 67 22 50

6E ARRONDISSEMENT

MDML Foch
52, avenue Maréchal Foch M A Foch
04 28 67 23 60

7E ARRONDISSEMENT

MDML Bancel
40, rue Bancel
M B Jean Macé
04 28 67 18 00

MDML Félix Brun
45, rue Félix Brun
M B Jean Jaurès
04 28 67 16 00

MDML Madeleine
36, rue de la Madeleine
M D Saxe-Gambetta
04 28 67 32 90

8E ARRONDISSEMENT

MDML Jean XXIII
60 boulevard Jean XXIII
T 2 T2 Bachut
04 28 67 33 10

MDML Jet d'eau
219, avenue BerthelotI
T 2 / T 4 Jet d'eau
04 28 67 33 90

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9E ARRONDISSEMENT

MDML Bourgogne
15-17, rue de Bourgogne
M D Valmy
04 26 83 96 00

MDML Duchère
8, place Abbé Pierre
C 14 C 6 Duchère Martinière
04 28 67 22 80

→ **If you live around Lyon:** contact your town's MDMS or the Centre communal d'action sociale (CCAS) of your town.

Find their adresses online:

https://www.grandlyon.com/services/trouver-une-maison-de-la-metropole.html

Associations can also help you with your administrative procedures. See the list of the structures **page 7**.

WHAT ARE MY RIGHTS?

In France, people without a residence permit ("undocumented migrants") have the right to:

→ **Have help for administrative procedures (page 30),**

→ **healthcare (page 37)**

→ **an emergency accommodation (page 33)**

People with residence permits («in a legal situation»), have rights that depend on their administrative status:

→ **Asylum application:** access to your rights is subject to certain conditions and stops at the end of the asylum application procedure (for housing and allowance see page 34, work, page 39).

→ **Refugees:** The right to social benefits is the same as for French people (page 36).

→ **Residence permit:** for people with a 'récepissé' (certificate of application for a residence permit) or a residence permit issued by the prefecture, your rights depend on the type of residence permit. For example, not everyone has the right to work (page 39).

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IF YOU ARE ARRESTED

You can be arrested in the event of an identity checks stop - to check if you have the right to stay in France - and/or if authorities think you may have broken a law.

If you are undocumented and you are arrested, you may receive an **Obligation to Leave the French Territory (OQTF)** and could be assigned house-arrest or be detained in an Administrative Detention Centre (CRA).

Documents to have with you:

→ **Documents about your immigration procedure (asylum application certificate/ récépissé, application for a residence permit...)**

→ **Proof of residence or accommodation**

→ **Health insurance certificate (CSS, AME), documents related to your medical care, contact information for your doctor**

→ **Documents about your family situation in France: school enrollment certificate for your child(ren), marriage certificate, etc.**

→ **A telephone card and/or a mobile phone without a camera (these are the only ones allowed during detention in the CRA)**

→ **The telephone number of a trusted person, a member of a non-profit and a lawyer to be notified immediately if you are arrested or detained.**

⚠ Keep these copies of your documents in several places (at a friend's house or a non-profit's office)and on the internet (emails, cloud...).

It is not always recommended to give your passport (even if it is out of date) because it can make it easier for you to be deported.

But, not showing your passport could be an argument to place you in an administrative detention centre (CRA).

IF YOU GO TO THE PAF (BORDER POLICE) OR THE POLICE STATION:

You can be detained for a maximum of 24 hours for an identity check and 48 hours maximum for police custody if they think you may have broken the law. **You have 4 essential rights.** They can help you to be released. Ask for:

→ **an interpreter: in the language you speak best, even if it is a rare language!**

→ **a doctor**

→ **a lawyer**

→ **to phone a trusted person, a non-profit organisation. Give details of your arrest (where, when) so that they can help you.**

⚠ Do not sign any documents if you do not understand what is written. Ask to speak to an interpreter!

IF YOU ARE RELEASED

If you don't have legal immigration status, you might leave the police station with an Obligation to leave the French territory (OQTF) and possibly an Prohibition on Returning to France (IRTF). This decision may be accompanied by a house arrest.
Be careful, you often only have 48 hours from the time you signed the document to make an appeal. As soon as you are released, contact a lawyer or a non-profit organisation to help you (page 9).
If you were insulted and mistreated by the police, you can file a complaint. The police cannot refuse to file a complaint, even if you are undocumented. If they were violent, you can go to a doctor and get a certificate proving your injuries..

IF YOU ARE SENT TO AN ADMINISTRATIVE DETENTION CENTRE (CRA)

The CRA is a place of detention which aims to deport you either to your country of origin, or to the country responsible for your asylum application (Dublin procedure), or to the country which has granted you protection (Schengen remission).
In Lyon, there is 2 CRA located close to the Lyon-Saint Exupéry Airport.

As soon as you arrive at the CRA, immediately ask to see the organisation that is working there. In Lyon: Forum Réfugiés. Your friends and family can call the organisation to tell them about your situation: 04 72 23 81 31
This organisation will help you with the necessary legal procedures and can keep you informed about the progress of your case. If Forum Réfugiés isn't replying (weekends, public holidays), contact an outside organisation (page 9).

⚠ In order to deport a person, the French State must have their valid passport or a consular pass.

If you did not give your passport and you refuse to see a representative from your country's consulate, it will be difficult to obtain a laissez-passer: deporting you will be complicated.
Be careful, if you refuse to meet this representative, you can be sentenced to a prison sentence (from 1 to 4 months).
If you have given a false identity, the police will not know which country you come from. This makes your deportation complicated. Be careful, if the police find out that you have given a false identity, you can be sentenced to a prison sentence (from 1 to 3 years).

HOW LONG IN THE CRA ?

The maximum period of detention in the CRA is 90 days. You can make two appeals to ask for your release:

1. **Appeal against the decision to place you in detention.** The juge des libertés (judge of freedoms and detention, JLD) has 48 hours to decide whether or not to extend the detention period.

2. **Appeal against the decision of the Obligation to leave the French territory (OQTF).** The administrative court is asked to cancel the decision to deport you (only if this decision is recent, less than 48 hours). Depending on the judge's decision, you may be released or your detention may be extended.

If you get sentenced to prison time, you risk being detrained in the sentention centre again, once your sentence is over.

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Your rights in detention center :

→ **Make phone calls from the centre's phone booths or with your mobile phone without a camera. Mobile phones that can take pictures will be taken away from you. Your relatives can also call you at the phone booths.**

→ **Receive visits from your relatives. They must have legal immigration status and have to present an identity document. They can bring you clothes, individually wrapped non-perishable food (cakes, sodas), documents, money, a mobile phone without a camera, cigarettes.**
7/7 9:30am-11:30am / 2pm-6:15pm
60 rue du Royaume-Uni,
69 125 Colombier Saugnieu.
BUS 47 Aéroport St-Exupéry Air Parc
Or Rhône Express Lyon St-Exupéry.

Visitation rights: you can meet with organisation or support collectives

COLLECTIF LYON ANTICRA

Lyon Anticra is a collective supporting the prisoners of the Lyon Detention Center (CRA) and fighting for the abolition of Immigration Detention Centres, the end of detention and the end of deportations. Its members can visit you, and publish your testimony on their website. The collective also organises political actions to support you. If you are incarcerated, your relatives can write a message to them to get in touch with you.
lyonanticra@riseup.net
»Lyon Anticra»

https://crametoncralyon.noblogs.org/

Get help from the OFII for your Voluntary Return to go back to your home country. In certain countries, reinsertion assistance is offered in your home country
http://www.retourvolontaire.fr/

GET AN ADRESS: DOMICILIATION

Domiciliation provides a postal address to receive mail if you do not have a permanent place to live.

For asilyum seekers

When you start your asylum procedure in Lyon, the Forum Réfugiés (SPADA) should house you. Even if you are in the Dublin procedure and have been placed on the run by the prefecture, SPADA must maintain your domiciliation. Domiciliation will be either at:

→ **the Maison du Réfugié (SPADA)**

→ **the hostel you live in**

→ **your home address, if you or one of your relatives (parents, brother or sister) is a tenant. A certificate of accommodation from a friend is not accepted.**

For refugees

If you get international protection (refugee status, subsidiary protection or stateless status) you can have domiciliation and get support from the SPADA for 6 months.
To find a new address, Forum Réfugiés can support you, otherwise, see the next point: "other situations".

For other situations

If you are undocumented, or in a specific situation, and you do not have an address you can ask for domicilation:

→ **At the community social action centre (CCAS) of the town or district you're living in.** The CCAS are located in the «Maisons de la Métropole» (MDML), which are present in each district of Lyon (page 29).
You must prove your connection to the district in order to get a domiciliation.

→ **In a day center that offers domiciliation (page 16).**

⚠ It is hard to find a domiciliation. Ask for advice from an association.

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ACCOMODATION

→ **ACCOMMODATION is a temporary and unconditional right : you can ask for housing even if you are undocumented. Specific accommodation exists for asylum seekers (p34)**

→ **HOUSING is longer term and is only available for people with a legal status (who have obtained asylum or a resident permit). A financial contribution is required (p 36).**

For one night

For anyone without shelter: **115**
The waiting time can be 30 min or more. You have to call several times until you get the recorded message, then stay on the line to get someone on the phone.

⚠ There are not enough places, you can only have 1 slot every 4 nights.

You can call 115, 24/7.

→ **Explain on the phone if you are in a vulnerable situation (health issues, children, isolated woman)**

More stable accomodation

You can ask to do a «MVS diagnosis» to get more stable accommodation with a social worker (page 29), or on the phone to the **115**, or by calling the **Maison de la Veille Sociale**. This process is called '**demande SIAO**'.

→ **The waiting lists are very long.** Families and people with health issues are prioritised.

→ **You must renew your MVS application every 2 months** with the MVS itself or by calling the emergency shelter number (115), so that your application remains valid, and you must notify them of any changes in your situation (address, téléphone, family...).

→ **It is also encouraged to continue** calling the emergency shelter numer (115), to maximise your chances of getting stable accommodation.

MAISON DE LA VEILLE SOCIALE (MVS)

With appointment. **Only for people with no social worker and no ongoing application**.
(We do not see asylum seekers, people in hostels or leaseholders.)
Reception by phone: Monday- Friday: 9am-12 (except on Thursday) 04 78 95 00 01
contact.mvs@mvsrhone.fr
If you havea recognised status, you can also apply for temporary housing or social housing (page 36).

You cannot get accomodation?

If you have applied to the MVS, if you have been calling the emergency shelter number (115) for a while but the waiting time is particularly long, you can go to the Prefecture (this process is called 'faire un recours') to get accommodation through the DAHO scheme.The DAHO applies if you can prove that you meet the following requirements:

→ **you are poorly sheltered (homeless, housed by a private individual or in a hotel in bad conditions)**

→ **your shelter is unstable, and you have applied for state accomodation or transition housing and you did not get an answer.**

You need help?

→ **You are over 30 years old**
→ **Your address is in the Metropolis of Lyon or the Rhône department (except Villeurbanne)**

ALPIL

First reception by phone:
Tuesday and Wednesday, 4pm-6pm
04 37 70 67 47

First reception on site without appointment:
Wednesday and Thursday: 9-11am
281, rue de Crequi M D / M B Saxe-Gambetta
Closed from October 19 to 23, and November 11.

→ **Your adress is in Villeurbanne:**

AVDL

First recepetion by phone:
04 72 65 35 90 avdl.asso@avdl.fr
Monday: 1:20-5:30pm
Tuesday, Wednesday, Thursday: 9am-12:30 /1:30-5:30pm

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→ **You are under 30 years old**
→ **Your adress is in Lyon or the surrounding areas (except Venissieux):**

CLLAJ LYON

→ **Reception**: Monday: 1:30-5pm
Tuesday, Wednesday, Thursday: 9am-12:30 / 1:30-5pm

→ **Information desk**:
Tuesday, Thursday: at 1:45pm and at 3:45pm

→ **Phone reception**:
Tuesday, Wedsnesday, Thursday: 9:30am-12:30 / 1:30-5pm 04 72 07 87 17

Place du Forez M C Croix-Paquet
M A Hôtel de Ville
cllaj.lyon@cllajlyon.fr

Housing for unaccompanied minors
If you ask to be recognized as an unaccompanied minor and your age has not been evaluated yet, you have the right to get unconditional housing during your evaluation. The CMAE of «Forum Réfugiés» and the «Méomie» are in charge of your housing (page 5).

In Lyon, the situation is very difficult for people whose minority status has been denied by the MEOMIE, and that have opposed this decision in front of the Juvenile judge. Many young people sleep in squats or in the street.

If your minority status has been denied, showing your proof of denial gives you the right to housing for adults (page <?>). You can call the 115 and explain your situation.

MATERIAL RECEPTION CONDITION: CMA

The CMA (Conditions Matérielles d'Accueil) are social benefits that are only for asylum seekers. The OFII may offer them when you go through the «Central Asylum Claim Desk» or GUDA. These benefits can include:

→ **a monthly allowance (ADA)**

→ **the right to accommodation**

To benefit from them, you must sign the form given to you by the OFII at the «Central Asylum Claim Desk» or GUDA and agree to the « Conditions Matérielles d'Accueil» (CMA).

⚠ - Either you benefit from housing and financial allowance, or you can have the financial allowance (ADA) alone and declare that you have a stable housing situation.
- If you asked for accomodation and they refused it, your ADA allowance will be higher.

ADA: (Allowance for asylum seekers)

The ADA card is a payment card on which you can receive your monthly allowance.
You cannot use it for buying online.
You receive your ADA allowance at the beginning of each month while your asylum claim is being processed. The amount of your allowance (about €7 a day) depends on your personal situation (couple,family, alone...) and if you have accommodation or not.

Once you receive the card, you have to wait 30 to 45 days until it is activated.

To check how much money you have left on your ADA card,
you can call 05 32 09 10 10.
Or download the Upcohesia app on your smartphone.
For more information about the app:
https://watizat.org/wp-content/uploads/2020/12/ADA_FR.pdf

My card has been blocked, stolen or lost: what should I do?

1. Call this number to block your card:
05 32 09 10 10

2. Make an appointment with the OFII to get a new card

OFII LYON

lyon@ofii.fr
04 72 77 15 40
7 rue Quivogne, 69 286, Lyon Cedex 02.
Of you did not receive ADA or you do not receive it anymore, you can contact the OFII.

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Accomodation benefits for asylum seekers

As an asylum seeker - if you agreed to the material reception conditions offered by the OFII at the «Central Asylum Claimd Desk» (GUDA) - you should have a spot in a housing centre for asylum seekers (CADA, CAO, HUDA,...)

⚠ You cannot choose the region nor the town in which you will be placed. You may be housed far from the center of Lyon, in another town or in the countryside.
If you refuse the OFII's offer of accommodation, you will lose your right to accommodation and to the ADA allowance.

In France not all asylum seekers are housed due to a lack of slots. Families, people who are sick or who are identified as highly vulnerable, are given priority.

If you applied for asylum and you do not have accomodation:

→ Go to the SPADA (Forum Réfugiés) (page 3)

→ For emergency accomodation, call 115 (page 3)

→ You can rest during the day and ask for help in a day center (page 15)

Refusal/removal of CMA

Material reception conditions (CMA) may be **denied:**

→ If your asylum application is currently being reconsidered

→ If you did not apply for asylum within 90 days of your arrival in France without giving a valid reason.

→ In case of fraud, hiding information, giving false information

→ If you refuse an accommodation or if you don't move to the region where the OFII has sent you.

They can also be taken away:

→ If you refuse or move out of an accommodation (for example, if you return to Paris after being sent to another city)

→ If you are expelled from the accommodation given by the OFII (for example, for violent behaviour or seriously breaking the rules),

→ If you don't respect the authorities' requirements (if you don't go to your prefecture appointments for people in the Dublin procedure, if you refuse to provide information, if you don't go to your interviews)

The OFII must give you a document explaining why your rights to CMA were refused or taken away. **Ask for this document if they do not give it to you. It can be very useful for appealing the decision.**

Asking for the CMA to be reinstated

A "recours" (appeal) is a way to contest an administrative decision before the court.

1. **If you received a document from the OFII** speaking of an intention to refuse or suspend your CMA, you have 15 days to send a letter with your identity and your reasons for contesting the decision. Send the letter to the OFII headquarters

7 rue Quivogne, 69 286 Lyon CEDEX 02.

If the OFII does not change its decision, that letter will be very useful for your lawyer during the administrative appeal.

2. **If the decision to suspend your CMA is maintained, you can:**

→ Send an informal appeal ("recours gracieux") against the suspension of your CMA to the OFII Director within two months
✉ contentieux.cma@ofii.fr

→ Appeal against the decision to suspend your CMA in front of an administrative court within two months.

If your CMA were suspended or denied over two months ago, you can always ask the OFII to reinstate your CMA by sending a registered letter («lettre recommandée») to the postal address above, or an email:
✉ contentieux.cma@ofii.fr

3. If you receive a negative answer or if the OFII has not given you an answer after 2 months, you have two months to contest the decision in front of an administrative court.

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You can also go through this procedure if you have not received a letter indicating that your CMA is being suspended.

It can be difficult to write these documents alone and the time frame for appeals can vary depending on your situation. It is therefore strongly suggested to go to a legal assistance office to get help from a lawyer (page 9).

Special cases

To ask the reinstatement of your CMA:

→ For people "re-qualified", meaning those who went through a normal or a fast-tracked procedure after their Dublin transfer period expired: follow the same procedure as the one indicated above.

→ For people coming back to France after a Dublin transfer: you can immediately appeal the refusal of your CMA by the OFII in front of an administrative court.

⚠ You have to prove that you qualify as a vulnerable person, and explain why having no financial and accommodation benefits puts you in danger. For example: a medical certificate proving a serious illness.

If you are recognised as a refugee

When you have refugee status or subsidiary protection, you are not considered an asylum seeker anymore: you don't have access to the same accommodation spaces as before. You have the right to apply for social housing.

→ Ask for help from Forum Réfugiés (the welcome centre for asylum seekers, SPADA), your current accommodation centre, or from a social worker in your town (page 29).
In Lyon you can benefit from the Accelair integration program.

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HOUSING

Housing is only accessible if:
You have legal immigration status (a residence permit)
You have financial resources (including social allowances such as RSA)
If you meet these requirements, you may apply for social housing.

Temporary housing / transitional housing

Temporary housing shelters people for a limited time: solidarity tenancy, social residence, family fund...
A financial contribution is required, but you can receive financial help for housing called "APL".

→ To apply for this, you need to fill an MVS file with a social worker (page 29). You must update your application every three months.

→ You can also file a request directly on the Adoma and Aralis websites.

Social housing

Social housing is a long-term housing with cheap rent price.

⚠ People with a receipt of first application for a resident permit cannot have social housing. You need a resident permit, or a receipt of renewal of your resident permit.

To apply for social housing, you must fill out a form (in French) online:
💻 www.demande-logement-social.gouv.fr
in a city hall with a social landlord
You can apply for you and your family members (spouse, partner and children, grand-parents, parent, grand-children, brother or sister) if they also are legal residents in France.

⚠ Be sure to update your application as soon as your situation changes (family unit, financial resources...) and to renew your application every year. You can ask for the help of a social worker (page 30).

«Action Logement»

If you work in a company with more than 10 employees, you can maybe benefit from the Action Housing plan. Ask your employer. If it is the case, you can fill out a form online on the website 💻: https://www.actionlogement.fr

You cannot get housing?

You can appeal to get housing through the DALO procedure (the enforceable right to housing). It allows you to appeal to the Préfecture (recours) when you are in a situation of poor housing (no housing at all, threat of eviction with no rehousing, overcrowded housing, unusually long wait for housing...).

If you have been granted asylum (refugee, subsidiary protection) and you do not have housing, you can start the DALO procedure 6 months after submitting an application for social housing.

The current waiting time for applications to be processed by the Préfecture is very long: it should usually only take about 3 months, but it currently takes 9 months.

You can get assistance from different organisations. ALPIL, AVDL or CLLAJ can help you, depending on your age and where you live, see page 33.

FINANCIAL SUPPORT

An ALLOWANCE is money given by the State under certain conditions.
The amount changes depending on your administrative status, age, composition of your family, your housing ...

⚠ For asylum seekers, see the ADA (page 34)

The RSA (Revenu de Solidarité Active)

You can apply for this through the «Caisse d'Allocations Familiales» (CAF), on their website 💻 www.caf.fr, if you meet these conditions:

→ You are a foreign national who has been legally residing in France for over 5 years with a residence permit allowing you to work OR you are a refugee, stateless person, or benefit from subsidiary protection.

→ Your are over 25 years old OR you are under 25 years old and have at least one dependent child, born or unborn OR you are under 25 years old and have worked for two of the last three years.

→ You have zero or low income

→ You have permanent and stable residence in France.

If you are an asylum seeker, you can apply for the RSA, but it will be given to you only if you are granted asylum. When you get asylum, contact the CAF with your RSA application number. You will receive the income for every month since the day of your application.

Other benefits

Other benefits are available according to your family, professional or accommodation status. A social worker can help you (page 30).

ACCESS TO HEALTHCARE

Healthcare

If you don't have healthcare coverage such as the AME (Aide Médicale d'Etat – State Medical Aid) or the CSS (Complémentaire Santé Solidaire):

→ Go to the Free Health Access Points (Permanences d'Accès aux Soins de Santé 'PASS' in the listed hospitals (page 17). There you will be taken care of by doctors and social workers and you can be provided with free medication.

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→ Some organisations also offer access to healthcare (page 17)
In case of a life-threatening emergency,

CALL THE 📞 15 (SAMU)

⚠ or go to the closest emergency services ('Urgences').

Treatment will not be free and you will receive a bill. If your prognosis is life-threatening, exceptional reimbursements of the treatment can be arranged.

Universal Health Protection (PUMA -CSS, ex.CMU)

For people with a residence permit
If you have been in France for at least 3 months and have a right to be on the French territory (asylum application or certificate of asylum application, residence permit), you can benefit from the Protection Universelle Maladie (PUMa) and the Complémentaire Santé Solidaire (CSS). This coverage will pay for all of your medical and hospital expenses for you, your spouse and your children. You may have to pay some treatment up front, but you will be reimbursed afterwards.

State Medical Aid (AME)



For undocumented people
The AME covers 100% of any healthcare and hospitalisation within the limits of the social security rates. You do not need to pay in advance, except for certain medication.

REQUIREMENTS TO GET THE AME

→ You don't have a residence permit or a certificate of asylum application or any document saying that you are applying for a residency permit

→ You have lived in France for more than three consecutive months

→ You have a limited income that doesn't exceed a certain amount

FIRST AME APPLICATION

→ Download the form on 💻 ameli.fr or pick it up directly at a CPAM reception.

→ Drop off your AME form at a CPAM reception point.

→ If you are an unaccompanied minor or if you cannot go to the reception point to submit your application (due to reduced mobility), you can send it by mail with proof of your situation.

To go to a CPAM reception point you must make an appointment:

→ 📞 by phone at 36 46

→ at the CPAM Rhône reception points

→ exceptionally, you can also submit your AME request to a health center or to a PASS at the hospital where you are being cared for.

TO RENEW YOUR AME CARD

You can drop off your renewal documents at the reception desk or send them by mail::

CAISSE PRIMAIRE D'ASSURANCE MALADIE DU RHÔNE
69907 Lyon cedex 20

TO APPLY FOR THE PUMA/CSS AND THE AME

→ You can ask for help at the CPAM reception point (CPAM Rhône), by booking an appointment from your ameli.fr account or by calling 📞 3646

→ At the hospital's social service department or at the Community Social Action Center (CCAS) of yout town

→ To an organisation (page 21) or a day center (page 15).

The CPAM has two months to inform you of its decision. If your application is accepted, you will receive your CSS or AME card. It lasts one year from the date of application. Be careful, renewal is not automatic. You have to fill out and submit a renewal form two months before the expiry date printed on the card.

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OPEN A BANK ACCOUNT

You can open a «livret A» account at the Postal Bank (La Banque Postale). It is an account to deposit and withdraw cash money, and make bank transfers. It gives you a bank identity statement (RIB): it can be asked for administrative procedures. Everyone has the right to open a bank account. If you are an asylum seeker, the SPADA or the organisation managing your accommodation centre can help you organize a meeting with the bank. If you have any questions, you can go to an organisation for help (page 7).

To open a livret A, you need:

→ To be over 18 years old

→ An identity document (asylum seeker certificate (récépissé), passport...)

→ An administrative residence certificate

→ A 2€ minimum to be deposited in the account on the day you open it

→ You can only withdraw cash with la Banque Postale cash withdrawal machines.

ACCESS TO WORK

In order to legally work in France, you must have a residence permit OR a certificate of asylum application with a work authorisation.

For asylum seekers

If you have applied for asylum over 6 months ago and the OFPRA still did not give its decision, you can request a work permit. It is a complicated procedure, it does not always work even with the support of your employer. Your employer must request a work permit on this website and he must supply all the documents required on this website: https://administration-etrangers-en-france.interieur.gouv.fr/immiprousager

In case of refusal: go to a legal aid organisation (page 9).

The work permit is valid only:

→ **For the job you requested the permit for. If you want to change jobs, you need a new work permit.**

→ **As long as your asylum application certificate is valid. You must renew your work permit every time you renew your asylum application certificate, until you get the OFPRA's decision.**

→ **At the end of your work contract or if you are fired, you can register at Pôle Emploi and benefit from professional training.**

For refugees

When you get refugee status or receive subsidiary protection, you can legally work in France without conditions.In Lyon you can benefit from the Accelair integration program.

For young people

→ **The «missions locales»:** personalised guidance, professional and social support for people bewteen 16 and 25 years old, recognised as minors or with a residence permit if over 18.

→ **Civic Service:** up to 26 years old, if you have the right to work, you can do a civic service (from 6 months to a year long), payed between 580 and 960€ per month.

If you don't have a work permit:

If you do not have papers or if you have a residence permit without a work permit, employers do not have the right to hire you However, if you work for an employer:

→ **you cannot be sued for this reason:** it is the employers who can be sued, not the workers

→ **your employer must respect the provisions of the labour code!**
You have the same rights as any employee legally employed (L8252-2 of the Labour Code): right to an employment contract (CDD, CDI, Interim, CESU...), right to the payment of all your hours worked, right to pay slips, right to health and safety, right to vacations, right to end of contract indemnities, etc.

You can protect these rights through collective action (right to strike) and legal action (at the Conseil des Prud'hommes).

Warning! If you have a residence permit and you receive government assistance, working without a work permit may result in the cancellation or even a request for repayment of the assistance received.

It is strongly advised against using a false identity card or someone else's identity card, as both offences are punishable by criminal penalties.

→ **To find out more, contact a syndicate in your company or city (e.g. CNT-SO, SUD, CNT, CGT, CFDT, FO...).**

Social rights

As a worker, even if you are undocumented, your employer must declare you to the URSSAF and pay contributions to social organizations But your status does not allow you to receive unemployment benefits. It also deprives you of the benefit of daily social security allowances, except in one case: if you are the victim of an accident at work.

Regularisation through work

The «Retailleau circulaire» of 2025 provides for the possibility, for the Prefectures, to grant exceptional regularizations through work. Several conditions must be met in terms of time of presence in France and duration of work:

→ At least **7 years of continuous residence in France**

→ Provide proof of **12 consecutive months of employment within the last 24 months in a profession «in high demand»**

→ Not pose a threat to public order

→ Speak **fluent French**

→ Not having had an **OQTF (obligation to leave French territory) notified for less than 3 years**

→ Your employer must request an **«authorization to hire a foreign employee»**.

Official list of professions in high demand by region (2025):

https://www.legifrance.gouv.fr/jorf/id/JORFTEXT000051643488

For more information about the procedure at the Préfecture du Rhône:
https:// www.demarches-simplifiees.fr/commencer/ aes-metiers-en-tension-rhone

→ **If you think you are eligible, go to a legal aid clinic (page 9) or to a labor union (page 22).**

SCHOOL / CHILDCARE

From primary school to sixth form / High school

In France, access to school is a right for children under the age of 16, whatever their parents' status and type of housing. School is free and your children cannot be refused access.

→ From 3 to 10 years of age, children must be registered with the town hall where they live.

→ From age 11 to 16, they must be registered with the local secondary school in the area where they are staying or living.

→ Over the age of 16, they should contact the CIO in the area where they are staying or living.

→ Between the ages of 16 and 18, training is a right and an obligation for young people who have dropped out of school or are neither in employment, education or training.

The only documents required are: a proof of identity / a proof of the child's guardianship / proof of address.
In the absence of one of these documents, a declaration on honour is sufficient.

In Lyon, the organisation C.L.A.S.S.E.S assists families with their administrative procedures for school:

C.L.A.S.S.E.S:

06 80 71 32 96
contact@classes-asso.org

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Childcare

You can go to a PAIPE to get information on childcare options for your children. The PAIPEs provide information by phone or see you for an appointment.
There is a PAIPE in each town Lyon district (arrondissement) townhall.

For more information on the PAIPEs in Lyon, consult this link:
https://www.lyon.fr/vie-pratique/petite-enfance/les-points-daccueil-et-dinformation-petite-enfance

UNIVERSITY

Study French (at university, to get a certificate)

There are programs to learn French at university: See the website of the "Réseau MEnS"
https://reseau-mens.org/

Some organisations also provide French lessons (see page 23).

Join the University

The registration procedures depend on the university, the type of training, the level (Bachelor's or Master's degree) and your status (asylum seeker, refugee, undocumented...). The school year is generally from September to June.

Whatever your situation is (without documents, asylum seeker, refugee or beneficiary of subsidiary protection), you have the right to study / resume your studies in France.

To apply for a registration you must:

→ Have the baccalauréat or a university degree

→ Have a sufficient level of French (B2 for bachelor degrees and C1 for masters), unless you come from a French-speaking country

Registration at the Universities Lyon 1, 2 and 3:

→ **DU (University Degree) «Passerelle» of the University Lyon 2 and Lyon 3 (learning academic French and returning to education):** joint application on each university's e-candidate platform

→ **Licence 1 (Bachelor Year 1) General:** all foreign students, except those with international protection, have to fill a «DAP». If you have international protection, go to the DAP desk of your university to know how to apply.

→ **BTS, DUT:** applications via Parcoursup for everyone

→ **Licence 2 and 3** (Bachelor year 2 and 3) **/ Master 2:** apply on the «e-candidat» website. If you have international protection, the procedure is sometimes different.

→ **Master 1:** apply on the web-site monmaster.gouv.fr

Start the application process for your bachelor's or master's degree early, as some applications must be submitted in March/April. **Tuition fees** for international students can be expensive: up to €2,770 for a bachelor's degree and €3,770 for a master's degree. You can contact the university or an association that can help you apply for an exemption from your registration fees.

→ **Students who have international protection are exempt from these fees (+/- 170€ for a bachelor, and 243€ for a master). They can apply for a grant and accommodation in a CROUS university hall of residence.**

Other forms of assistance are available if you are over 28 years old.

If you are experiencing difficulties, there are organisations that can help you (see page 22-23).

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ONLINE INFORMATION

Information on asylum application

Translated information for the asylum claim procedure, verified by lawyers. Always go to legal aid centres to get advice adapted to your own personal situation (page 9).

WATIZAT INFO-EXIL

Online information about social rights and administrative procedures.
Languages: English, Italian, Spanish, Arabic, Urdu, Tamil, Albanian, Somali, Turkish, Russian, Pashto, Dari, Amharic, Tigrinya, Bengali.
https://watizat-info-exil.notion.site/

GISTI

Section: Asylum Claim in France
Languages: French, English, Arabic, Dari, Pashto, Urdu, Tigrinya, Oromo
http://www.gisti.org/spip.php?article5116

DOM'ASILE INFO

Languages: French, English, Arabic, Urdu, Bengali, Russian. www.domasile.info

REFUGIES INFO

Information for people who have been granted refugee status and subsidiary protection.
Languages: French, English, Arabic, Pashto, Tigrinya, Russian.
https://www.refugies.info

INFO DROIT DES ÉTRANGERS

Information about the different ways of getting the right to stay in France, getting your family reunited, etc.
Language: In French only.
http://www.info-droits-etrangers.org/

INFOMIGRANTS

Information on asylum in Europe
Languages: French, English, Arabic, Dari, Pashto
www.infomigrants.net
It's possible to receive new articles on Rakuten Viber if you sign-up on the website.

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EMERGENCY NUMBERS – FREE –

15 • SAMU

Service d'Aide Médicale Urgente - To get a medical team to intervene in case of vital distress.

18 • FIREFIGHTERS

To report a dangerous situation: accident, fire, sick person...

17 • POLICE

To get help in case of assault or to report an offence that requires immediate police intervention.

114 • EMERGENCY SMS

Allows deaf, hearing-impaired people and anyone who cannot call (women victims of violence for example), to alert emergency services (SAMU, Firemen, Gendarmerie and Police) 24/7 by SMS, chat, videoconference. Also available at www.urgence114.fr and with the "114" application.

115 • EMERGENCY SHELTER

Emergency number for people without accommodation or victims of domestic violence requiring emergency shelter (accommodation).

119 • CHILDREN IN DANGER

Emergency number for any child or teenager who is a victim of violence (psychological, physical or sexual), or anyone concerned about the situation of a child in danger or at risk of being in danger, within their family or in an institution.

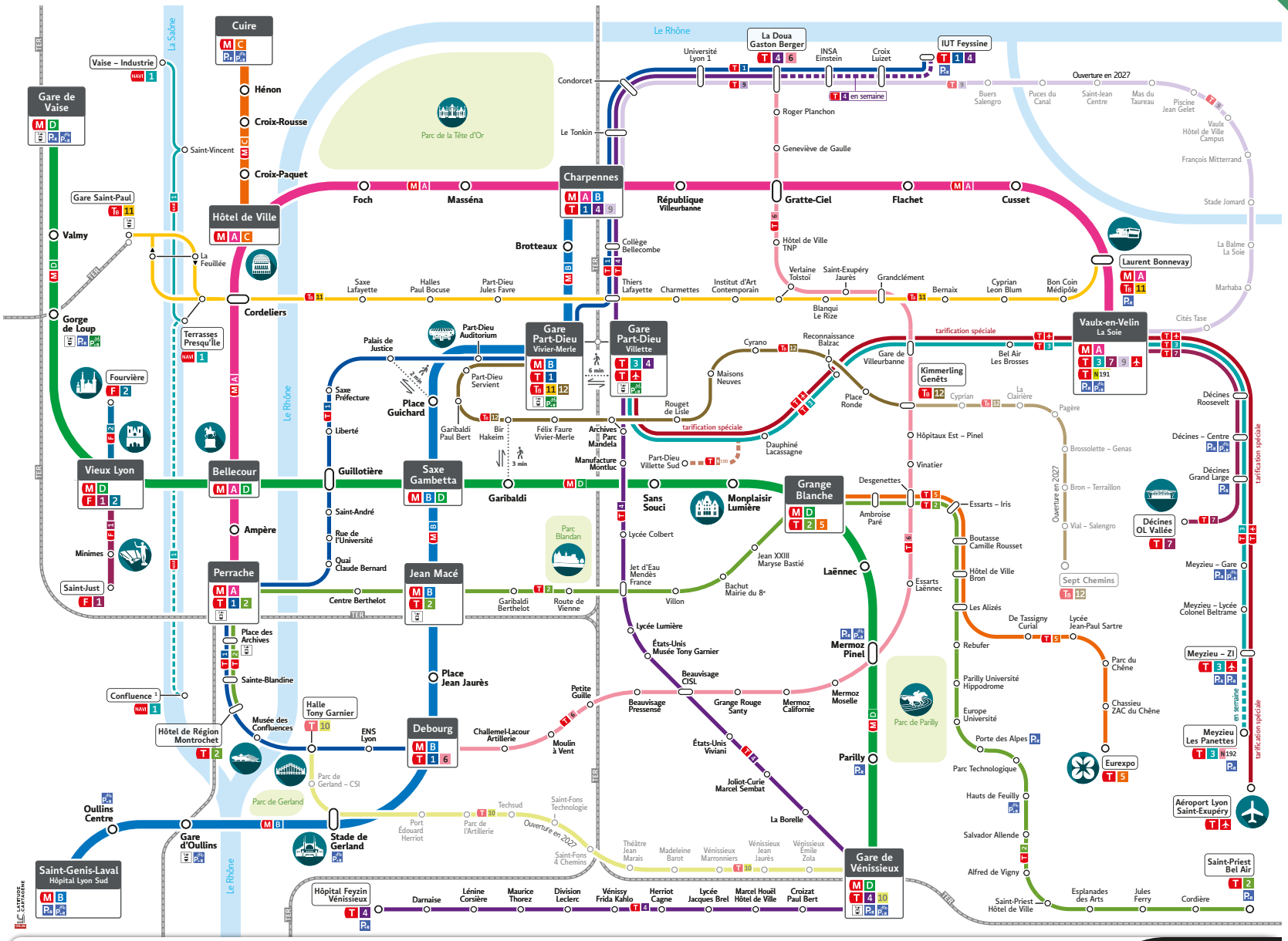
3919 • WOMEN VIOLENCE INFO

Listens, informs and guides women victims of violence, as well as witnesses of violence against women. Does not deal with emergency situations (it is not part of the police or the gendarmerie).

LEXICON

ADA: Allocation pour Demandeur d'Asile
AME: Aide Médicale d'Etat
APS: Autorisation Provisoire de Séjour
ASE: Aide Sociale à l'Enfance
CADA: Centre d'Accueil des Demandeurs d'Asile
CAF: Caisse d'Allocations Familiales
CCAS: Centre Communal d'Action Sociale
CMA: Conditions Matérielles d'Accueil
CMAE: Centre de Mise à l'Abri et d'Evaluation
CNDA: Cour Nationale du Droit d'Asile
CPAM: Caisse Primaire d'Assurance Maladie
CRA: Centre de Rétention Administrative
CSS: Complémentaire Santé Solidaire (anciennement CMU)
DAHO: Droit À l'Hébergement Opposable
DALO: Droit Au Logement Opposable
DNA: Dispositif National d'Accueil
FLE: Français Langue Etrangère
GUDA: Guichet Unique pour Demandeurs d'Asile
HUDA: Hébergement d'Urgence pour Demandeur d'Asile
IRTF: Interdiction de Retour sur le Territoire Français
JLD: Juge des Libertés et de la Détention
MDMS: Maison De la Métropole et Solidarité
MIE: Mineur Isolé Étranger
MNA: Mineur Non Accompagné
MVS: Maison de la Veille Sociale
OFII: Office Français de l'Immigration et de l'Intégration
OFPRA: Office Français de Protection des Réfugiés et Apatrides
OQTF: Obligation de Quitter le Territoire Français
PAIPE: Point d'Accueil Information Petite Enfance
PUMa: Protection Universelle Maladie
PRAHDA: Programme d'Accueil et d'Hébergement des Demandeurs d'Asile
RSA: Revenu de Solidarité Active
SIAO: Service Intégré de l'Accueil et de l'Orientation
SPADA: Structure de Premier Accueil des Demandeurs d'Asile

SUBWAY AND TRAM MAP OF LYON



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NOTES

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GUIDE WATIZAT INFO-EXIL

AVAILABLE ONLINE FOR FREE

WHAT IS THAT?

A new **socio-legal information guide** for exiled people in France, **valid throughout mainland France**. Updated in line with legal and political developments, and **translated in**: English, Italian, Spanish, Arabic, Urdu, Tamil, Albanian, Somali, Turkish, Russian, Pashto, Dari, Amharic, Tigrinya, Bengali.

WHO IS IT FOR?

- Exiled people in France
- Non accompagnied minors
- Any foreign person living in France
- Volunteers and social workers
- Institutions and local authorities



Find the Watizat Info-Exil guide for free on: 💻 https://watizat-info-exil.notion.site/

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WATIZAT

OCTOBER / NOVEMBER 2026
ENGLISH
Lyon



If you are in **Lyon**, as an asylum seeker, refugee or undocumented person, **this guide is made for you**.

It contains **useful addresses, advice and legal procedures updated each month!**

Our texts are written, reviewed and checked by social, asylum and foreigner's rights experts.

This guide is available and **updated each month** in **French, English, Arabic and Albanese.**

Download the guide :
www.watizat.org

Do you have questions ?
Contact us :
lyon@watizat.org

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